



Time to Move on January 2019 Newsletter

The journey so far...



2018 was a busy year in the implementation of the Time to Move on policy. Building on the investment and ground work of previous years, the number of people that were supported to transition was in line with expectations. We are now seeing people settle in their own homes and experience a real transformation in their lives.

It is the effort and commitment of the staff working with people, their families and friends, and work within local communities that is bringing about real and meaningful change in the lives of people we move. It is a privilege to see the positive impact that this hard work is having, where people are now discovering and enjoying some of the ordinary things in life that many of us take for granted as they continue settling into their new homes in their communities. Additional resources for housing, staffing and the costs associated with the moves have also been a critical enabler in many cases.

The national project team acknowledge the tireless work of all those involved which is bringing about this change in the lives of people with disabilities. This includes front line staff, leaders, families, friends and advocates as well as many colleagues across the disability services and wider public sector, in particular those engaged in providing housing solutions. It is the collective effort of everyone involved that ensures people are supported with dignity and respect and as equal citizens.

Key Success Factors

What is creating solutions and driving policy implementation in sites where good progress has been made?

LEADERSHIP:

Clear, supportive and driven leadership

KEEPING IT LOCAL:

Supporting local decision making and local responses

COMMUNICATION:

Prioritising & supporting meaningful engagement and communication

Reports Published

Annual Progress Report: Published in July 2018, this report highlights the challenges and success factors in supporting people to move from congregated settings. The report provides statistical data about the 144 people that transitioned to new homes in 2017 and includes information on the population remaining in congregated settings. For the first time, the information is also broken down by Community Health Organisation (CHO) Area. There is also an accompanying one-page infographic which captures the key data and information.

Review of Policy Implementation 2012 -2017: The Review Report summarises all the progress achieved since the policy was introduced in 2012. It identifies the key messages and learning and provides statistical data about the population who have moved. It includes some personal stories from people who have moved and a commentary from the National Disability Authority on the initial findings from the "Moving In" study which is looking at the impact of moving on people's lives. A one-page infographic with key information is also available.



Experiences of the move to community...

"It's lovely to have your own home...without someone telling you to do this or do that...it was never my home and this is my home...I decide, like what to eat, when to get up; yea I decide who comes in my front door... I can come and go as I please, go to bed when I like and my visitors can come and I can make tea."

Rosaleen, speaking after she moved to her new home in the community

*...see life of people who were in the institution
...can see how lives have improved so much...*

What staff have told us about this process so far....

...more rewarding day ...opened up the world to all of us



A new home in Co. Waterford



Rosaleen's Move

Rosaleen moved to her own home in the community in 2017 after 50 years living in a congregated setting. In the setting her bedroom was on a corridor and she shared the toilets, bathroom and shower room with 14 others.

Now, she lives in her own home and she enjoys time on her own with support for part of the day. Rosaleen picked her own furniture and the colour scheme for her new home. Since she moved, she has made friends in the neighbourhood and has formed connections in her community, at her hairdressers, the local Tesco and a favourite restaurant. More of Rosaleen's story and pictures can be found in the Review of Policy Implementation 2012-2017 Progress Report.

Declan's Experience

Declan worked for 23 years in a congregated setting before he began supporting people in the community. It was a change he looked to make and when asked why he wanted to move, he talks about the noise level in the larger setting and how at times it could be a difficult and stressful environment.

Now having worked with a small group for some time Declan points out that there has been huge learning for everyone and that overall the role is very different and varied. He talks positively about taking more responsibility, the difference that working alone makes and the importance of using his own initiative and planning opportunities. There is a clear sense that even now after years of service, staff are learning more about the people they support "It is about knowing what they need and to go about it" and that the focus is on enabling an ordinary life.

Funding for Homes

HSE Disability Capital Programme

The Department of Health allocated €100 million over 6 years (2016-2021) to the HSE for the provision of new homes to support people to move from congregated settings into the community, with a focus on accelerating the progress in a number of priority settings.

So far, €40million has been allocated and there are 92 homes for 329 people being progressed with this funding, of which around half are already open.

Following engagement with the CHO Areas and service providers, the allocation of the remaining funding has been agreed, addressing priority needs and ensuring that resources will be used appropriately. This funding will be allocated on a phased basis from 2019-2022, to allow services to plan for and work towards supporting people to move to new homes in the community in a co-ordinated manner.





The
ATLANTIC
Philanthropies



Service Reform Funding

A Service Reform Fund (SRF) between Atlantic Philanthropies, the Department of Health, the HSE and Genio Trust is in place that supports innovative practice in services to bring about person-centred models of support. Since 2017 there have been 10 sites funded under the SRF that are supporting the transition of people to more person-centred models of service. Since the SRF process began 276 people have moved from these settings and there is evidence of a culture shift within these services away from institutional care towards person-centredness.

Engagement and Supporting Work

Time to Move on Working Group

The National Time to Move on Group is a cross sectoral multi-stakeholder group that works to support the implementation of the policy. This group continues to develop resources to guide policy implementation and engages with services individually and collectively to share learning and promote activity. Information on the work and resources of the group are available on the dedicated webpage www.hse.ie/timetomoveon

HSE Estates & Disability Oversight Group:

This group oversees the disability capital programme to ensure the effective and appropriate use of the capital resources and good individual project management. This group works closely with and through the local HSE teams and service providers. The group has developed a number of resources and supports to streamline the process of house selection, to guide works schedules and specifications and support the appropriate implementation of the new Department of Housing, Planning and Local Government *Code of Practice for Fire Safety in Community Dwellings*.

A workshop was held in September 2018 co-ordinated by the group. There were speakers from HSE Estates, HSE Disabilities, local services and the Department of Housing, Planning and Local Government (DHPLG) on the day. Topics covered included an update on Time to Move on policy, the learning and experiences of Estates, a service provider perspective on the development of housing and the role of CAS funding and the DHPLG.

National Housing Strategy for People with Disabilities (NHSPWD) Groups:

There are a number of groups with representatives from the HSE, DHPLG, Housing Agency, service providers and umbrella bodies supporting the implementation of the NHSPWD through the development of resources and the promotion of funding mechanisms. The HSE works closely with colleagues across these groups to ensure that people with disabilities can continue to access housing through mainstream options.



Transforming Lives

Programme to implement the Recommendations of the "Value for Money and Policy Review of the Disability Services in Ireland" report

Updated Resources

Project Action Plan

The Project Action Plan is a suite of documents that service providers can use to develop and progress an organisational action plan to move from an institutional model of care to a community based model. This was reviewed and updated for 2018.

Community Living Transition Planning Toolkit

The Community Living Transition Planning Toolkit aims to guide service providers through the process of supporting each person to develop their plan to move into the community. This was updated in 2018 to reflect the findings from the Áras Attracta reports published in 2016. It also takes account of the *National Framework for Person-Centred Planning in Services for Persons with a Disability* and the *National Quality Framework: Supporting Persons with Disabilities to achieve Personal Outcomes*, both of which were finalised under the Transforming Lives Programme in 2018.

Literature & Resource Register

A thematic register has been developed which captures over 140 reviewed articles, papers, websites and other resources relevant to the implementation of the Time to Move on policy. This is available as a resource to service providers and any other interested stakeholders. Copies can be requested by emailing timetomoveon@hse.ie

Briefing Documents

A number of briefing notes tailored to specific audiences have been developed. They provide information on the implementation of the policy and aim to address the key questions different stakeholder groups may have. There are separate briefing notes for family members, employees, new directors and senior service managers and Members of the Oireachtas

Videos of new lives and new homes...

There are now a number of videos available to view that feature the stories of residents that have moved. They also capture the views of family members, staff and service managers that have been involved. These can be viewed on the Genio website www.genio.ie/videos and on the Time to Move on webpage www.hse.ie/timetomoveon

HSE Estates have also number of videos that showcase new homes developed for residents moving from the congregated settings at:

<https://youtu.be/gNj49zM4wNw>

<https://youtu.be/CrGQ3i9o2Yc>

<https://youtu.be/Da0zITPoQzw>

