



Service Reform Fund CHO1 Disability Reform Programme



New Directions: Personal Expression and Creativity

Cooking pizza with Mary Clare



Ingredients:

1 Pita bread Tomato puree/Tomato sauce Grated cheese Mozzarella cheese 1 onion Preferred toppings

Equipment

Baking tray, lined with baking or parchment paper.

Plate

Desert spoon

Oven glove or dry teatowel

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Pita bread

Tomato sauce

Grated cheese



Mozzarelle cheese



Onion

- 1. Preheat oven to 180 degrees
- 2. Prepare your baking tray
- 3. Place pita bread on your plate
- Add your tomato sauce on top of the pita bread using a dessert spoon to spread it evenly
- 5. Sprinkle your grated cheese on top of the sauce
- 6. Add your toppings i.e onions, mozzarella cheese and place in the oven for 15 minutes











Share your pictures of your pizza with us on the Reconnect facebook page