

## LIVING LINKS

Pastoral centre, Denmark St., Limerick  
Free suicide bereavement counselling service  
7 week course - ring for dates  
087-7998427

## Mental Health:

### AWARE

Address: Social Service Centre, Henry St.,  
Limerick  
Phone: 061-451427  
Contact: Margaret McInerney  
Meeting: every Tuesday 8pm for sufferers of  
depression and their relatives.

## BROTHER ANTHOY FERRI COUNSELLING CENTRE

Address: Brother Stephen Russell House,  
Mulgrave St., Limerick.  
Phone: 061-310303  
Contact: Ursula Madden; Addiction  
counselling.

## Other:

### RED RIBBON PROJECT

Address: Redwood House, 9 Cecil St.,  
Limerick Henry St., Limerick  
Phone: 061-314354  
Confidential Helpline: 061-316661 9am-  
5.30pm Mon-Fri, 9am-7pm Thurs. Support  
services for those whose lives are affected by  
HIV/AIDS

### ACCORD

Address: Clarecare, Harmony Row,  
Ennis, Co Clare  
Phone: 065-6824297; 1850585000.  
Mon-Fri 9.30am-2.30pm; relationship  
counselling, pre-marriage courses.

# Pastoral Care

at

## University Hospital Limerick



Tel: 061-482192 / 061-485266



## What it Pastoral Care?

Pastoral Care staff offer confidential, caring and supportive presence for patients, their families and hospital staff.

They are there to help those striving to cope with illness, personal difficulties and bereavement.

Pastoral care is part of the hospital's holistic approach to healing which involves caring for the whole person and meeting their needs, not just physically, but also on an emotional and spiritual level.

It gives patients an opportunity to speak about their fears and worries during their time of illness. This is done in a caring and safe manner where the patient feels respected and valued.

## Pastoral Care Team

There are three full-time staff- two priests and one lay chaplain. Pastoral Care is available from 9am-9pm daily; the priest is on-call outside of these hours for emergencies. You can ask a member of staff to bleep them or you can ring the Pastoral Care Department directly.

|                          |                   |
|--------------------------|-------------------|
| Pastoral Care Department | Dial 2192 or 5266 |
| Priest-on-call           | Bleep number 232  |
| Lay Chaplain             | Bleep number 009  |

The Pastoral Care Department is located on the ground floor beside the chapel near

Admissions.

Services offered

### Visitation:

Pastoral Care offered in the hospital is inter-denominational and open to all faiths and none. The chaplains are available for all those who wish to speak with them. Other faith leaders are also welcome to visit and pray with patients at their request.

### Mass:

Mass is celebrated in the hospital chapel at 1pm Monday-Friday, 7pm Saturdays and 10am Sundays. Patients can also view mass on televisions throughout the hospital. It is also broadcast on the hospital radio.

### Sacramental Service:

The sacraments are available for patients who wish to avail of them. These include

- Baptism
- Holy Communion
- Confession
- Sacrament of the Sick

### Bereavement Support:

In times of bereavement, the chaplains are there to help in an understanding and empathic way, creating a compassionate environment

in which a person can truly grieve their loss. If you feel bereavement counselling would help you and/or your family, please contact the Chaplain who can discuss the services available for you.



This spiral symbol has been developed by the Hospice Friendly Hospitals Programme to respectfully identify items connected with the end of life in hospitals. The symbol is inspired by ancient Irish history and is not associated with any one religion or denomination.

## Support Groups and Other Services

The services in this section offer counselling and support in the community.

### Bereavement Support:

#### MILFORD HOSPICE

Address: Castletroy, Limerick

Phone: 061-485800

Contact: Social Work Department,  
Bereavement counselling and support.

#### RAINBOWS

Address: Limerick Diocesan Pastoral

Centre, Denmark St., Limerick

Phone: 061-400133

Contact: Fr Eamonn Fitzgibbon / Sr Betty Baker  
Counselling for Children.