



Oifig Náisiúnta um Fhéinmharú a Chosc
HSE Straitéis agus Pleanáil Phobail
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Connecting for Life

Report to the
**National Cross Sectoral Steering and
Implementation Group**
Q3 2018

HSE National Office for Suicide Prevention (11th Oct 2018)

INTRODUCTION

This report gives an outline of *Connecting for Life (CfL)* activity during Quarter 3 of 2018. *CfL* action lead agents were requested to provide an update on the activity of their relevant lead actions during the period Q3, 2018. They were also requested to give an outline of activity proposed to take place in Q4. The purpose of this report is to focus primarily on the 'red flag' issues that are hindering the implementation of *CfL*. A bi-annual implementation progress report (published in June/July and December) gives a more detailed analysis of overall implementation activity.

Dashboard Templates received and included in this report from:

- HSE Mental Health
- HSE National Office for Suicide Prevention
- HSE Primary Care
- HSE Health & Wellbeing
- Department of Children and Youth Affairs
- Broadcasting Authority of Ireland
- Department of Agriculture, Food and the Marine
- Department of Education and Skills
- Department of Employment Affairs & Social Protection
- Press Council of Ireland
- Department of Transport, Tourism & Sport
- Department of Rural and Community Development
- Department of Communications Climate Action & Environment
- Department of Defence
- Department of Health
- Health and Safety Authority/ Department of Jobs, Enterprise and Innovation
- Higher Education Authority
- Department of Justice/Irish Probation Service
- Local Authorities

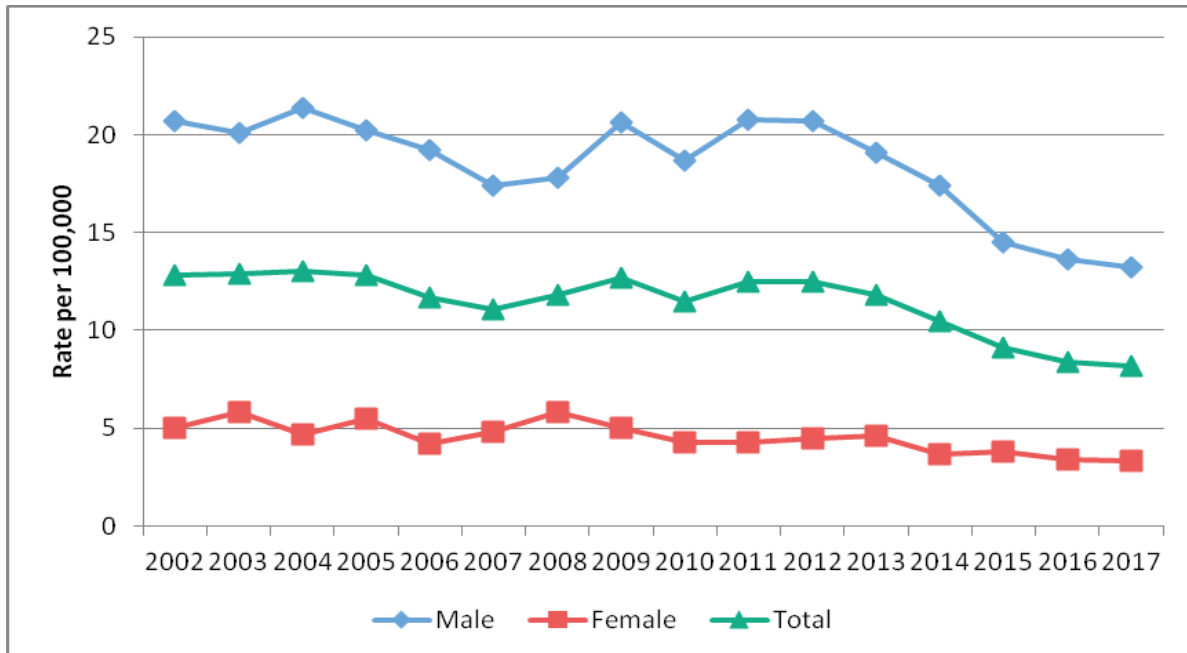
Dashboard Templates not received from the following:

<u>Government Department/State Agency</u>	<u>Actions</u>	<u>Comment</u>
TUSLA	3.1.1, 5.2.2, 5.4.2, 7.2.1	No update on progress on actions received since Q3, 2017 which also impacts on the Department of Children & Youth Affairs response

UPDATE ON SUICIDE AND SELF-HARM STATISTICS

SUICIDE STATISTICS¹

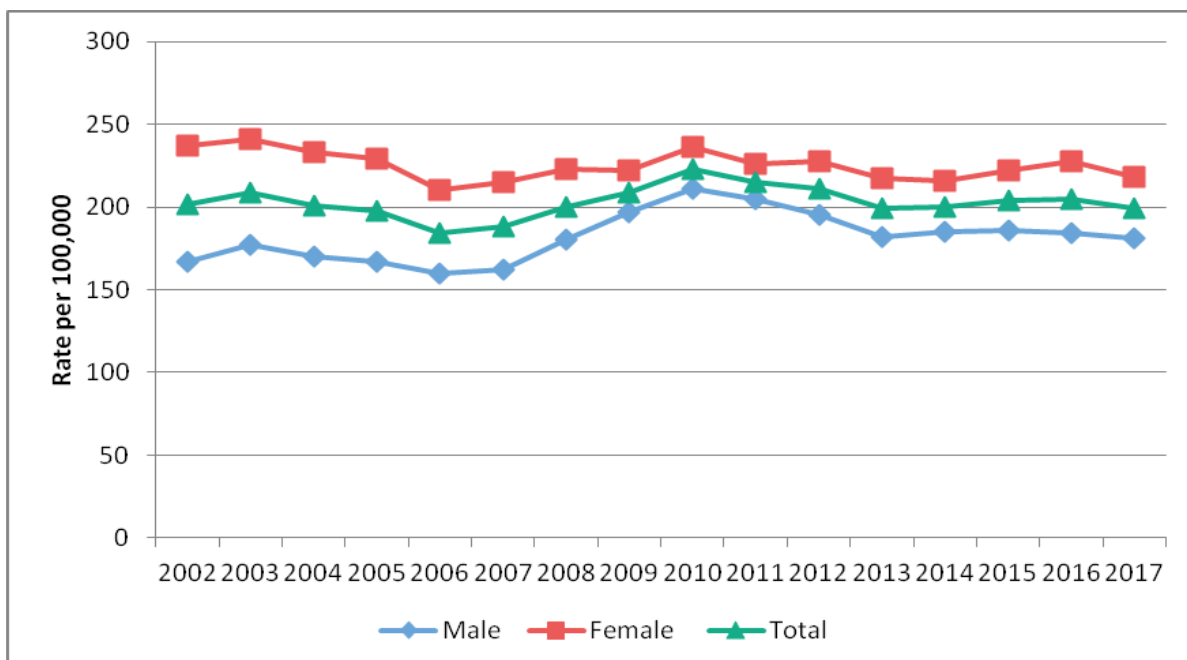
The graph below outlines the rate of suicide by total and gender for the period 2002-2017*. Year of Occurrence suicide data for 2016 is due to be published by the Central Statistics Office at the end of October 2018 as well as the number of late registered deaths for 2014.



***Note:** Data between 2002-2013 has been updated to reflect 'late registered' suicide deaths. Data for 2016 and 2017 is provisional and subject to change

SELF-HARM STATISTICS²

The graph below outlines the rate of self-harm by total and gender for the time period 2002-2017



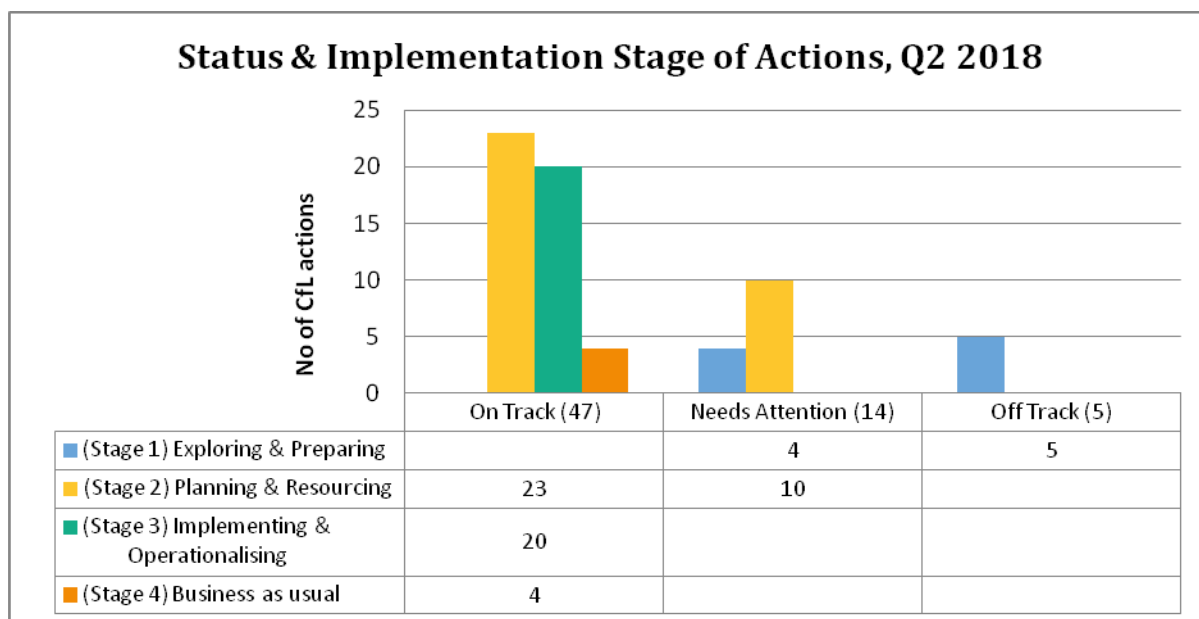
¹ Source: Central Statistics Office

² Source: National Self-Harm Registry Ireland

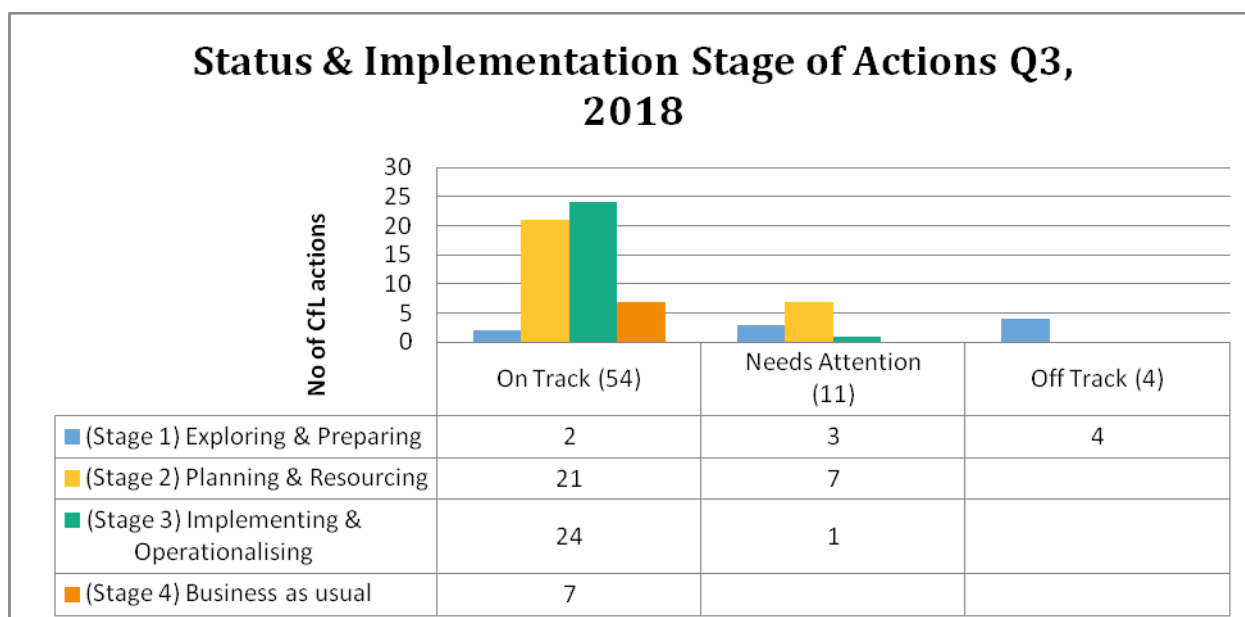
OUTLINE OF *CfL* IMPLEMENTATION PROGRESS (Q2 & Q3, 2018)

The graphs below give an overview of the status (i.e. On Track, Needs Attention, Off Track) and implementation stage (based on the Centre for Effective Services stages of implementation) of *CfL* actions as of Q2, 2018 and Q3, 2018. It is important to note that the status and implementation stage of actions is self-reported by *CfL* Lead Agents and not linear.

As part of the Q2, 2018 reporting period, out of 69 actions within *CfL*, an update on progress was received for 66 actions. Based on *CfL* activity reported for Q2, the majority of actions (n=33) are in 'Stage 2' implementation.



As part of the Q3, 2018 reporting period, out of 69 actions within *CfL*, an update on progress was received for 69 actions. Based on *CfL* activity reported for Q2, the majority of actions (n=28) are in 'Stage 2' implementation.



OVERVIEW OF IMPLEMENTATION PROGRESS, Q3 2018

Goal 1: TO IMPROVE THE NATION'S UNDERSTANDING OF, AND ATTITUDES TO, SUICIDAL BEHAVIOUR, MENTAL HEALTH AND WELLBEING

Campaigns & Communications- evidence of progress

- Intensive content creation week took place w/c 20 Aug with staff from HSE Digital, NOSP and Mental Health Operations – Over 100 pieces of content finalised for publication on the new yourmentalhealth.ie (digital project) (ACTION 1.2.1)
- Window stickers for rural community/farmers developed and distributed during Ploughing Championships (ACTION 1.2.2)
- Green Ribbon Impact Report published in September, available [here](#). There were 500,000+ ribbons distributed as part of the 2018 campaign (ACTION 1.3.1)
- 'Walk in my Shoes Radio', a temporary radio service focusing on positive mental health and wellbeing was licensed by the Broadcasting Authority of Ireland board and will air in October (ACTION 1.4.2)

Goal 2: TO SUPPORT LOCAL COMMUNITIES' CAPACITY TO PREVENT AND RESPOND TO SUICIDAL BEHAVIOUR

CfL local area planning process- evidence of progress

- Currently 15 CfL plans launched out of 17 (launch of final two plans to take place in Q4) (ACTION 2.1.1)

Improved service delivery- evidence of progress

- Content for draft training plan developed including consistent messaging for training programmes. (ACTION 2.3.1)

Capacity Building- evidence of progress

- On-going delivery of suicide prevention training to individuals throughout Q3; safeTALK (n=1402), ASIST (n=552), Understanding Self-Harm (n=136), STORM (n=29) (ACTION 2.3.1)
- MindOut 2 launched and a number of programmes planned for school year 2018 – 2019. MindOut 2 delivered to 12 Teachers & Zippy's Friends delivered to 30 teachers in Q3. (ACTION 2.3.3)

Goal 3: TO TARGET APPROACHES TO REDUCE SUICIDAL BEHAVIOUR AND IMPROVE MENTAL HEALTH AMONG PRIORITY GROUPS

Improved service delivery- evidence of progress

- Report of consultations as part of the development of the Traveller Health Action Plan submitted to HSE National Social Inclusion Office and forwarded to Department of Health for consideration of certain aspects; draft of plan expected in October (ACTION 3.1.3)
- The Wellbeing & Policy Statement and Framework for Practice for primary, post-primary and centres for education launched on 12 July (ACTION 3.3.1)

Capacity Building- evidence of progress

- Participation by HR Managers within the Department of Agriculture, Food & Marine in a workshop entitled 'Self-Care Awareness for HR', facilitated by the Civil Service Employee Assistance Service (ACTION 3.1.1)
- 675 people trained in SAOR³ (Q3 data not available as yet) (ACTION 3.2.1)

Goal 4: TO ENHANCE ACCESSIBILITY, CONSISTENCY AND CARE PATHWAYS OF SERVICES FOR PEOPLE VULNERABLE TO SUICIDAL BEHAVIOUR

Improved service delivery- evidence of progress

- Standard Operating Procedure as part of HSE Clinical Care Programme has been revised to reflect CAMHS pathway (ACTION 4.1.5)
- Mapping of bereavement supports completed in collaboration with HSE Resource Officers for Suicide Prevention (ACTION 4.3.1)

³The agreed HSE national model for training in Screening and Brief Intervention for Alcohol and Substance Use is the SAOR© (Support, Ask and Assess, Offer Assistance and Referral) model (O'Shea and Goff, 2009)

Capacity Building- evidence of progress

- New Clinical Nurse Specialist (CNS) panel created as part of 7/7 service delivery & Snr Social Worker campaign ended with interviews pending. This will fill service delivery gap (22 posts – of which 5 posts are currently held by temporary staff). (ACTION 4.1.1)

Increased collaboration- evidence of progress

- A National Steering Group is now in place to oversee the development of a Model of Care (18-65) accessing talking therapies while attending specialist mental health services. (ACTION 4.2.1)

Goal 5: TO ENSURE SAFE AND HIGH QUALITY SERVICES FOR PEOPLE VULNERABLE TO SUICIDE

Improved service delivery- evidence of progress

- Best Practice Guidance for NGO Partners ready for review by HSE Legal (ACTION 5.1.1)

Capacity Building- evidence of progress

- As part of the implementation of (ACTION 5.4.2):
 - o 250 staff received safeTALK training to end of Aug 2018 within the Department of Employment Affairs and Social Protection
 - o esuicideTALK online training is currently being piloted with a number of staff in the Health & Safety Authority
 - o 16 staff within the Probation Service received STORM training during Q3

Goal 6: TO REDUCE AND RESTRICT ACCESS TO MEANS OF SUICIDAL BEHAVIOUR

Improved service delivery- evidence of progress

- HSE QSUS has reported levels of compliance with 'Regulation 22' as part of the Mental Health Commission regulations on 'premises' (ACTION 6.2.2)

Goal 7: TO IMPROVE SURVEILLANCE, EVALUATION AND HIGH QUALITY RESEARCH RELATING TO SUICIDAL BEHAVIOUR

Engaging with evidence- evidence of progress

- First meeting as part of the CfL Mid-Strategy review process took place on 20 Sept, giving members of the CfL Evaluation Advisory Group the opportunity to meet with implementation stakeholders in terms of identifying implementation achievements and barriers to date (ACTION 7.1.1)

Increased collaboration- evidence of progress

- Report outlining the incidence of suicide and self-harm within the Irish Prison Service set to be launched on 4 October. This is a collaborative work initiative involving assistance from the HSE NOSP and the National Suicide Research Foundation (ACTION 7.4.3)
- HSE NOSP hosted a 'Show and Tell' event on 30 & 31 Aug, inviting NGO funded partners to present to the NOSP Monitoring and Evaluation (M&E) Team on innovative approaches to suicide prevention -12 NGO partners presented. This will inform the M&E team's programme of work related to evaluation support requirements (ACTION 7.4.4)

OVERVIEW OF PROGRESS BY CFL ACTION LEAD AGENT

The table below gives an outline of the self-reported implementation progress by *Cfl* action Lead Agent for Q3, as well as outlining as to whether or not activity is planned to take place in Q4.

Name of Government Department /State Agency	Number		Status	Implementation Stage	No. actions for which activity planned Q4, 2018
	Lead Actions assigned	for which update received Q3 2018			
HSE Mental Health (MH)	17	17	11=On Track 5= Need Attention 1=Off Track	1 = Exploring &Preparing 5 = Planning & Resourcing 9 = Implementing & Operationalising 2=Business as usual	17
HSE National Office for Suicide Prevention (NOSP)	17	17	14=On Track 1=Need Attention 2=Off Track	3 = Exploring &Preparing 11=Planning & Resourcing 3=Implementing & Operationalising	17
HSE Primary Care (PC)	6	6	5=On Track 1=Needs Attention	1 = Exploring &Preparing 4=Planning & Resourcing 1=Implementing & Operationalising	6
HSE Health & Wellbeing (H&W)	3	3	2=On Track 1=Off Track	1=Exploring and Preparing 2=Implementing & Operationalising	3
Department of Education and Skills (DES)	7	7	7=On Track	2 =Planning & Resourcing 3=Implementing & Operationalising 2=Business as usual	7
Department of Transport, Tourism and Sport (DTTAS)	3	3	3=On Track	3=Implementing & Operationalising	3
Department of Agriculture, Food & the Marine (DAFM)	2	2	2=On Track	1=Exploring & Preparing 1=Implementing & Operationalising	2
Department of Employment Affairs & Social Protection (DEASP)	2	2	2=On Track	1=Planning & Resourcing 1=Implementing & Operationalising	2
Department of Rural and Community Development (DRCD)	2	2	1=On Track 1=Needs Attention	1=Exploring & Preparing 1=Implementing & Operationalising	2
Department of Communications Climate Action & Environment (DCCAIE)	1	1	1=On Track	1=Planning & Resourcing	1
Broadcasting Authority of Ireland (BAI)	1	1	1=On Track	1=Business as usual	1
Press Council of Ireland (PCoI)	1	1	1=On Track	1=Business as usual	1
Health & Safety Authority (HSA)	1	1	1=On Track	1=Planning & Resourcing	1
Department of Children & Youth Affairs (DCYA)	1	1	1=On Track	1=Implementing & Operationalising	1
Higher Education Authority (HEA)	3	3	3=Needs Attention	2=Exploring & Preparing 1=Planning & Resourcing	3
Local Authorities	2	2	2=Needs Attention	2=Exploring & Preparing	0
Department of Health (DoH)	9	8	8=On Track	2=Planning & Resourcing 3=Implementing & Operationalising 3=Business as usual	8
Department of Justice/An Garda Siochana/IPS	10	10	7=On Track 3=Needs Attention	1 = Exploring &Preparing 3 = Planning & Resourcing 6 = Implementing & Operationalising	10
Department of Defence	2	2	2=On Track	2=Business as usual	2

KEY CFL IMPLEMENTATION CHALLENGES

Implementation Challenges	CfL Actions Impacted	Lead Agent	Commentary
Planning & Resourcing (staff, financing etc)			
Quality Assurance	2.3.1 Develop Training & Education Plan (for community)	NOSP	<i>(CfL Dashboard entry): Review of existing training capacity identified a reduction in the number of community master trainers available to support new trainers in delivery of training. This has had impact on the scheduled delivery of Train the Trainer programme for ASIST for Q.4. 2018.</i>
	2.3.2 Deliver Training as per Plan for community organisations		
	5.4.1 Develop Training Plan (for those working with 'at risk')		
	5.4.2 Deliver training to staff in relevant government depts.		
Research Planning	3.3.7 Deliver early intervention and psychological support service for young people at secondary care level	HSE MH	<i>(CfL Dashboard entry): Delayed roll out of CAPA* service due to issues in planning of evaluation of CAPA in three learning sites</i>
Staff capacity	2.2.1 Provide community-based organisations with guidelines and protocols on effective suicide prevention	HSE NOSP	<i>(CfL Dashboard entry): Due to competing demands, the NOSP was unable to carry out scoping work as identified for Action 3.1.2. Plan to carry out scoping work agreed for Q.4 2018</i>
	3.1.2 Develop and implement a range of agency and inter-agency operational protocols	HSE NOSP	
	3.3.7 Deliver early intervention and psychological support service for young people at secondary care level, including CAMHS	HSE MH	<i>(CfL Dashboard entry): Recruitment challenges continue in some CHO areas (10.55 WTE vacancies from 85.4 funded consultant posts)</i>
	4.1.5 Deliver a comprehensive approach to managing self-harm presentations through the HSE Clinical Care Programme	HSE MH	<i>(CfL Dashboard entry): There has been a delay in getting data reports to services due to a lack of identified staff within ICT to complete the work due to vacant positions</i>
Systems challenges			
Lack of clarity on remit	1.1.2 Develop/implement Mental Health and Wellbeing Promotion Plan	HSE H&W, DOH HI	<i>(CfL Dashboard entry): Lack of clarity on remit and role for wellbeing and mental health under Healthy Ireland</i>
Engagement	4.1.2 Deliver uniform pathways of care for those with co-morbid addiction and mental health difficulties	HSE MH	<i>(Comment): Ongoing engagement with HSE Primary Care and Addiction Services necessary as part of the Model of Care development</i>
Lack of Consistent Approaches	7.2.2. Collate and report on incidents of suicide through current and expanded health surveillance systems over the life of Connecting for Life.	HSE MH	<i>(CfL Dashboard entry): Not all incident reviews are being entered onto the National Incident Management System across CHO Areas</i>

*CAPA stands for Choice and Partnership Approach. It is an innovative mental health service model which combines personalised care with collaborative practice with service users to enhance effectiveness, leadership and capacity management"

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