



Oifig Náisiúnta um Fhéinmharú a Chosc
HSE Straitéis agus Pleanáil Phobail
Ospidéal Stewart, Baile Phámar, Baile Átha Cliath 20

National Office for Suicide Prevention
HSE Community Strategy and Planning
Stewarts Hospital, Palmerstown, Dublin 20

Tel: 01 6201670 Email: info@nosp.ie



Connecting for Life

Report to the
**National Cross Sectoral Steering and
Implementation Group**
Q4 2018

HSE National Office for Suicide Prevention (13th Dec 2018)

INTRODUCTION

This report gives an outline of *Connecting for Life (CfL)* activity during Quarter 4 of 2018. *CfL* action lead agents were requested to provide an update on the activity of their relevant lead actions during the period Q4, 2018. They were also requested to give an outline of activity proposed to take place in Q1, 2019. This report highlights key suicide prevention activity conducted for this quarter as well as implementation barriers experienced.

Dashboard Templates received and included in this report from:

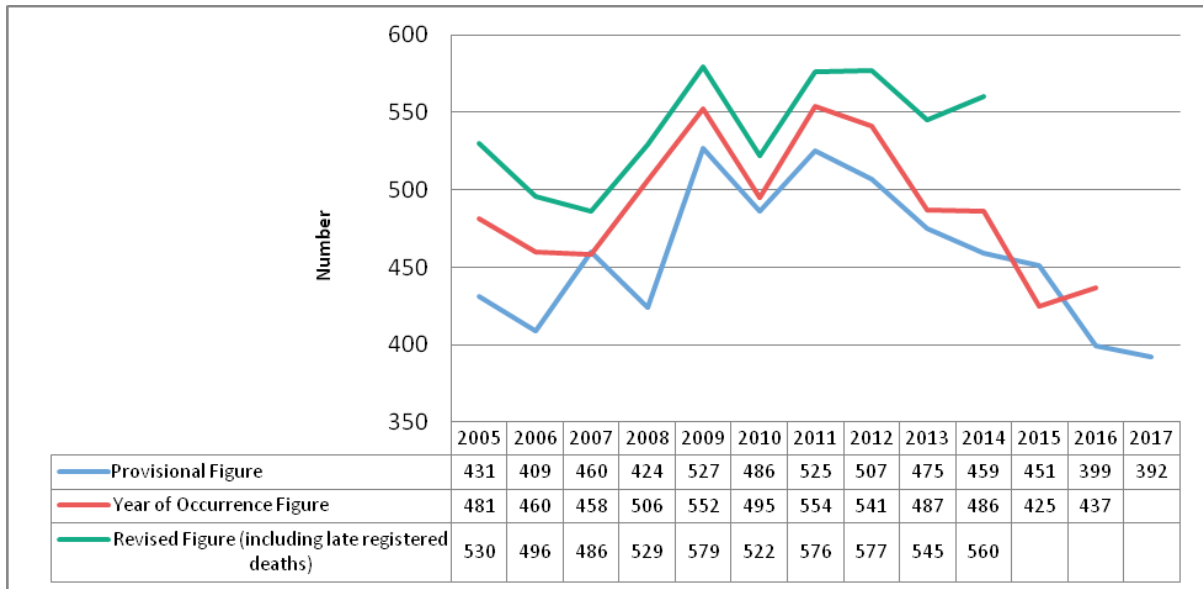
- HSE Mental Health
- HSE National Office for Suicide Prevention
- HSE Primary Care
- HSE Health & Wellbeing
- Broadcasting Authority of Ireland
- Department of Agriculture, Food and the Marine
- Department of Employment Affairs & Social Protection
- Department of Justice & Equality, Irish Prison Service & Probation Service
- Department of Education and Skills
- Press Council of Ireland
- Department of Transport, Tourism & Sport
- Department of Rural and Community Development
- Department of Communications Climate Action & Environment
- Department of Defence
- Department of Children and Youth Affairs/TUSLA
- Department of Health
- Health and Safety Authority/ Department of Jobs, Enterprise and Innovation
- Higher Education Authority

Dashboard Templates not received from the following:

<u>Government Department/State Agency</u>	<u>Actions</u>	<u>Comment (if required)</u>
Local Authorities	5.4.2, 6.2.1	

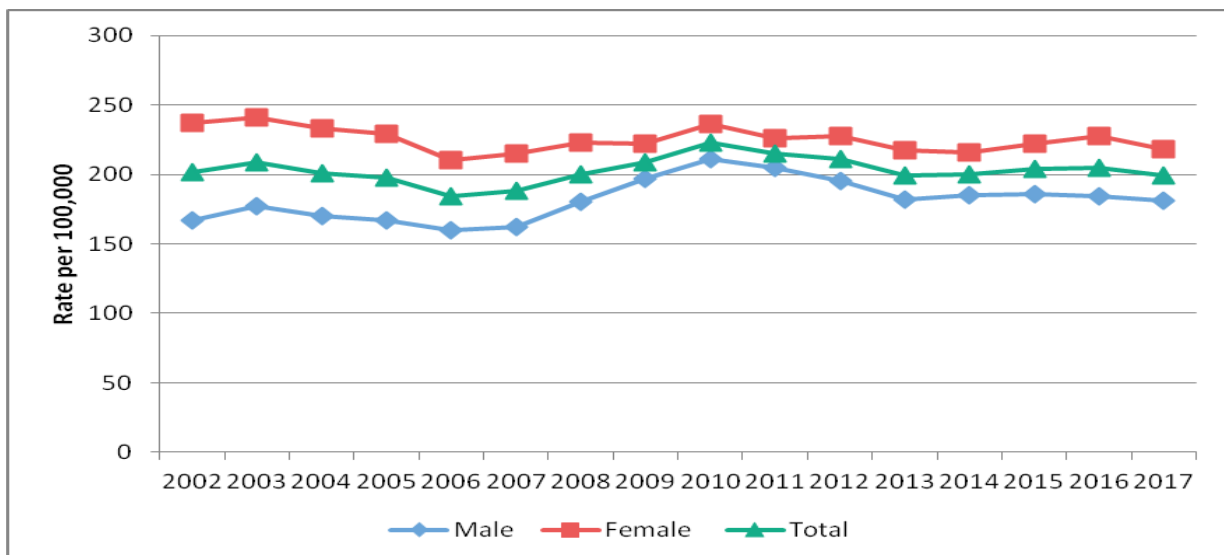
UPDATE ON SUICIDE STATISTICS

On 31 October 2018, the Central Statistics Office (CSO) published *year of occurrence* suicide data for 2016. It shows that there were 437 deaths by suicide (350 Male and 87 Female) in 2016. The CSO also published 'late registered' deaths for 2014 (n=74), which makes up over 13% of the revised suicide figure. The graph below incorporates this latest data as well as giving an outline of the three sets of suicide figures released by the CSO 2005-2017. To view the updated NOSP briefing, click [here](#).



UPDATE ON SELF-HARM STATISTICS

The 2017 National Self-Harm Registry Report was launched on 4 October 2018. The graph below outlines the rate of self-harm by total and gender for the time period 2002-2017.

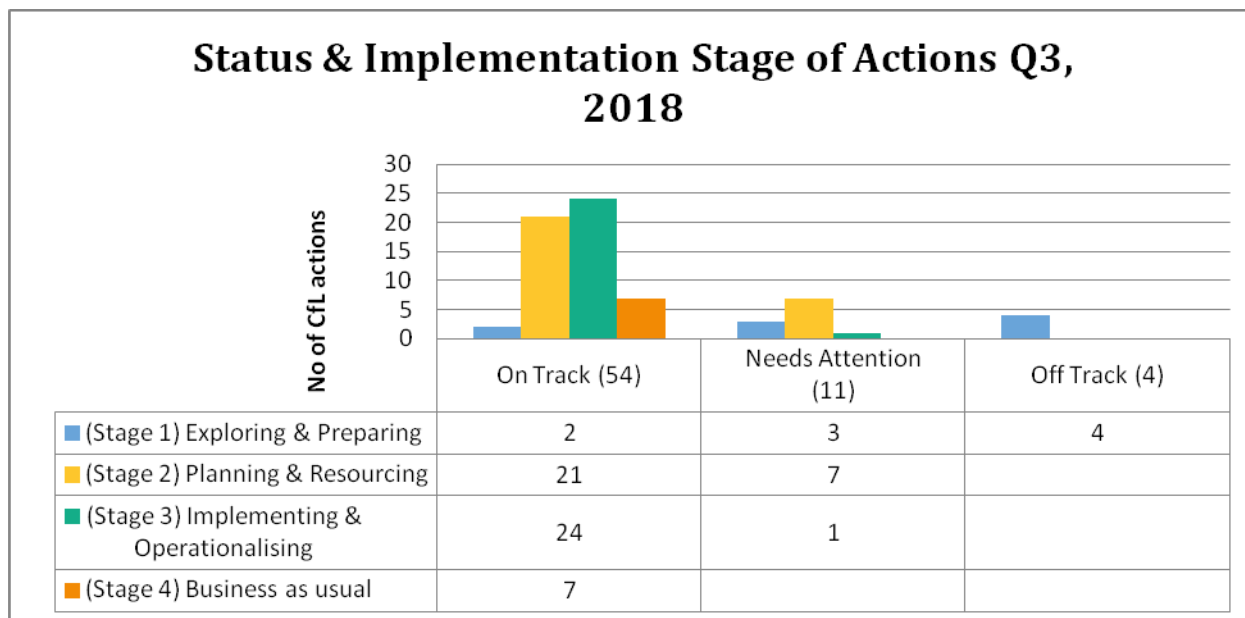


The rate of self-harm in 2017 (199 per 100,000) was 3% lower than 2016. The rate is 11% lower than the peak rate of 223 per 100,000 in 2010. However, the rate in 2017 was still 6% higher than in 2007.

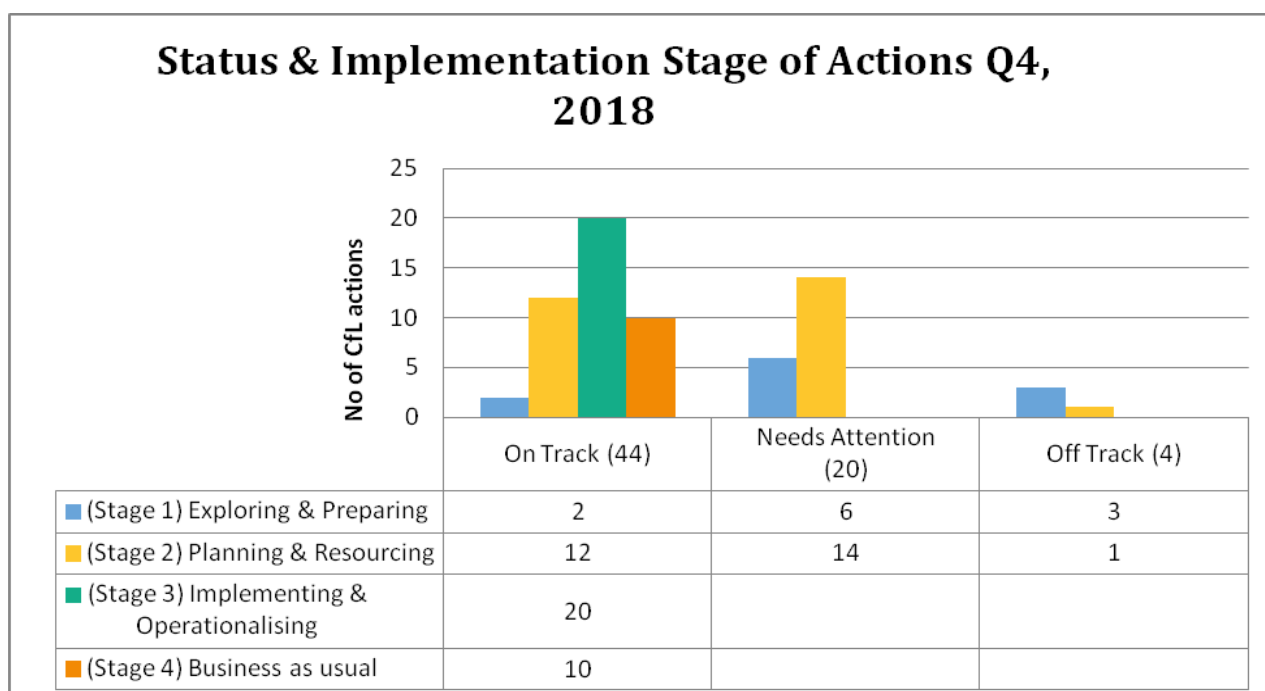
OUTLINE OF *CfL* IMPLEMENTATION PROGRESS (Q3 AND Q4, 2018)

The graphs below give an overview of the status (i.e. On Track, Needs Attention, Off Track) and implementation stage (based on the Centre for Effective Services stages of implementation) of *CfL* actions as of Q3, 2018 and Q4, 2018. It is important to note that the status and implementation stage of actions is self-reported by *CfL* Lead Agents and not linear.

As part of the Q3, 2018 reporting period, out of 69 actions within *CfL*, an update on progress was received for 69 actions. Based on *CfL* activity reported for Q3, the majority of actions (n=28) are in 'Stage 2' implementation.



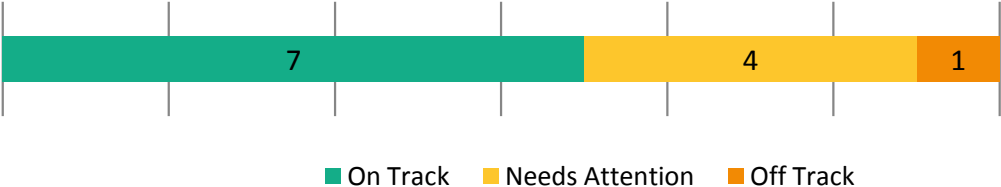
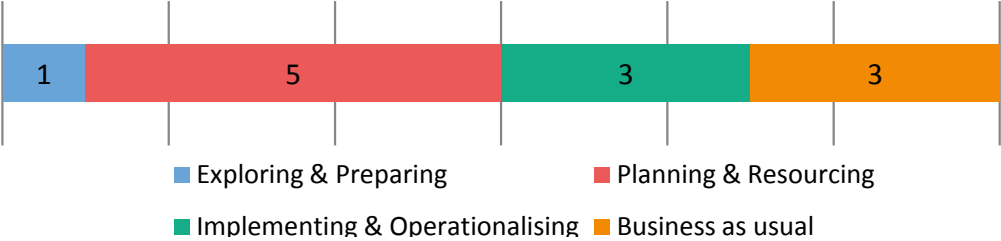
As part of the Q4, 2018 reporting period, out of 69 actions within *CfL*, an update on progress was received for 68 actions. Based on *CfL* activity reported for Q4, the majority of actions (n=27) are in 'Stage 2' implementation.



OVERVIEW OF PROGRESS BY CFL GOAL AS OF Q4, 2018

The tables to follow outline implementation progress by Goal, based on the dashboard templates received as part of this reporting period. It outlines the total number of actions per Goal, number of actions which an update has been received for, the status of implementation and implementation stage. A comment box is also completed where there are areas of concern. Key 'Progress Achieved' is also outlined. Where activity is planned for Q1, 2019 it is stated as Yes (Y)/No (N).

Goal 1: TO IMPROVE THE NATION'S UNDERSTANDING OF, AND ATTITUDES TO, SUICIDAL BEHAVIOUR, MENTAL HEALTH AND WELLBEING

No of Actions: 12		No for which update received:12			
Status of Implementation:					
 <p>■ On Track ■ Needs Attention ■ Off Track</p>					
Implementation Stage:					
 <p>■ Exploring & Preparing ■ Planning & Resourcing ■ Implementing & Operationalising ■ Business as usual</p>					
Analysis by CFL action number:					
Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q1, 2019 (Y/N)
1.1.1 (Measuring suicidal behaviour)	NOSP	Needs Attention	1	Exploration of best population study approach ongoing by NOSP Monitoring and Evaluation Team	Y
1.1.2 (Mental Health & Wellbeing plan)	HSE H&W, DOH HI	Off Track	2	Health Promotion & Improvement transition to CHOs and newly developed HSE Health and Wellbeing national function delaying clarity on planning. DoH HI have also highlighted the need for completion of <i>Vision for Change</i> refresh to inform next steps	N
1.1.3 (Campaigns)	HSE MH	On Track	3	Competing work priorities have led to delay in collation of documentation and research to inform future communication campaigns	Y
1.1.4	HSE PC	On Track	2		Y
1.1.5	DOH HI, DTTAS	On Track	3		Y
1.2.1	HSE MH	On Track	3		Y
1.2.2	HSE MH	On Track	4		Y
1.3.1 (Stigma reduction)	NOSP	Needs Attention	2	Delayed timelines as part of the finalisation of SeeChange external evaluation has impacted on setting recommendations as part of the stigma reduction campaign	Y
1.4.1 (online platforms)	DCCAE	Needs Attention	2	Slower than expected finalisation of 'Statement of Good Practice' and supplementary communications materials	Y
1.4.2	DCCAE/BAI	On Track	4		Y
1.4.3	PCoI	On Track	4		Y
1.4.4 (Media Reporting)	NOSP	Needs Attention	2	Slower than expected delivery as part of the publication and dissemination of new media guidelines	Y
Key Progress Achieved (outlined on next page)					

Key Progress Achieved Goal 1

CAMPAIGNS & COMMUNICATIONS – EVIDENCE OF PROGRESS

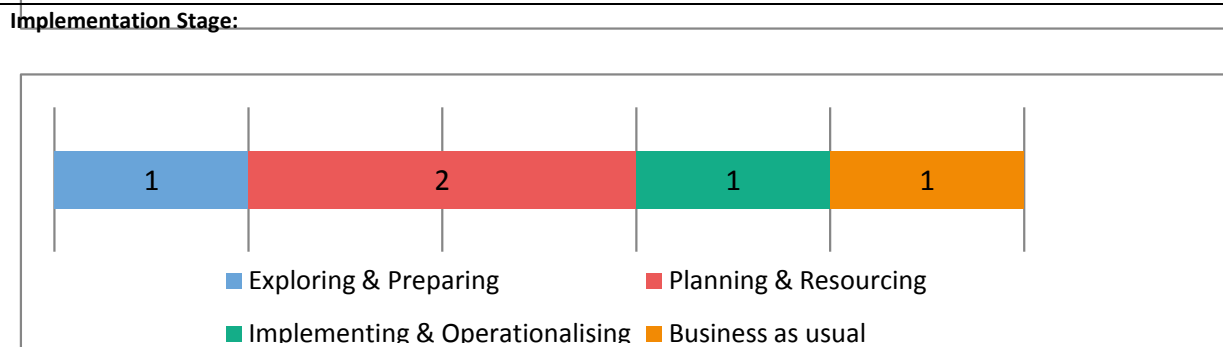
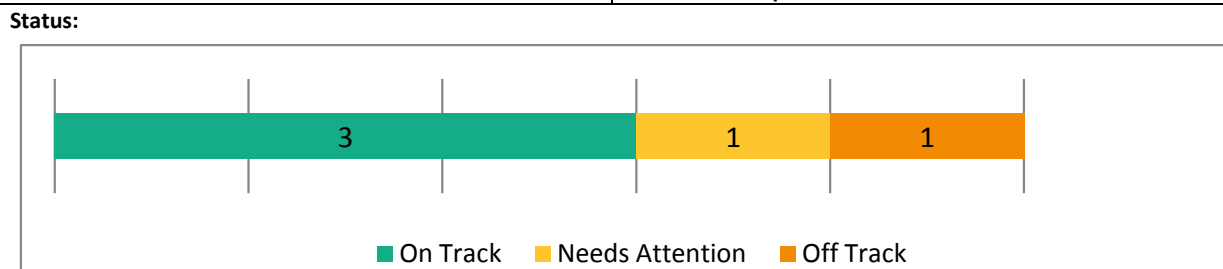
- A new radio ad signposting to the re-developed ymh.ie site was launched on 10th October along with a new logo for the website (Action 1.1.3)
- Version 4 of the National Directory of Mental Health Services is available on the HSE intranet (Action 1.2.1)
- Little Things campaign for Post Primary launched in Nov as well as the provision of funding of a campaign for 3rd level students and co-development of same with Union of Students of Ireland (USI). (Action 1.2.2)
- Headline rebrand and re-launch completed (Action 1.4.4)

IMPROVED SERVICE DELIVERY- EVIDENCE OF PROGRESS

- Publication of Community Sports Hub evaluation by Sport Ireland (Action 1.1.5)

Goal 2: TO SUPPORT LOCAL COMMUNITIES' CAPACITY TO PREVENT AND RESPOND TO SUICIDAL BEHAVIOUR

No of Actions: 5	No for which update received: 5
------------------	---------------------------------



Analysis by Cfl action number:

Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q1, 2019 (Y/N)
2.1.1	HSE MH	On Track	4		Y
2.2.1 (Community Guidelines)	NOSP	Off Track	1	Delays in NOSP completing the requested scoping work in advance of convening the national working group. Working group meeting to take place early 2019.	Y
2.3.1	NOSP	On Track	2	Delay in analysis of 2018 suicide prevention training impacting on planning a targeted approach to training in 2019. Also delay in finalisation of online training programme.	Y
2.3.2 (Training Plan)	NOSP	Needs Attention	2		Y
2.3.3	HSE H&W	On Track	3		N

Key Progress Achieved

CFL LOCAL AREA PLANNING PROCESS- EVIDENCE OF PROGRESS

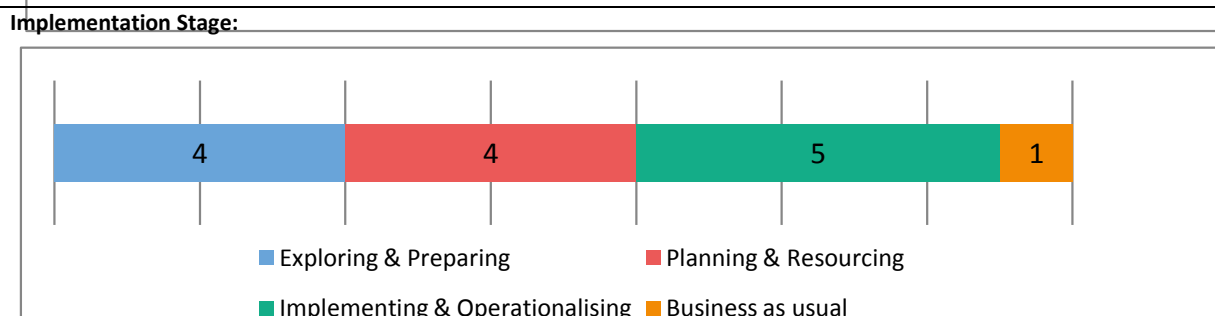
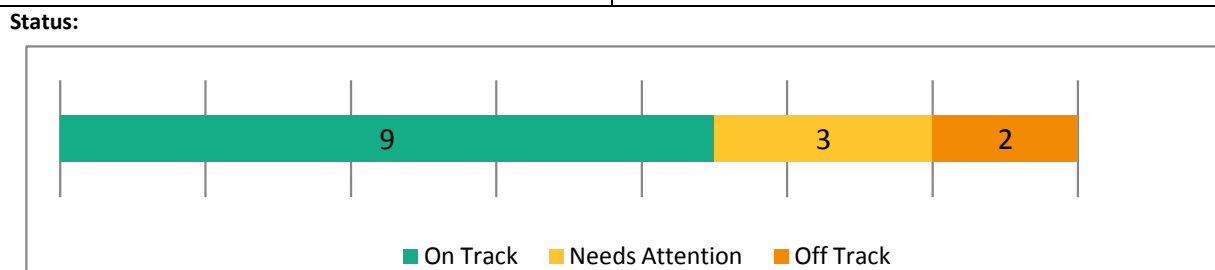
- Launch of final two Cfl Plans launched (17/17 plans) (Action 2.1.1)

CAPACITY BUILDING- EVIDENCE OF PROGRESS

- On-going delivery of suicide prevention training to individuals throughout Q4; safeTALK (n=2,769), ASIST (n=807), ASIST Tune-Up (n=28), Understanding Self-Harm (n=455), STORM (n=38) (Action 2.3.1) ***Note** Templemore Garda College not included in figures
- As part of the implementation of action 2.3.3:
 - Mindout: 100 teachers trained (2 courses due to run in Dec & 2 courses took place in late Nov, no numbers available as of yet).
 - Zippy's Friends: 137 teachers trained (two further courses taking place in Dec).
 - Delivery of Minding Your Wellbeing to 277 HSE staff through Health Promotion & Improvement.
 - Delivery of Youth mental Health Workshops in collaboration with Jigsaw to 76 people working with young people in paid or voluntary positions.

Goal 3: TO TARGET APPROACHES TO REDUCE SUICIDAL BEHAVIOUR AND IMPROVE MENTAL HEALTH AMONG PRIORITY GROUPS

No of Actions: 14 **No for which update received:14**



Analysis by Cfl action number:

Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q1, 2019 (Y/N)
3.1.1	DAFM, DOH, DJE, DEASP, DCYA/TUSLA, DRCDD, DOD, DTTAS	Off Track	1	Delays in NOSP completing the requested scoping work in advance of convening the national working group. Working group meeting to take place early 2019.	Y
3.1.2 (Protocols)	NOSP, HSE: AH, PC & MH, IPS/An Garda Siochana, Non-statutory partners	Off Track	1		Y
3.1.3	HSE PC	On Track	3		Y
3.1.4 (Evaluation RE: Priority Groups)	NOSP	Needs Attention	1	NOSP will focus on conducting work relating to priority groups in 2019.	Y
3.1.5 (Health & Social Care Training)	NOSP	Needs Attention	1	NOSP Clinical Lead retired – No current replacement	Y
3.1.6	HSE H&W	On Track	3		N
3.2.1	HSE PC	On Track	2		Y
3.3.1	DES	On Track	2		Y
3.3.2	DES	On Track	3		Y
3.3.3 (Guidance)	HEA	Needs Attention	2	Inaugural working group meeting to take place on 20/12/2018	N
3.3.4	DES	On Track	4		Y
3.3.5	DES	On Track	3		Y
3.3.6	HSE PC	On Track	2		Y
3.3.7	HSE MH	On Track	3		Y

Key Progress Achieved

IMPROVED SERVICE DELIVERY- EVIDENCE OF PROGRESS

— Planning underway as part of the launch (in January) of the HSE National Intercultural Strategy (Action 3.1.3)

CAPACITY BUILDING- EVIDENCE OF PROGRESS

— In partnership with ICGP, GP Suicide Response Training continued with 'train the trainer' events (19 GPs trained) (Action 3.1.5).

— Engage training delivered to 263 participants (Action 3.1.6).

— Women's Mental Health research published and launched by National Women's Council: Out of Silence, Women's Mental Health in their Own Words. The report is available [here](#). (Action 3.1.6).

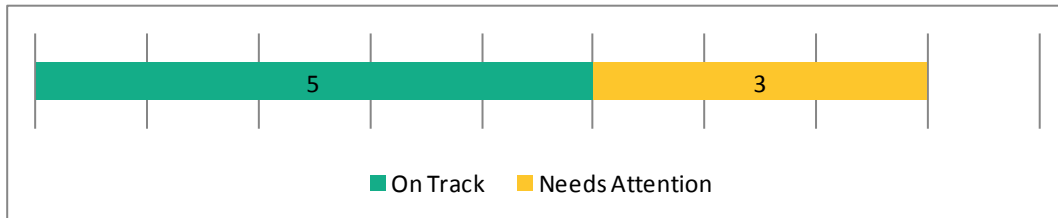
— Talk on Building Resilience and Mental Fitness delivered to Dept Agriculture, Food & the Marine staff in Oct, which was also made available in 20 other locations via video conferencing. (Continued on Next Page)

- Teachers from 405 out of 750 post primary schools have received Critical Incident training from NEPS on the revised 'NEPS Critical Incidents: Guidelines and Resources for schools' since 2016 (Action 3.3.2).
- Teachers from 353 out of 3200 Primary schools have received Critical Incident training from NEPS on the revised 'NEPS Critical Incidents: Guidelines and Resources for schools' since 2016 (Action 3.3.2).

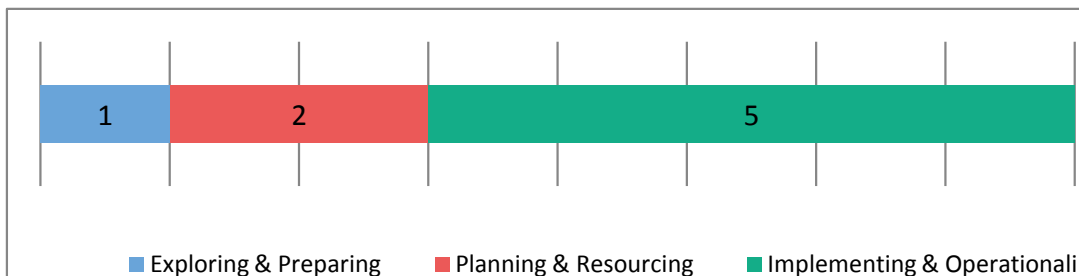
Goal 4: TO ENHANCE ACCESSIBILITY, CONSISTENCY AND CARE PATHWAYS OF SERVICES FOR PEOPLE VULNERABLE TO SUICIDAL BEHAVIOUR

No of Actions: 8 **No for which update received:8**

Status:



Implementation Stage:



Analysis by Cfl action number:

Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q1, 2019 (Y/N)
4.1.1 (7/7 Service delivery)	HSE MH	On Track	3	(i) Delays in Snr Social Worker recruitment due in part to delay in local services convening both short listing and interview dates, and NRS delays in progressing the campaign due to staff on sick leave. (ii) Issues continue re recruitment and retention in Dublin with 3 Clinical Nurse Specialist posts still vacant despite new CNS panel.	Y
4.1.2 (uniform pathways of care)	HSE MH	Needs Attention	2	Though the status of action is 'Needs Attention', no major new issues have been reported as part of this quarter.	Y
4.1.3 (Needs of those in the criminal justice system)	DJE	Needs Attention	1	Probation service stated meetings are not prioritised by the Central Mental Hospital (CMH) and not possible to generate any actions in relation to the provision of joint mental health training between CMH staff and Probation Service.	
4.1.4 (Uniform assessments)	HSE MH	Needs Attention	2	Though the status of action is 'Needs Attention', no major new issues have been reported as part of this quarter.	Y
4.1.5	HSE MH	On Track	3		Y
4.2.1	HSE: MH, PC	On Track	3		Y
4.3.1	HSE MH	On Track	3		Y
4.3.2	HSE MH	On Track	3		Y

Key Progress Achieved

CAPACITY BUILDING- EVIDENCE OF PROGRESS

- 39 out of 48 posts recruited as part of the 7/7 service delivery (34 out of 38 nursing posts and 5 out of 10 Health & Social Care Professional grades). Newly appointed G.M. in Mental Health Services Operations to ensure 7/7 service delivery becomes part of Business as usual (Action 4.1.1)

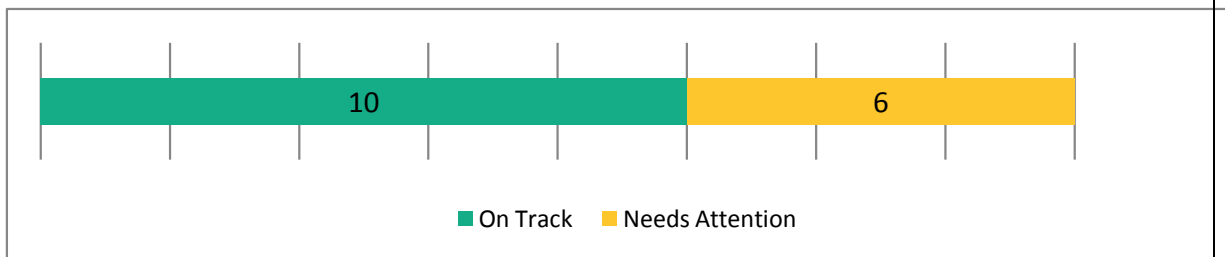
IMPROVED SERVICE DELIVERY- EVIDENCE OF PROGRESS

- Jigsaw service fit evaluation report has been published and the recommendations are being utilised in service planning (Action 4.2.1).

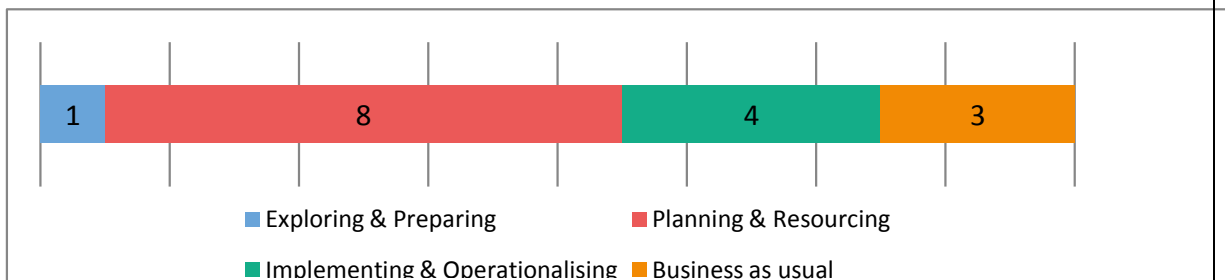
Goal 5: TO ENSURE SAFE AND HIGH QUALITY SERVICES FOR PEOPLE VULNERABLE TO SUICIDE

No of Actions: 16 **No for which update received:16**

Status:



Implementation Stage:



Analysis by Cfl action number:

Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q1, 2019 (Y/N)
5.1.1 (Best Practice Guidance)	NOSP	Needs Attention	2	Charity Regulator launched Charities Governance Code – guidance to take account of this	Y
5.1.2	DES	On Track	2		Y
5.1.3	DES	On Track	4		Y
5.1.4	DOH	On Track	3		Y
5.1.5	NOSP, DJE	On Track	3		Y
5.2.1 (Uniform response)	HSE MH	Needs Attention	2	Though the status of action is 'Needs Attention', no major new issues have been reported as part of this quarter.	Y
5.2.2 (TUSLA data systems)	DCYA/TUSLA	Needs Attention	2	Meeting to be arranged between NOSP and TUSLA data contact RE: Data systems and information requirements as part of Cfl.	Y
5.2.3	HSE MH	On Track	4		Y
5.3.1	DJE	On Track	3		Y
5.3.2 (Policies)	DJE	Needs Attention	2	Resources required to finalise policies	Y
5.3.3	DJE	On Track	3		Y
5.4.1	NOSP	On Track	2		Y
5.4.2	DAFM, DOH, DJE/IPS, DEASP, DES, DCYA/TUSLA, HSA, DOD, DRCD, LA	On Track	2		Y
5.4.3 (Ed to health professionals)	DOH	Needs Attention	1	Health & Social Care Regulatory Forum stated this is out of their remit. DoH have wrote to the 5 regulatory bodies to seek assistance	Y
5.4.4	TBC	Needs Attention	2	Dept of Health have made advances in terms of working towards incorporating suicide prevention training as part of Nursing Degree	Y
5.4.5	DOH	On Track	4		N

Key Progress Achieved (outlined on next page)

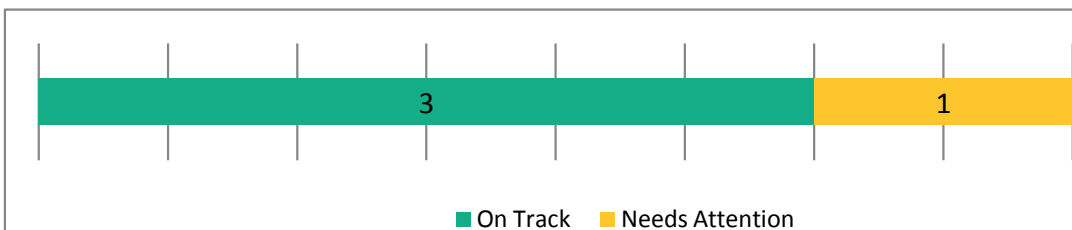
CAPACITY BUILDING- EVIDENCE OF PROGRESS

- Training has continued across all CHOs as part of the implementation of the HSE Incident Management Policy Framework (Action 5.2.3)
- Under Action 5.4.2:
 - Roll out of the STORM training continuing within the Probation Service. Currently 4 trainers have been trained and they have rolled out the training to 24 staff members.
 - 92 staff received stress awareness training to date in 2018 in Dept of Employment Affairs and Social Protection.
 - 112 staff within TUSLA received safeTALK in 2018.

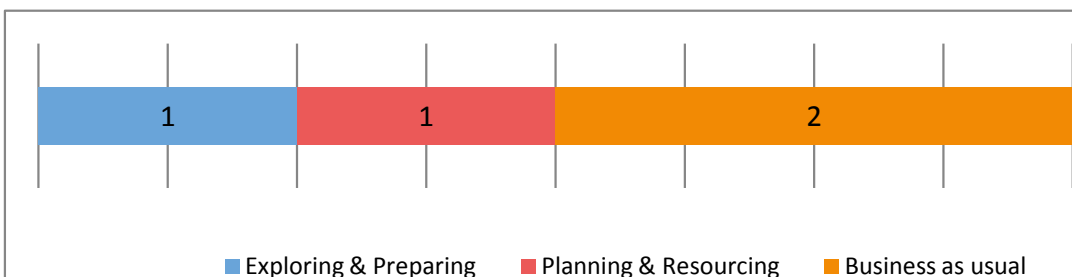
Goal 6: TO REDUCE AND RESTRICT ACCESS TO MEANS OF SUICIDAL BEHAVIOUR

No of Actions: 5 **No for which update received:4**

Status:



Implementation Stage:



Analysis by Cfl action number:

Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q1, 2019 (Y/N)
6.1.1 (Appropriate prescribing)	DOH	Needs Attention	1	Health & Social Care Regulatory Forum advised this action is out of their remit. Contact has been made by Dept of Health in relation to seeking assistance from the Medicines Management Programme (no reply to date)	Y
6.1.2	DOH	On Track	4		N
6.2.1	LA				
6.2.2	HSE MH	On Track	4		Y
6.2.3	DJE	On Track	2		Y

Key Progress Achieved

IMPROVED SERVICE DELIVERY- EVIDENCE OF PROGRESS

- Compliance among mental health service approved centres with the Mental Health Commission’s Regulation 22 (premises) is being used as an indicator of environmental safety especially as compliance relates to ligature points. The 2017 data indicated that 45 approved centres were not compliant with the regulation and in the case of 30 centres the availability of potential ligature points was cited. (Action 6.2.2)

Goal 7: TO IMPROVE SURVEILLANCE, EVALUATION AND HIGH QUALITY RESEARCH RELATING TO SUICIDAL BEHAVIOUR

No of Actions: 9		No for which update received: 9			
Status:					
<p>■ On Track ■ Needs Attention</p>					
Implementation Stage:					
<p>■ Exploring & Preparing ■ Planning & Resourcing ■ Implementing & Operational</p>					
Analysis by Cfl action number:					
Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q1, 2019 (Y/N)
7.1.1	NOSP	On Track	2		Y
7.2.1 (observation & info gathering)	DJE, DCYA/TUSLA	Needs Attention	2	Meeting to be arranged between NOSP and TUSLA data contact RE: Data being collected that could inform implementation of action	Y
7.2.2	HSE MH	On Track	3		Y
7.2.3	NOSP	On Track	2		Y
7.3.1	DJE	On Track	3		Y
7.4.1	NOSP	On Track	1		Y
7.4.2 (Streamline research)	HEA	Needs Attention	2	Inaugural working group meeting to take place on 20/12/2018	N
7.4.3	NOSP	On Track	1		Y
7.4.4	NOSP	On Track	2		Y
Key Progress Achieved					
<p>ENGAGING WITH EVIDENCE- EVIDENCE OF PROGRESS</p> <ul style="list-style-type: none"> Second meeting of the Cfl Mid-Strategy Review Meeting took place on 12/11/2018 amongst members of the Evaluation Advisory Group to get consensus on action activity ratings and begin to set strategy recommendations(Action 7.1.1) <p>INCREASED COLLABORATION- EVIDENCE OF PROGRESS</p> <ul style="list-style-type: none"> HSE NOSP hosted a further 'Show and Tell' event on 26/11/2018, inviting NGO funded partners to present to the NOSP Monitoring and Evaluation (M&E) Team on innovative approaches to suicide prevention (5 NGO partners presented). This will inform the M&E team's programme of work related to evaluation support requirements (Action 7.4.4) 					

OVERVIEW OF PROGRESS BY CFL ACTION LEAD AGENT

The table below gives an outline of the self-reported implementation progress by HSE Area for Q4, 2018 as well as outlining as to whether or not activity is planned to take place in Q1, 2019.

Name of Government Department /State Agency	Number		Status	Implementation Stage	No. actions for which activity planned Q1, 2019
	Lead Actions assigned	for which update received Q4 2018			
HSE Mental Health (MH)	17	17	12=On Track 4= Need Attention 1=Off Track	1 = Exploring &Preparing 3 = Planning & Resourcing 9 = Implementing & Operationalising 4=Business as usual	17
HSE National Office for Suicide Prevention (NOSP)	17	17	8=On Track 7=Need Attention 2=Off Track	6 = Exploring &Preparing 10=Planning & Resourcing 1=Implementing & Operationalising	17
HSE Primary Care (PC)	6	6	5=On Track 1=Needs Attention	1=Exploring & Preparing 5=Planning & Resourcing	6
HSE Health & Wellbeing (H&W)	3	3	2=On Track 1=Off Track	1=Planning & Resourcing 2=Implementing & Operationalising	0
Department of Education and Skills (DES)	7	7	7=On Track	2=Planning & Resourcing 2=Implementing & Operationalising 3=Business as usual	7
Department of Transport, Tourism and Sport (DTTAS)	3	3	3=On Track	3=Implementing & Operationalising	3
Department of Defence (DoD)	2	2	2=On Track	1=Implementing & Operationalising 1=Business as usual	2
Department of Agriculture, Food & the Marine (DAFM)	2	2	2=On Track	1=Planning & Resourcing 1=Implementing & Operationalising	2
Department of Employment Affairs & Social Protection (DEASP)	2	2	1=On Track 1=Needs Attention	1=Planning & Resourcing 1=Implementing & Operationalising	2
Department of Rural and Community Development (DRCD)	2	2	1=On Track 1=Needs Attention	1=Exploring & Preparing 1=Planning & Resourcing	2
Department of Communications Climate Action & Environment (DCCA)	1	1	1=Needs Attention	1=Planning & Resourcing	1
Broadcasting Authority of Ireland (BAI)	1	1	1=On Track	1=Business as usual	1
Press Council of Ireland (PCoI)	1	1	1=On Track	1=Business as usual	1
DCYA/TUSLA	4	4	4=Need Attention	4=Planning & Resourcing	4
Health and Safety Authority (HSA)	1	1	1=On Track	1=Planning & Resourcing	1
Higher Education Authority (HEA)	2	2	2=Need Attention	2=Planning & Resourcing	0
Dept of Health (DoH)	9	9	5=On Track 2=Need Attention 2=Off Track	3=Exploring & Preparing 1=Planning & Resourcing 1=Implementing & Operationalising 3=Business as usual	7
Dept of Justice & Equality (DJE)/Irish Prison Service (IPS)/ Probation Service	10	10	7=On Track 3=Need Attention	1=Exploring & Preparing 3=Planning & Resourcing 6=Implementing & Operationalising	10

Report compiled by: Hugh Duane (NOSP)

For further information, contact: Hugh Duane, National Office for Suicide Prevention, HSE Community Strategy and Planning, Stewart's Hospital, Palmerstown, Dublin 20 T: 01 6201674 E: hugh.duane@hse.ie