



# A National Framework for Recovery in Mental Health

## Actions Table

2018-2020

Action	Measure	Targeted Principle	Owner
1.1. Service users are supported to have the understandings and knowledge to define their own recovery with access to the opportunity and resources to pursue that recovery.	1.1.1. Service users are provided with access to recovery education programmes. 1.1.2. Service users are provided with access to peer support, either at group or individual level which is defined in the person's care plan.	Centrality of lived experience	Local CHOs
1.2. Service users define their own recovery goals for their lives, utilising service supports as appropriate. The articulation of self-determination is a central component of the care planning process	1.2.1. The care plan contains the goals of the service user articulated in his or her own words. 1.2.2. There is evidence in the clinical file that the service user's goals are met as per set out in his or her care plan.	Centrality of lived experience Co-Production Organisational Commitment	
2.1. Service users are supported to co-produce their own recovery objectives.	2.1. There is evidence in the clinical file that service users are supported in the co-production of their care plans.	Co-Production	National
2.2. The service will have capacity building measures on co-production, and opportunities for all stakeholders to participate in co-production.	2.2.1 The service will provide access to co-production training 2.2.2 The service will provide evidence of the uptake of the co-production training.	Co-Production	Local CHOs
2.3. The contribution of all stakeholders is recognised as having a value attached and the stakeholder is rewarded appropriately.	2.3. A mechanism will be developed to recognise and value the respective contribution of all stakeholders partaking in co-production.	Co-Production	National
2.4. The service has or will develop a strategic approach to co-production, shared decision-making and recovery-promoting relationships.	2.4. There is evidence that national and local operational plans are co-produced with service users, family members and carers.	Co-Production	Local CHOs & National
3.1. The service has a co-produced mission, vision and values statement that promotes recovery contained in its service plan.	3.1. The current mission, vision and values statement is reviewed with service users, family members and carers to ensure that it is recovery-informed.	Organisational Commitment	National
3.2. All mental health staff are supported to adopt the mission, vision and values of recovery in all their interactions with service users, families, carers and other stakeholders.	3.2.1. The service has a mechanism for delivering recovery education. 3.2.2. Care plans will reflect how the staff have adopted the recovery ethos of the organisation as set out in its service plan.	Organisational Commitment	National & Local CHOs
3.3. The experience of the service user, family members and carers in engaging with mental health services is used to support the design and delivery of services.	3.3. The service has a process to capture a spread of experience from service users and family members and carers engaging with the service on an agreed basis.	Organisational Commitment Co-Production	Local CHOs

Action	Measure	Targeted Principle	Owner
3.4. The service has a strategic approach to engaging people with lived experience as part of its workforce.	3.4. The service will begin to introduce lived experience supports into the workforce during the lifetime of this framework.	Organisational Commitment Co-Production Centrality of lived experience	Local CHOs
3.5. The service supports a full range of participation of service users, family members and carers, tailoring supports for populations or individuals who may need support to advocate for themselves.	3.5. The service is developing mechanisms to support vulnerable individuals and populations in advocating for themselves.	Organisational Commitment Co-Production Centrality of lived	Local CHOs & National
3.6. The service will co-produce a strategy to communicate the recovery approach of the service to meet the diverse communication needs of its stakeholder groups.	3.6. The service will ensure that the National Framework for Recovery in Mental Health is communicated to all stakeholder groups.	Organisational Commitment Co-Production	
3.7. The service will adopt an organisational approach to co-produced evaluation strategies to monitor the effectiveness of its recovery approach and will include appropriate validated outcome and process measures from all stakeholder perspectives.	3.7. The service will develop an implementation plan to ensure that the actions set out in the Framework are implemented and evaluated appropriately.	Organisational Commitment Co-Production	
4.1. The service develops a co-produced recovery education plan to build the recovery capital and literacy of all stakeholders.	4.1.1. The service includes its recovery education plan in its service and operational plan. 4.1.2. The service has a mechanism for delivering recovery education. 4.1.3. The service provides recovery principles and practice workshops to all staff within 2 years. 4.1.4. All MDTs measure their fidelity to recovery practice for example -TRIP. 4.1.5. All staff have at least two team reflective practice sessions on recovery annually. 4.1.6. The service will communicate the framework to all clinical schools and clinical training providers.	Recovery Learning & Practice Organisational Commitment	Local CHOs
4.2. The Service has a HR strategy that supports recovery at every level of the organisation by ensuring that appropriate supports and resources on recovery are available to staff.	4.2. The service has a strategy to support staff in their recovery orientation with key recovery expertise in each section of the organisation.	Recovery Learning & Practice Organisational Commitment	Local CHOs & National
4.3. The organisation as a whole will develop a set of universal recovery competencies for all mental health staff.	4.3. The organisation will develop a plan to identify universal recovery competencies for all mental health staff.	Recovery Learning & Practice Organisational Commitment	National