## **Confidentiality**

CAMHS keep details of care confidential. We have a duty to share information related to the young person's care within the CAMHS Team, with their GP and when appropriate their referrer. We are guided by young people and their families in most cases, about what information is shared. Occasionally there may be times when staff are concerned about safety, and may have to share confidential information with other agencies. We will try to seek permission first.

## **Discharge from CAMHS**

When there is a plan for discharge from CAMHS, the G.P and other key professionals involved will be informed of this plan prior to discharge.

Discharge is planned from the outset and is always discussed with the young person and family. Discharge can mean that treatment is complete, and in most cases a young person is moving towards their recovery. Sometimes treatment can continue at another, more appropriate service. If there is a need to be referred again in the future, this is possible, and if suitable, a new appointment can be offered within CAMHS.

## Other sources of support & information

Lots of general advice and support can also be found online at <a href="https://www.yourmentalhealth.ie">www.yourmentalhealth.ie</a>

### **CONTACT INFORMATION**

**HSE CAMHS Ballyfermot-St James'** 

PHONE: 01 7956385

**HSE CAMHS Clondalkin** 

PHONE: 01 7956350

**HSE CAMHS Lucan** 

PHONE: 01 7956380

**ADDRESS:** Clover Suite, Linn Dara CAMHS Community Building, Cherry Orchard Hospital Campus, Dublin 10.

### **Linn Dara ADMIRE Programme**

PHONE: 01 7956420

ADDRESS: Lily Suite, Linn Dara CAMHS Community Building,

Cherry Orchard Hospital Campus, Dublin 10.

### **HSE CAMHS Specialist Eating Disorder Service**

PHONE: 01 7956422

**EMAIL:** ceds.linndaracamhs@hse.ie

**ADDRESS:** Buttercup Suite, Linn Dara CAMHS Community Building, Cherry Orchard Hospital Campus, Dublin 10.

### **HSE CAMHS Kildare East**

PHONE: 045 873880

ADDRESS: 9 Sycamore House, Millennium Park, Naas, Co.

Kildare.

### **HSE CAMHS Kildare South**

PHONE: 045 908580

ADDRESS: HSE Kildare Primary Care Centre, Curragh Road,

Kildare Town, Co. Kildare.

### **HSE CAMHS Kildare West**

PHONE: 045 986301

**ADDRESS:** HSE Clane Primary Care, Abbeylands Shopping

Centre, Clane, Co. Kildare.

### **HSE CAMHS Kildare North**

PHONE: 01 9214002

ADDRESS: HSE Celbridge Primary Care Centre, Maynooth

Road, Celbridge, Co. Kildare.

### **OPENING TIMES**

Monday to Friday, 09:00 – 17:00



## **LINN DARA CAMHS**



# SERVICE INFORMATION FOR REFERRERS & PROFESSIONALS

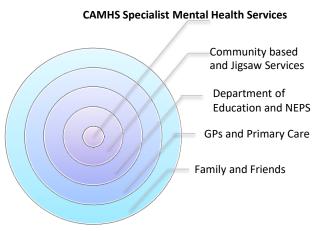
Providing assessment and treatment for young people and their families who are experiencing moderate to severe mental health difficulties

**WWW.HSE.IE/CAMHS** 



### **CAMHS Services**

The aim of CAMHS is to provide well-timed high quality assessment and treatment of mental health disorders, for young people and their families. Most children and young people with mental health problems can be supported by their GP along with community based interventions and supports. When necessary, those with more moderate to severe mental health disorders, such as eating disorders, mood disorders, psychosis or ADHD, are referred to Child & Adolescent Mental Health Services (CAMHS).



## What do CAMHS provide?

CAMHS provide specialist assessment and mental health treatment for young people and their families up to 18 years of age. CAMHS staff have specialist training in a range of approaches to support and treat mental health problems in children, young people and their families. Our CAMHS service consist of psychiatrists, psychologists, nurses, social workers, social care staff, occupational therapists, speech & language therapists and dieticians.

### **Referral Process**

Referrals must be completed by a GP, or a senior clinical professional working with the young person being referred, in consultation with the GP. CAMHS work closely with young people's GP's, to ensure sure that physical health needs are met.

## A referral form can be found at www.hse.ie/camhs

Referrals can be sent to our services, using the **Contact Information** provided on the back of this booklet. Our staff are happy to discuss the referral process, and are available by phone to provide further information if required.

## What happens next?

All referrals are screened in a timely manner by CAMHS. Appropriate referrals for the service are offered an initial assessment within a number of weeks, based on priority of needs identified. CAMHS try to see young people as quickly as possible, but sometimes there may be a wait period before the initial assessment appointment. Linn Dara CAMHS can be contacted if there is a change in presentation or if there is increased concern about the young person's mental health. If after the initial mental health assessment, a moderate to severe mental health disorder is evident, a recovery care plan is developed with the young person and their family or carer. If a referral does not meet the criteria for CAMHS, the team suggest other services that may be useful to consider.

The team provides specialist interventions to treat and support mental health difficulties. The GP/referrer is updated on the outcome of the assessment and the overall plan of care.

### **Mental Health Crisis**

CAMHS are not accessible 24 hours a day. CAMHS will respond rapidly if there is a high risk of harm to a young person or others, as a direct result of a mental health disorder. Outside of our opening times, young people in a mental health crisis should attend their nearest Accident & Emergency department or out of hours' GP service.

### **Further Mental Health Services**

Where required, CAMHS also collaborate with Adult Mental Health Services to ensure continuous provision of seamless and supportive care to young people when they reach 18 years of age.

### **Translation Services**

The CAMHS Teams can access interpreter and translation services for young people and families. GP/referrer's should indicate that this service is needed on the CAMHS referral form.

### **Your Health Service**

We are committed to working in partnership with referrers and service users. You can contact us with any feedback or complaints by:



- talking to any member of HSE staff
- e-mail to <u>yoursay@hse.ie</u>
- call 1890 424555