

## Confidentiality

ADMiRE keep details of care confidential. We have a duty to share information related to the young person's care within the ADMiRE team, their CAMHS Team, with their GP and when appropriate their referrer. We are guided by young people and their families in most cases, about what information is shared. Occasionally there may be times when staff are concerned about safety, and may have to share confidential information with other agencies, e.g. Tusla. We will try to seek permission first.

## How long will a young person attend ADMiRE?

When a young person has been optimised on ADHD medication, they will continue to be followed up in their local CAMHS team. Should difficulties arise in relation to ADHD in the future, a clinician from ADMiRE will discuss with the CAMHS team to review the difficulties and discuss the best options for managing the young person's ADHD.

## Other sources of support & information

Lots of general advice and support can also be found online at [www.yourmentalhealth.ie](http://www.yourmentalhealth.ie)

ADHD Ireland: <https://adhdireland.ie>

## CONTACT INFORMATION

### Linn Dara ADMiRE Programme

**PHONE: 01 7956420**

**ADDRESS:** Lily Suite, Linn Dara CAMHS  
Community Building, Cherry Orchard Hospital  
Campus, Dublin 10.



### OPENING TIMES

Monday to Friday, 09:00 – 17:00

### Your health service

We are committed to working in partnership with referrers and service users. You can contact us with any feedback or complaints by:

- Talking to a member of HSE staff
- Email to [yoursay@hse.ie](mailto:yoursay@hse.ie)
- Call 1890 424555



## LINN DARA CAMHS



Child and Adolescent  
Mental Health Services

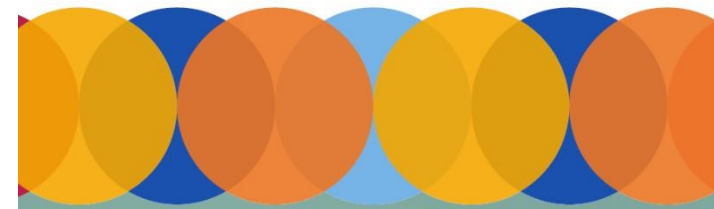


## SERVICE INFORMATION FOR YOUNG PEOPLE AND FAMILIES

### DUBLIN SOUTH

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*Providing specialist assessment and  
treatment for young people with Attention  
Deficit Hyperactivity Disorder*





## What is ADMiRE?

In Linn Dara Child and Adolescent Mental Health Service (CAMHS), ADMiRE is a specialist service for the assessment and management of children with Attention Deficit Hyperactivity Disorder (ADHD). The name of this service stands for ADHD Assessment, Diagnosis, Management initiation, Research and Education. The key role of this service is to offer early access to assessment and diagnosis of ADHD and to initiate and optimise treatment for ADHD.



## What is ADHD?

ADHD is a very common condition, occurring in 1 in 20 to 1 in 30 young people. There are three core symptoms – inattention, hyperactivity and impulsivity. ADHD is the commonest presentation to CAMHS; approximately one third of children in CAMHS have a diagnosis of ADHD.

## What happens when a young person is referred to ADMiRE?

ADMiRE accepts referrals for ADHD assessment / treatment from the local CAMHS team. If the ADMiRE team feel that a young person is likely to benefit from this service, they will post out questionnaires for completion by parents and teachers. When these are returned, the young person will be offered assessment if appropriate. The assessment will typically take a number of weeks, and will involve parents and the young person meeting a clinician in ADMiRE.



## What happens after ADMiRE assessment?

When the assessment is complete a meeting will be arranged to provide feedback. If the young person does not meet criteria for a diagnosis of ADHD, they will be referred back to their CAMHS team. If the young person is diagnosed with ADHD, the ADMiRE clinician will provide information about ADHD, outline further treatment options and develop a care plan with the young person and their family.

## Treatment / Intervention in ADMiRE

Our treatments are informed by evidence based research. It is very important to understand the diagnosis of ADHD, and the ADMiRE clinicians will meet with families to discuss the diagnosis. ADMiRE also runs ADHD-specific groups including a parent programme to help parents/ carers support young people with ADHD. Medication is the mainstay of treatment for ADHD and is a very effective and safe treatment for the disorder. The specialist nurses and doctors in the clinic will discuss medication options with young people and their families.

## What if a young person has other difficulties as well as ADHD?

It is very common for young people with ADHD to have other mental health difficulties, difficulties with speech and language, problems with motor skills or specific learning disorders.

ADMiRE has only a small specialist team and their role is to assess and manage ADHD. If a young person requires Occupational Therapy, Speech and Language Therapy, Psychology or Social Work involvement, or if non-ADHD mental health concerns arise, these will be assessed in CAMHS. When a young person attends ADMiRE, they also remain under the care of the CAMHS team, and depending on their needs, they may see clinicians from both ADMiRE and CAMHS team at the same time. ADMiRE may also refer to external agencies (e.g. School Age Team / Assessment of Need).