



Occupational Health Department Induction

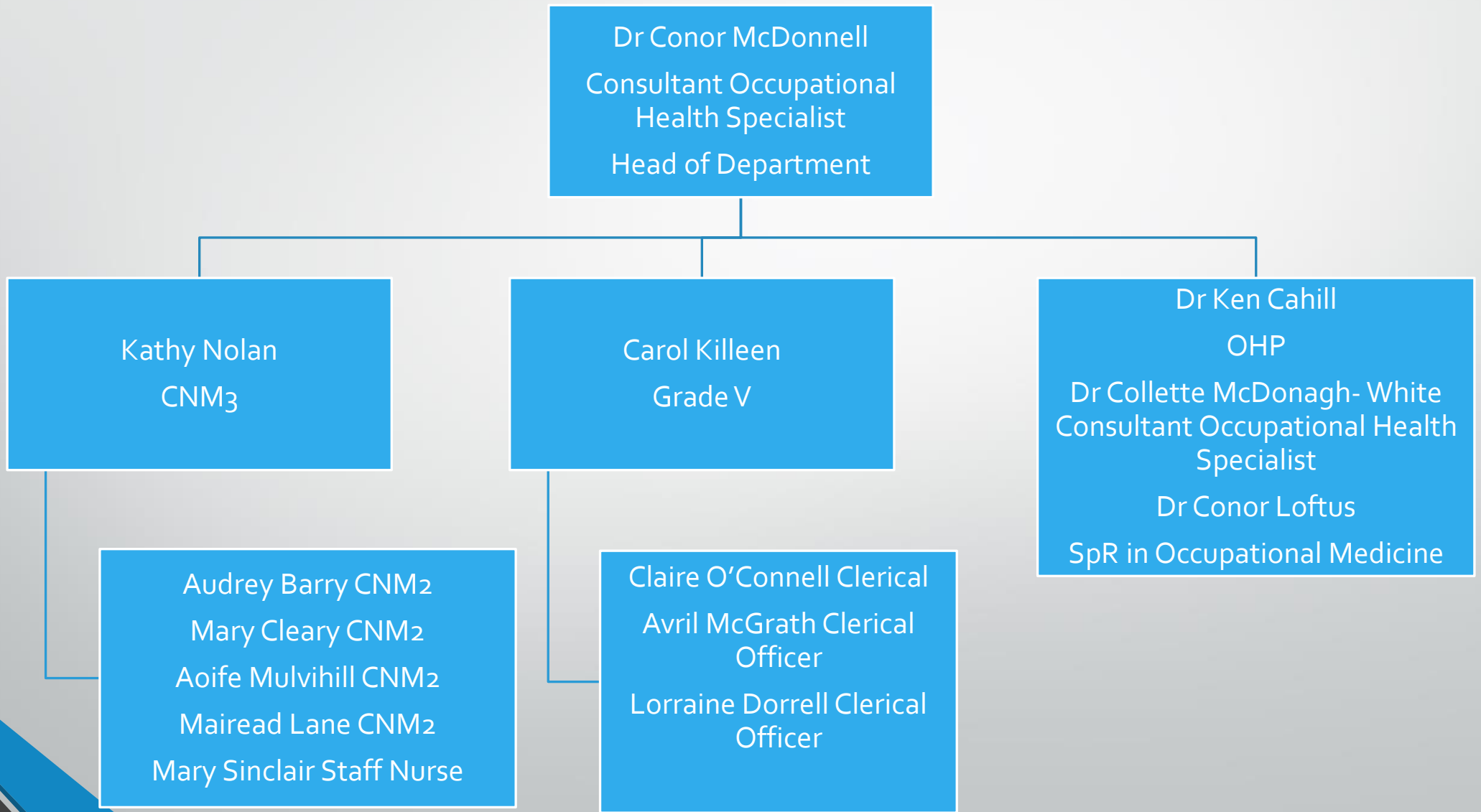
2019

Occupational Health Department (HSE West Limerick, Clare and Nth Tipperary)

- Situated directly opposite University Hospital Limerick
- Follow the signs for Shannon Doc
- Eircode V94 FX05
- <https://goo.gl/maps/2nYoitQ2ZA12>
- Contact details (061) 482179
- Opening Hours 08.30-16.00pm
- Email address occupationalhealth.midwest@hse.ie



OHD Organogram



Dr Conor McDonnell
Consultant Occupational Health Specialist
Head of Department

Kathy Nolan
CNM₃

Carol Killeen
Grade V

Dr Ken Cahill
OHP
Dr Collette McDonagh- White
Consultant Occupational Health Specialist
Dr Conor Loftus
SpR in Occupational Medicine

Audrey Barry CNM₂
Mary Cleary CNM₂
Aoife Mulvihill CNM₂
Mairead Lane CNM₂
Mary Sinclair Staff Nurse

Claire O'Connell Clerical
Avril McGrath Clerical Officer
Lorraine Dorrell Clerical Officer

Pre-Placement Health Assessment (PPHA)

- 4 Components
 - **Completion of a General Health Questionnaire (GHQ)**
 - **Exposure Prone Procedure (EPP) clearance**
 - **TB Clearance**
 - **Completion of the Occupational Vaccination Program**

Completion of the Occupational Vaccination Program

- Hepatitis B
- Varicella Zoster Virus
- Measles, Mumps, Rubella
- Pertussis
- BCG and
- Seasonal Influenza

OHD Core Services

- Pre-Placement Health Assessments
- Occupational Vaccination Programs
- Employee Management Referrals
- Employee Self Referrals
- Occupational Blood and Body Fluid Exposure follow up
- Employee Contact Tracing

Reasons for Employee Management Referrals

- Assess fitness to return to duty following sickness absence
- Frequent short-term sickness absence
- Long-term sickness absence
- Medical review of disclosed health issue
- Health-related performance issue
- Possible work-related health problem
- Accident/injury at work
- Infectious disease
- Suspected substance abuse
- **YOUR LINE MANAGER IS THE CONSULTANT UNDER WHOM YOU WORK AT THE TIME OF REFERRAL.**

To reduce delays in processing your request, please complete all sections where possible.
Please **PRINT** all information clearly or **TYPE**.

Personal Information

First Name		Last Name	
Personnel No.	Date of self referral	/	/
Sex: M <input type="checkbox"/> F <input type="checkbox"/>	Date of Birth:	/	/
Postal Address:			
<input type="text"/>			
Mobile Phone :	<input type="text"/>	Home Telephone:	<input type="text"/>
Email address:			
<input type="text"/>			
Post / Grade			
<input type="text"/>			
Name of GP:	<input type="text"/>	GP Telephone:	<input type="text"/>
Address of GP:			
<input type="text"/>			

Employee Self Referral Form

Next of Kin

Please give the name of a person who may be contacted in case of emergency

Name:	<input type="text"/>	Telephone:	<input type="text"/>
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Self Referral Example

Reason for self referral / expectations: Please state clearly your reason / expectations for referral to the Occupational Health services

Signed by Applicant

Signature:	<input type="text"/>	Date:	<input type="text"/>
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Please return this completed form to: Occupational Health Department, Health Service Executive West, Old Dooradoyle Health Centre, Dooradoyle, Limerick / occupationalhealth.midwest@hse.ie / Fax 061482597

Safe Handling and Disposal of Sharps

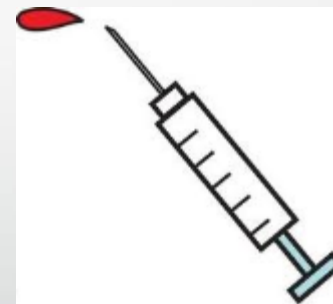
- Think about sharps disposal before using sharps
- Prepare equipment. You should have access to a sharps container
- Dispose into sharps container immediately after use
- Do not overfill sharps containers
- Do not re-sheath needles
- Discard syringe & needle as single unit
- Risk of transmission
 - HIV 1:300
 - Hepatitis C 1:30
 - Hepatitis B 1:3
 - Useful Link - <http://www.hpsc.ie/a-z/EMIToolkit/>

Procedure

- 1. - **Immediate first aid**
- - **Wash area thoroughly with water**
- - **Encourage wound to bleed.**
- - **Do not suck puncture wound**
- - **Do not use a nail brush**
- - **Wash eyes with clear tap water**

- 2. **Report injury to ward manager / department manager, ensure accident form, exposure management form is filled in**

- 3. **Attend the EMERGENCY Department.**
- - **Check in at desk.**
- - **Triaged in Emergency Department**



Employee Contact Tracing

- Know the correct Infection Prevention and Control (IPC) Personal Protective Equipment (PPE) requirements for the following conditions:
 - Measles
 - Mumps
 - Varicella Zoster Virus – Chicken Pox and Shingles
 - Bacterial Meningitis
 - TB
 - Scabies

PPE

Protect Your Patients... Protect Yourself!

**Wearing correct PPE prevents the Spread of Infection
Protect patients, maintain patient safety and healthcare
workers safety**

Airborne (Fit-tested N-95, FFP 2 /FFP3 mask)



Provides greater protection than a surgical/procedure mask and is required for the following:

- Tuberculosis (open/pulmonary)
- MDR Tuberculosis(FFP3)
- Measles
- Chickenpox (until lesions are crusted over) Localized (in immunocompromised patient)
- Disseminated herpes zoster (Shingles)until lesions are crusted over)
- SARS(FFP3)
- Viral Haemorrhagic Fever (FFP3)
- Corona Virus/Mers-CoV(FFP3)

Droplet (Surgical/procedure mask)



Droplet transmission involves contact of the conjunctivae or the mucous membranes of the nose or mouth with large-particle droplets:

- localised zoster in an immunocompetent host
- Adenovirus in infants/young children
- Diphtheria
- Influenza (seasonal)
- Haemophilus influenza Type B
- Meningococcal meningitis/sepsis (1st 24 hours of antimicrobial treatment)
- Mumps
- Parvovirus
- Pertussis
- Pneumonia
- Rhinovirus
- Rubella
- Group A Streptococcal Invasive GAS and large wounds (1st 24 hours of antimicrobial treatment)

If substantial spraying of respiratory fluids are anticipated (coughing, vomiting, suctioning, intubation) gloves, gown & goggles/face shield should be worn.

Remember: Hand Hygiene WHO 5 Moments

For further advice please contact the Infection Prevention Control Team or refer to the UHL Guideline for Isolation Precautions.

Please note this list is not exhaustive.

Managers Guide to HSE West Employee Support Service

Employee Support Service

Staffcare

- Free Service to Employees. Employees are expected to attend this service in their own time, unless otherwise agreed with their line manager.
- Available 24/7 telephone – 1800 408333
- Confidential telephone support from counsellors
- 4 face to face sessions for employee if required
- Staff can e mail staffcare@hse.ie Monday – Friday 9 – 5pm
- Managers can seek advice from counsellors by phone or e mail staffcare@hse.ie Monday – Friday 9 – 5pm
- Managers can refer employees to Staffcare

Regional Co-ordinators

- Employee Support following Critical Incident.
- Refer to policy - Preventing and Managing Critical Incident Stress. Service location will be changed back for this Employee Support.
- Advise & Support to Managers on work place issues.
- Individual counselling for staff on on-going work issues. (Referrals from Occupational Health, Line Manager, Self etc.)
- Case Conferences – to support teams/groups in specific services at managers request.

Contact Regional Co-Ordinator:

- ▶ Ursula Jordan Hanley - North West (Donegal, Leitrim & Sligo)
087 2366336
ursula.jordanhanley@hse.ie
- ▶ Maura Harle - West (Galway, Mayo & Roscommon)
087 6868037 maura.harle@hse.ie
- ▶ Ann Donohoe - Mid West (Clare, Limerick & North Tipperary)
087 6979487 ann.donohoe@hse.ie

HSE Contact:

Caroline Crowe, HR Department,
Merlin Park Hospital, Galway.
Tel: 091 775965
Email: employee.support@hse.ie


The Employee Support Service is a confidential service and attendance or engagement with the same is on a voluntary basis.

Display Screen Equipment (DSE) e -Learning modules on HSELand:

- 1) DSE User Awareness Module (approx. 40 minutes to complete)
- 2) DSE Assessors Module (approx. 60 minutes to complete)

Used to managing risks presented by Display Screen Equipment.





1. DSE User Awareness, is mandatory for all staff who have been identified as “DSE Users”, that is anyone who; normally use DSE for continuous periods of more than one hour per day and has no choice but to use DSE to carry their work
generally use DSE on a daily basis

The aim of this module is to inform you how to use your DSE safely.

2. **Display Screen Equipment Assessor** module, has been developed to allow Managers/DSE assessors to develop the necessary competencies to confidently undertake a basic DSE risk assessment. The **Assessor** module is mandatory for Managers of “DSE Users” and DSE Assessors.

You can also visit our web pages where you will find the latest safety and health information and advice - Go to:
www.hse.ie/safetyandwellbeing or www.workwell.ie

Any Questions?

- Thank You For Listening
- Hyperlink to the HSE Occupational Health Services
<https://www.hse.ie/eng/staff/workplacehthwellbng/stfsuprts/occhealth/>