



Oifig Náisiúnta um Fhéinmharú a Chosc
HSE Straitéis agus Pleanáil Phobail
Ospidéal Stewart, Baile Phámar, Baile Átha Cliath 20

National Office for Suicide Prevention
HSE Community Strategy and Planning
Stewarts Hospital, Palmerstown, Dublin 20

Tel: 01 6201670 Email: info@nosp.ie



Connecting for Life

Report to the
**National Cross Sectoral Steering and
Implementation Group**
Q2 2019

HSE National Office for Suicide Prevention (17th July 2019)

INTRODUCTION

This report gives an outline of *Connecting for Life (CfL)* activity during Quarter 2 of 2019. *CfL* action lead agents were requested to provide an update on the activity of their relevant lead actions during the period Q2, 2019. They were also requested to give an outline of activity proposed to take place in Q3, 2019. This report highlights key suicide prevention activity conducted for this quarter as well as implementation barriers experienced.

Dashboard Templates received and included in this report from:

- HSE Mental Health
- HSE National Office for Suicide Prevention
- HSE Primary Care
- HSE Health & Wellbeing
- Broadcasting Authority of Ireland
- Department of Agriculture, Food and the Marine
- Department of Employment Affairs & Social Protection
- Probation Service
- Department of Justice & Equality /Irish Prison Service
- Department of Education and Skills
- Press Council of Ireland
- Department of Transport, Tourism & Sport
- Department of Rural and Community Development
- Department of Communications Climate Action & Environment
- Department of Defence
- Department of Children and Youth Affairs/TUSLA
- Department of Health
- Health and Safety Authority/ Department of Jobs, Enterprise and Innovation
- Higher Education Authority

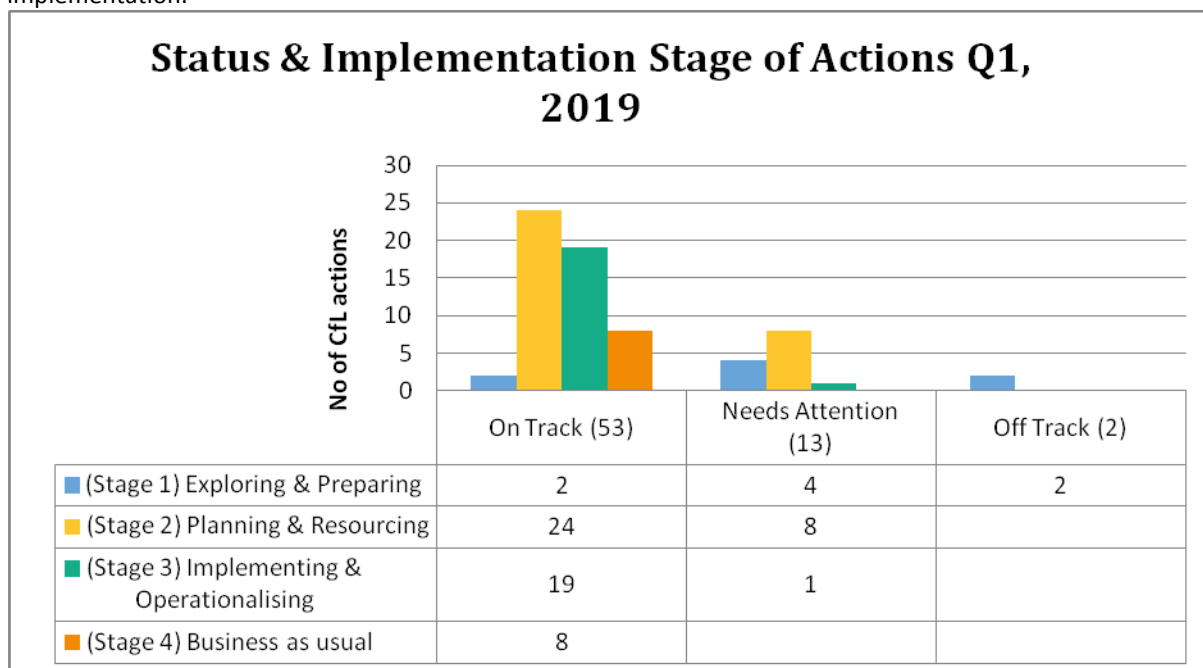
Dashboard Templates not received from the following:

- HSE Acute Hospitals
- Local Authorities

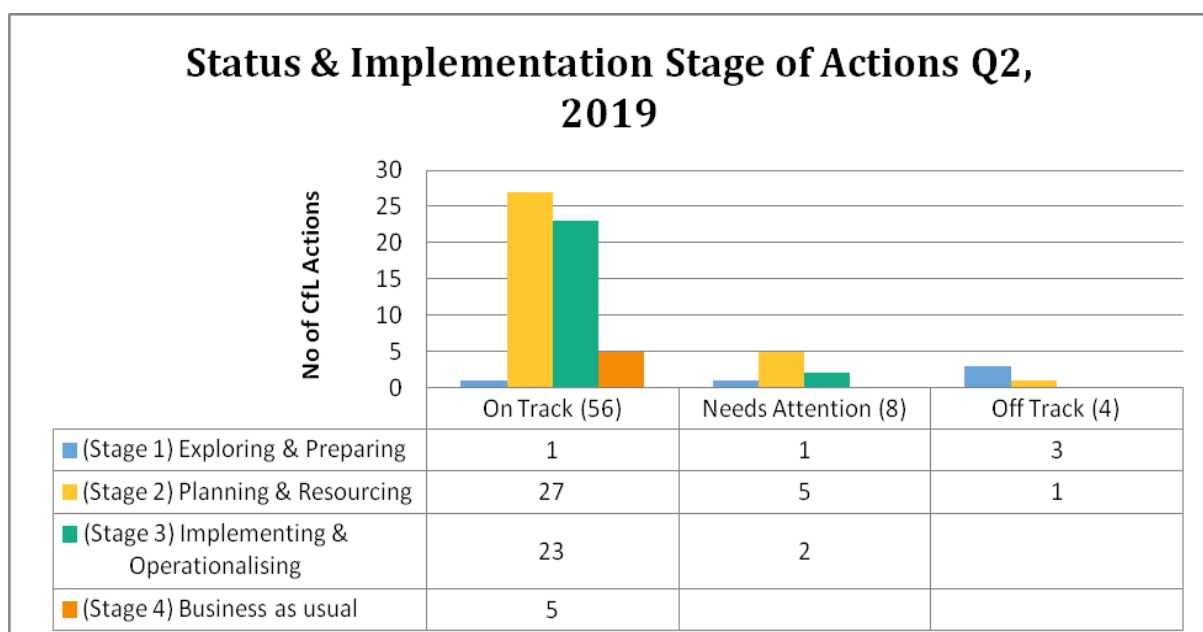
OUTLINE OF *CfL* IMPLEMENTATION PROGRESS (Q1 AND Q2, 2018)

The graphs below give an overview of the status (i.e. On Track, Needs Attention, Off Track) and implementation stage (based on the Centre for Effective Services stages of implementation) of *CfL* actions as of Q1, 2019 and Q2, 2019. It is important to note that the status and implementation stage of actions is self-reported by *CfL* Lead Agents and not linear.

As part of the Q1, 2019 reporting period, out of 69 actions within *CfL*, an update on progress was received for 68 actions. Based on *CfL* activity reported for Q1 2019, the majority of actions (n=32) are in 'Stage 2' implementation.



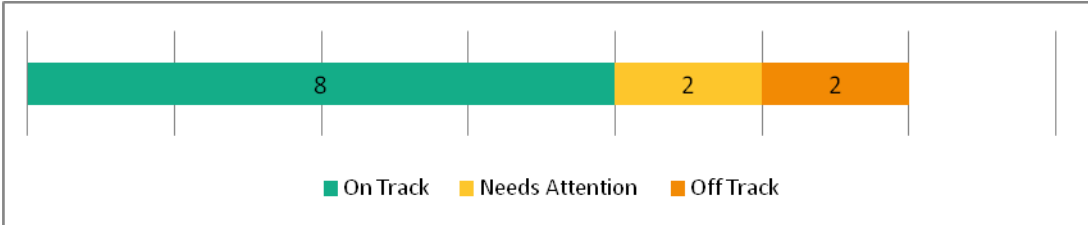
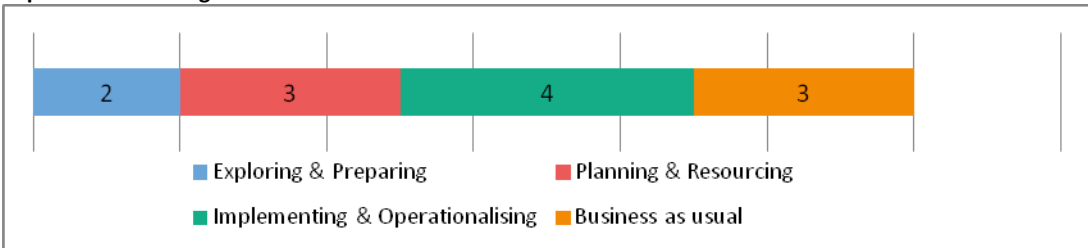
As part of the Q2, 2019 reporting period, out of 69 actions within *CfL*, an update on progress was received for 68 actions. Based on *CfL* activity reported for Q2 2019, the majority of actions (n=33) are in 'Stage 2' implementation.



OVERVIEW OF PROGRESS BY CFL GOAL AS OF Q2, 2019

The tables to follow outline implementation progress by Goal, based on the dashboard templates received as part of this reporting period. It outlines the total number of actions per Goal, number of actions which an update has been received for, the status of implementation and implementation stage. A comment box is also completed where there are areas of concern. Key 'Progress Achieved' is also outlined. Where activity is planned for Q3, 2019 it is stated as Yes (Y)/No (N).

Goal 1: TO IMPROVE THE NATION'S UNDERSTANDING OF, AND ATTITUDES TO, SUICIDAL BEHAVIOUR, MENTAL HEALTH AND WELLBEING

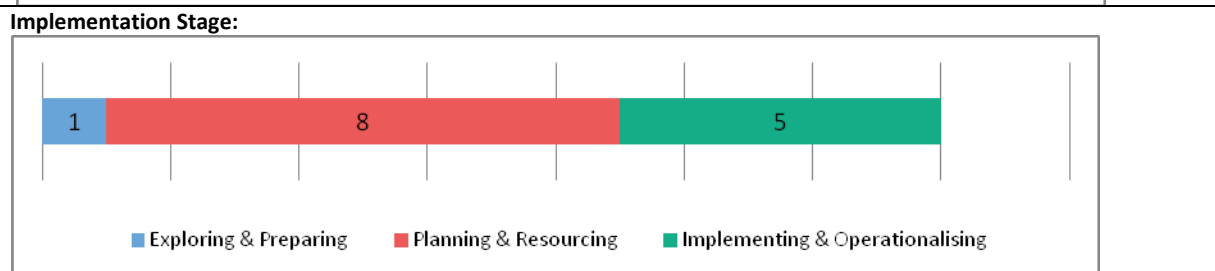
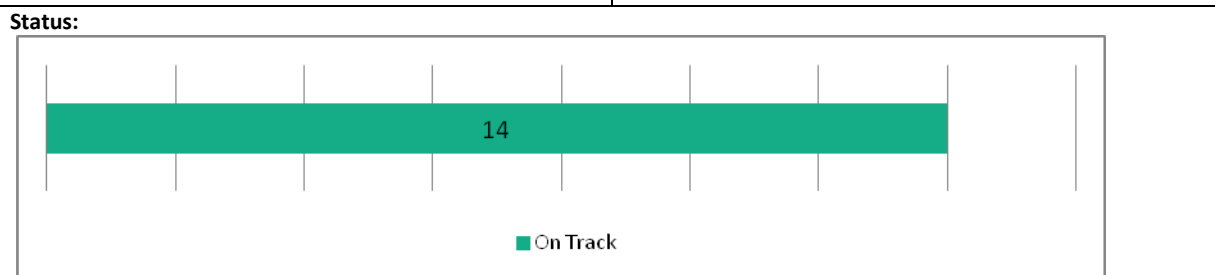
No of Actions: 12		No for which update received:12			
Status of Implementation:					
 <p>■ On Track ■ Needs Attention ■ Off Track</p>					
Implementation Stage:					
 <p>■ Exploring & Preparing ■ Planning & Resourcing ■ Implementing & Operationalising ■ Business as usual</p>					
Analysis by Cfl action number:					
Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q3, 2019 (Y/N)
1.1.1 (Measuring suicidal behaviour & understanding)	NOSP	Off Track	1	NOSP is working towards initiating a detailed documentation of similar studies (measuring suicidal behaviour) conducted internationally (including ethical considerations) to inform a revised submission for the next 'call for questions' as part of the Healthy Ireland study 2021	Y
1.1.2 (Mental Health & Wellbeing plan)	HSE H&W, DOH HI	Off Track	1	Implementation Lead to be formally announced in coming weeks who will be responsible for managing the development and implementation of the plan	Y
1.1.3	HSE MH	On Track	2		Y
1.1.4	HSE PC	On Track	2		Y
1.1.5	DOH HI, DTTAS	On Track	3		Y
1.2.1	HSE MH	On Track	3		Y
1.2.2	HSE MH	On Track	4		Y
1.3.1 (Stigma reduction)	NOSP	Needs Attention	3	Varied level of engagement across CHO Areas with Green Ribbon campaign	Y
1.4.1	DCCAE	On Track	2		Y
1.4.2	DCCAE/B AI	On Track	4		Y
1.4.3	PCol	On Track	4		Y
1.4.4 (Media Reporting)	NOSP	Needs Attention	3	Delayed delivery of final draft of new media reporting guidelines (expected in Q3)	Y
Key Progress Achieved					
<ul style="list-style-type: none"> — Mental Health Communications Campaigns Working Group have commissioned an industry analysis of mental health advertising and campaigns (Action 1.1.3) — Mind Monsters awareness campaign for post-primary schools launched on 02/05/2019 (Action 1.2.2) — Media briefing held for CHO 7 by HSE, NOSP and Headline (Action 1.4.4) 					

Goal 2: TO SUPPORT LOCAL COMMUNITIES' CAPACITY TO PREVENT AND RESPOND TO SUICIDAL BEHAVIOUR

No of Actions: 5		No for which update received: 5			
Status:					
<p>■ On Track ■ Needs Attention</p>					
Implementation Stage:					
<p>■ Planning & Resourcing ■ Implementing & Operationalising</p>					
Analysis by CfL action number:					
Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q3, 2019 (Y/N)
2.1.1	HSE MH	On Track	3		Y
2.2.1	NOSP	On Track	2		Y
2.3.1	NOSP	Needs Attention	2	Final training participant data for 2018 to be inputted and analysed	Y
2.3.2 (Training Plan)	NOSP	On Track	3		Y
2.3.3	HSE H&W	On Track	3		Y
Key Progress Achieved					
CAPACITY BUILDING- EVIDENCE OF PROGRESS					
<ul style="list-style-type: none"> — On-going delivery of suicide prevention training to individuals throughout Q2; safeTALK (n=1986), ASIST (n=1288), ASIST Tune-Up (n=43), Understanding Self-Harm (n=408), STORM (n=50) (Action 2.3.1) — Professional and Community Bereavement Train the Trainer delivered (Action 2.3.2) — 23 teachers trained as part of Zippy's Friends workshop; 13 teaches trained as part of Mindout training; 28 Minding Your Wellbeing Workshops delivered (446 participants in total) (Action 2.3.3) 					
IMPROVED SERVICE DELIVERY- EVIDENCE OF PROGRESS					
<ul style="list-style-type: none"> — Researchers have been appointed to develop Best Practice Guidance for developing a multi-agency community response to suspected suicides. (Action 2.2.1) 					

Goal 3: TO TARGET APPROACHES TO REDUCE SUICIDAL BEHAVIOUR AND IMPROVE MENTAL HEALTH AMONG PRIORITY GROUPS

No of Actions: 14 **No for which update received:14**



Analysis by CfL action number:

Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q3, 2019 (Y/N)
3.1.1	DAFM, DOH, DJE, DEASP, DCYA/TUSLA, DRCDD, DOD, DTTAS	On Track	2	HSE Acute Hospitals, TUSLA and DCYA representatives required on cross-sectoral working group	Y
3.1.2	NOSP, HSE: AH, PC & MH, IPS/An Garda Siochana, Non-statutory partners	On Track	2		Y
3.1.3	HSE PC	On Track	2		Y
3.1.4	NOSP	On Track	1		Y
3.1.5	NOSP	On Track	3		Y
3.1.6	HSE H&W	On Track	3		Y
3.2.1	HSE PC	On Track	2		Y
3.3.1	DES	On Track	2		Y
3.3.2	DES	On Track	2		Y
3.3.3	HEA	On Track	3		Y
3.3.4	DES	On Track	3		Y
3.3.5	DES	On Track	3		Y
3.3.6	HSE PC	On Track	2		Y
3.3.7	HSE MH	On Track	2		Y

Key Progress Achieved

IMPROVED SERVICE DELIVERY- EVIDENCE OF PROGRESS

- Sign off on 2019 work plan as part of the cross sectoral group in place for [Actions 3.1.1 & 3.1.2](#), including four main outputs (i) Guidance for the incorporation of suicide prevention into relevant national policies, plans and programmes (ii) Guidelines for staff who come in contact with vulnerable people (iii) Best Practice Guidance for developing multi-agency community responses (iv) Best Practice Guidance for Interagency referral.
- Data from April 2019 shows 80% of referrals accepted by child and adolescent teams nationally were offered an appointment within 12 weeks; 94% of young people referred were seen within 12 months in community CAMHS services in April 2019 ([Action 3.3.7](#))
- Implementation plan finalised as part of the roll out of GP training (over 300 GPs trained to date) ([Action 3.1.5](#))

ENGAGING WITH EVIDENCE- EVIDENCE OF PROGRESS

- Synthesis of research conducted on NOSP CfL commissioned studies to identify where research/evaluation has taken (by CfL identified priority groups) ([Action 3.1.4](#))

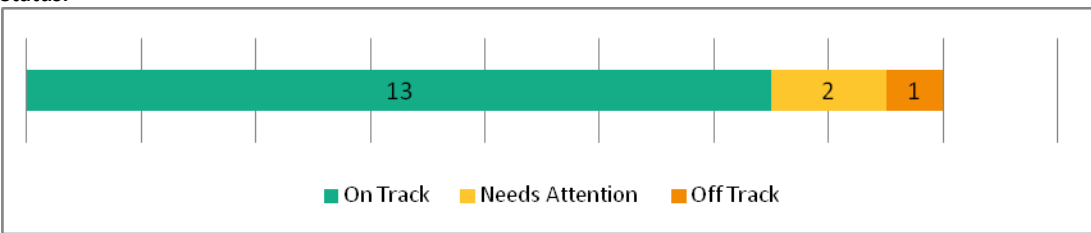
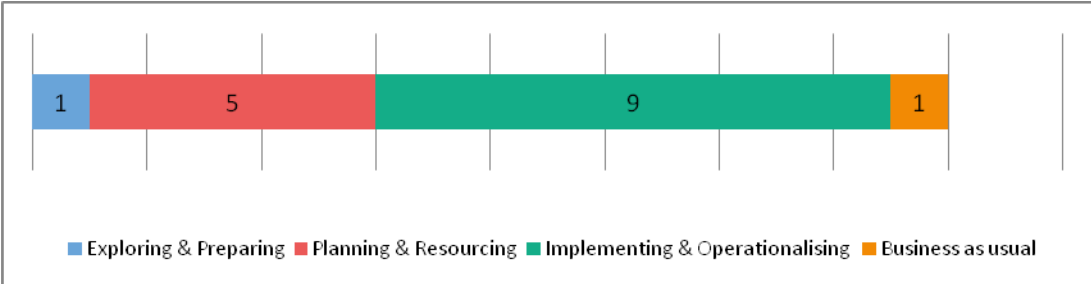
CAPACITY BUILDING- EVIDENCE OF PROGRESS

- 7 Introduction to Youth Mental Health workshops delivered nationally with 132 participants ([Action 3.1.6](#))
- Critical Incident Response Training delivered to 50 teachers from 27 post-primary schools ([Action 3.3.2](#))

Goal 4: TO ENHANCE ACCESSIBILITY, CONSISTENCY AND CARE PATHWAYS OF SERVICES FOR PEOPLE VULNERABLE TO SUICIDAL BEHAVIOUR

No of Actions: 8	No for which update received: 8				
Status: <p>■ On Track ■ Needs Attention ■ Off Track</p>					
Implementation Stage: <p>■ Planning & Resourcing ■ Implementing & Operationalising</p>					
Analysis by Cfl action number:					
Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q3, 2019 (Y/N)
4.1.1	HSE MH	On Track	3		Y
4.1.2 (uniform pathways of care – dual diagnosis)	HSE MH	Off Track	2	Unsuccessful recruitment campaign to appoint a Clinical Lead (delaying development of Model of Care). The National Clinical Advisor Group Lead for Mental Health is considering options on how to progress the Dual Diagnosis Model of Care	Y
4.1.3	DJE	On Track	2	Update on this action provided by the Probation Service	Y
4.1.4 (Uniform assessments)	HSE MH	Needs Attention	2	Project timelines have been revised through the HSE Change Board/PMO process	Y
4.1.5	HSE MH	On Track	3		Y
4.2.1	HSE: MH, PC	On Track	3		Y
4.3.1	HSE MH	On Track	2		Y
4.3.2	HSE MH	On Track	2		Y
Key Progress Achieved					
IMPROVED SERVICE DELIVERY- EVIDENCE OF PROGRESS — Literature review, mapping, service evaluation data, examples from mental health services of what the current response is in mental health services to families bereaved by suicide completed as part of bereavement ‘model of service’ development (Action 4.3.1)					

Goal 5: TO ENSURE SAFE AND HIGH QUALITY SERVICES FOR PEOPLE VULNERABLE TO SUICIDE

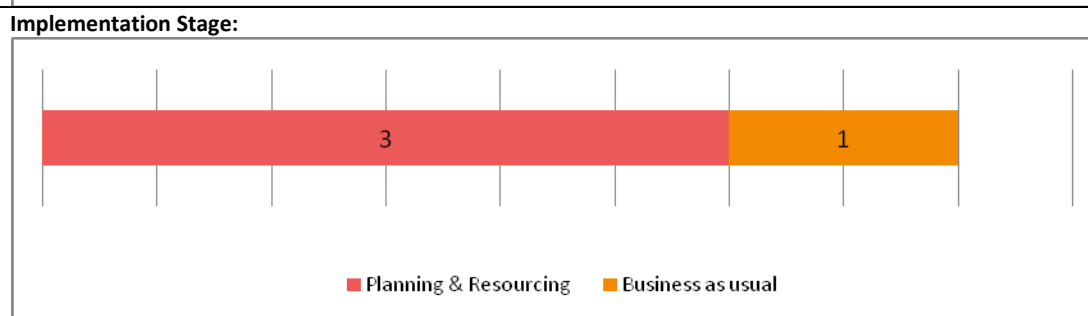
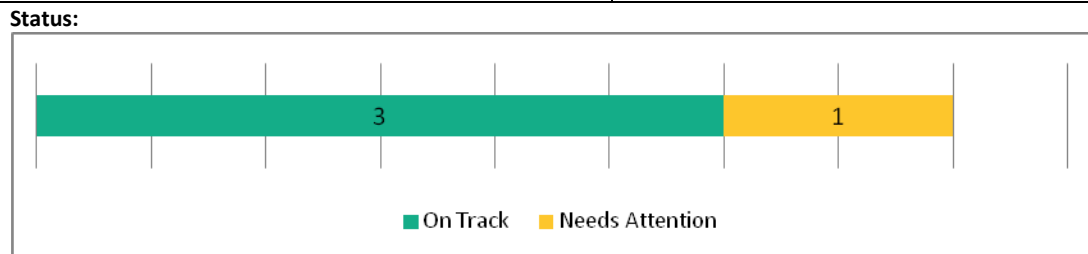
No of Actions: 16			No for which update received:16		
Status:					
 <p>■ On Track ■ Needs Attention ■ Off Track</p>					
Implementation Stage:					
 <p>■ Exploring & Preparing ■ Planning & Resourcing ■ Implementing & Operationalising ■ Business as usual</p>					
Analysis by CfL action number:					
Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q3, 2019 (Y/N)
5.1.1 (Best Practice Guidance)	NOSP	On Track	3		Y
5.1.2	DES	On Track	2		Y
5.1.3	DES	On Track	3		Y
5.1.4	DOH	On Track	3		Y
5.1.5	NOSP, DJE	On Track	3		Y
5.2.1 (Uniform response)	HSE MH	Needs Attention	2	Project timelines have been revised through the HSE Change Board/PMO process	Y
5.2.2	DCYA/TUSLA	On Track	2		Y
5.2.3	HSE MH	On Track	2		Y
5.3.1	DJE	On Track	3		Y
5.3.2	DJE	On Track	3		Y
5.3.3	DJE	On Track	3		Y
5.4.1	NOSP	On Track	3		Y
5.4.2	DAFM, DOH, DJE/IPS, DEASP, DES, DCYA/TUSLA, HSA, DOD, DRCD, LA	On Track	3		Y
5.4.3 (Ed to health professionals)	DOH	Needs Attention	2	Mental Health Unit, DoH, undertaking mapping exercise to identify suicide prevention CPD available to the various health professional professions and linking with NOSP Training and Education Programme	Y
5.4.4	TBC	Off Track	1	To be progressed under NOSP Training and Education Programme with HEA support. Lead agent to be assigned.	N
5.4.5	DOH	On Track	4		Y
Key Progress Achieved					
<p>IMPROVED SERVICE DELIVERY- EVIDENCE OF PROGRESS</p> <ul style="list-style-type: none"> — Best Practice Guidance document for NOSP NGO funded services completed and available for implementation phase of project (Action 5.1.1) — The 2018 Report of the Mental Health Incident Learning and Support Team (MHILST) was finalised in Q2 and it contains a review of incident management with recommendations for improvement (Action 5.2.3) 					

CAPACITY BUILDING- EVIDENCE OF PROGRESS

- As part of the implementation of [Action 5.4.2](#):
 - 108 staff completed safeTALK & 334 staff attended stress awareness and resilience courses within the Dept. Employment Affairs & Social Protection
 - 8 staff received STORM training within the Probation Service

Goal 6: TO REDUCE AND RESTRICT ACCESS TO MEANS OF SUICIDAL BEHAVIOUR

No of Actions: 5 **No for which update received: 4**



Analysis by CfL action number:

Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q3, 2019 (Y/N)
6.1.1 (Appropriate prescribing)	DOH	Needs Attention	2	DoH linking in with NOSP and HSE Addiction Services' Professional Bodies Working Group looking at reducing the inappropriate prescribing of medicines commonly used in intentional overdose. HSE to focus on prescription drug overdose for International Overdose Awareness Day (31 August)	Y
6.1.2	DOH	On Track	4		Y
6.2.1	LA				
6.2.2	HSE MH	On Track	2		Y
6.2.3	DJE	On Track	2		Y

Goal 7: TO IMPROVE SURVEILLANCE, EVALUATION AND HIGH QUALITY RESEARCH RELATING TO SUICIDAL BEHAVIOUR

No of Actions: 9		No for which update received: 9			
Status:					
<p>■ On Track ■ Needs Attention</p>					
Implementation Stage:					
<p>■ Exploring & Preparing ■ Planning & Resourcing ■ Implementing & Operationalising</p>					
Analysis by CfL action number:					
Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q3, 2019 (Y/N)
7.1.1	NOSP	On Track	2		Y
7.2.1	DJE, DCYA/TUSLA	On Track	2		Y
7.2.2	HSE MH	On Track	2		Y
7.2.3	NOSP	On Track	2		Y
7.3.1	DJE	On Track	3		Y
7.4.1	NOSP	On Track	2		Y
7.4.2 (Streamline research)	HEA	Needs Attention	1	Requirement to link in with members of CfL's Evaluation Advisory Group	Y
7.4.3	NOSP	On Track	2		Y
7.4.4	NOSP	On Track	2		Y
Key Progress Achieved					
<p>ENGAGING WITH EVIDENCE- EVIDENCE OF PROGRESS</p> <p>— Publication of survey on assessment of local area CfL Implementation Teams (Action 7.1.1)</p>					

OVERVIEW OF PROGRESS BY CFL ACTION LEAD AGENT

The table below gives an outline of the self-reported implementation progress by CfL action lead agents for Q2, 2019 as well as outlining as to whether or not activity is planned to take place in Q3, 2019.

Name of Government Department /State Agency	Number		Status	Implementation Stage	No. actions for which activity planned Q3, 2019
	Lead Actions assigned	for which update received Q2 2019			
HSE Mental Health (MH)	17	17	14=On Track 2= Need Attention 1=Off Track	10 = Planning & Resourcing 5 = Implementing & Operationalising 2=Business as usual	17
HSE National Office for Suicide Prevention (NOSP)	17	17	13=On Track 3=Need Attention 1=Off Track	2 = Exploring & Preparing 8=Planning & Resourcing 7=Implementing & Operationalising	17
HSE Primary Care (PC)	6	6	5=On Track 1=Needs Attention	1=Exploring & Preparing 5=Planning & Resourcing	6
HSE Health & Wellbeing (H&W)	3	3	2=On Track 1=Off Track	1=Planning & Resourcing 2=Implementing & Operationalising	3
Department of Education and Skills (DES)	7	7	7=On Track	3=Planning & Resourcing 4=Implementing & Operationalising	7
Department of Transport, Tourism and Sport (DTTAS)	3	3	3=On Track	1=Exploring & Preparing 1=Planning & Resourcing 1=Implementing & Operationalising	3
Department of Defence (DoD)	2	2	2=On Track	2=Implementing & Operationalising	2
Department of Agriculture, Food & the Marine (DAFM)	2	2	2=On Track	1=Exploring & Preparing 1=Implementing & Operationalising	2
Department of Employment Affairs & Social Protection (DEASP)	2	2	2=On Track	1=Planning & Resourcing 1=Business as usual	2
Department of Rural and Community Development (DRCD)	2	2	1=On Track 1=Needs Attention	1=Planning & Resourcing 1=Business as usual	2
Department of Communications Climate Action & Environment (DCCAE)	1	1	1=On Track	1=Planning & Resourcing	1
Broadcasting Authority of Ireland (BAI)	1	1	1=On Track	1=Business as usual	1
Press Council of Ireland (PCoI)	1	1	1=On Track	1=Business as usual	1
DCYA/TUSLA	4	4	4=On Track	4=Planning & Resourcing	4
Health and Safety Authority (HSA)	1	1	1=On Track	1=Planning & Resourcing	1
Higher Education Authority (HEA)	3	3	1=On Track 1=Need Attention 1=Off Track	2=Exploring & Preparing 1=Implementing & Operationalising	3
Dept of Health (DoH)	9	9	6=On Track 3=Need Attention	3=Planning & Resourcing 3=Implementing & Operationalising 3=Business as usual	9
Department of Justice/An Garda Siochana/IPS	10	10	9=On Track 1=Needs Attention	4 = Planning & Resourcing 6 = Implementing & Operationalising	10

Report compiled by: Hugh Duane (HSE NOSP)