
















What you need: Week 15



<p>Banana bread baking with Safe Food Ireland</p>  <p>Ingredients:</p> <ul style="list-style-type: none"> • 50g brown sugar • 60g margarine • 3 bananas • 1 egg • 188g plain flour • ½ tsp • 1 tsp baking powder • 1 tsp baking soda 	<p>Irish sign language with Robert</p>  <ul style="list-style-type: none"> • Quiet space • Pen and paper 	<p>Chair exercises with Paul</p>  <ul style="list-style-type: none"> • Comfortable clothing • Water • Chair • Space to move about
<p>Photo editing with Anna Leask</p>  <ul style="list-style-type: none"> • Phone or tablet • Pen and paper 	<p>Guitar with Ruairi</p>  <ul style="list-style-type: none"> • Guitar • Pen and paper 	<p>Mindfulness with John</p>  <ul style="list-style-type: none"> • A quiet room • Relaxing music
<p>Choir group one – How to record?</p>  <ul style="list-style-type: none"> • Lyric sheet • Music 	<p>Choir group one – Melody</p>  <ul style="list-style-type: none"> • Lyric sheet • Music 	<p>Choir group one – Harmony</p>  <ul style="list-style-type: none"> • Lyric sheet • Music

<p>Irish artists with Andy's art</p>  <ul style="list-style-type: none"> • Pencil • Paper • Eraser • Paint • Paint brushes • Water • Tissue 	<p>Literacy with Dylan</p>  <ul style="list-style-type: none"> • Worksheet • Pen 	<p>Aerobics with Arita</p>  <ul style="list-style-type: none"> • Comfortable clothing • Water • Chair
<p>How to get employment?</p>  <ul style="list-style-type: none"> • Pen and paper • Worksheet 	<p>Make-up with Ann Young</p>  <ul style="list-style-type: none"> • Foundation • Make-up brush • Concealer • Blusher • Lipstick 	<p>Yoga with Anita</p>  <ul style="list-style-type: none"> • Chair • Blanket/cushion • Water • Comfortable clothing