







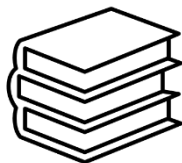







## Timetable for Week 5

<b>Monday</b>	Drawing with Edel 	Aerobics with Arita 	Mindfulness with John 
<b>Tuesday</b>	Painting Nails with Deborah 	Line Dancing with Gary 	Guitar with Ruairi 
<b>Wednesday</b>	Irish Sign Language (ISL) with Robert 	Scrambled Eggs with Eugene 	Literacy with Dylan 
<b>Thursday</b>	Baking Brown Bread with Brian 	Yoga with Anita 	Beauty with Deborah 
<b>Friday</b>	Art with Andy 	Cooking Pizza with Eugene 	Gardening with Noel 