



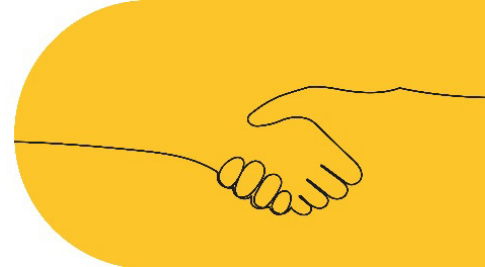
County Roscommon

Addiction Services	Telephone	Website
Al-Anon & Al-Ateen	01 873 2699	www.al-anon.org
Alcohol & Drugs Helpline	1800 459 459	www.drugs.ie
Alcoholics Anonymous - Connaught	089 2109824	www.alcoholicsanonymous.ie
Gamblers Anonymous	01 872 1133	www.gamblersanonymous.ie
SMART Recovery, Galway & Roscommon (support group)		www.smartrecovery.ie
Bereavement Services	Telephone	Website
Anam Cara (Parental & Sibling Bereavement Support)	01 404 5378	www.anamcara.ie
Barnardos Children's Bereavement Service	01 473 2110	www.barnardos.ie
HUGG	01 5134048	www.hugg.ie
Jacinta's Smile Sibling Bereavement Support	090 6625898	www.jacintasmile.ie
National Bereavement Support Line	1800 80 70 77	
Suicide Bereavement Liaison Service: Roscommon	085 740 7856	www.vitahouse.org
Counselling Services	Telephone	Website
APSI, Access to Psychological Services Ireland	090 666 5020	www.apsi.ie
Boyle Family Resource Centre, Roscommon	071 96 63000	www.boylefrfc.ie
Helplink Support Services	0818 998 880	www.helplink.ie
HSE Counselling in Primary Care	091 583 682	www.hse.ie
HSE National Counselling Service	1800 234 114	www.hse.ie
Turn2Me Online Counselling & Support Groups		www.turn2me.org
Vita House, Roscommon	090 66 25898	www.vitahouse.org
Youth Work Ireland, Youth Counselling Service	086 024 7763	www.youthworkireland.ie
Family Services	Telephone	Website
HSE Child & Adolescent Psychology, Roscommon	090 66 65020	www.hse.ie
Parent Line	01 8733500	www.parentline.ie
Tusla, Family Support Services,		www.tusla.ie
Tusla, Social Work Department.		www.tusla.ie
Mental Health Services	Telephone	Website
Aware (support for depression and anxiety)	1800 804 848	www.aware.ie
Bodywhys (support for eating disorders)	01 2107906	www.bodywhys.ie
GROW	0818 474474	www.grow.ie
Access to Psychological Services Ireland	090 66 65020	www.apsi.ie
Peer Advocacy in Mental Health	01 5470510	www.peeradvocacyinmentalhealth.com
Jigsaw, Roscommon	090 66 43010	www.jigsaw.ie
Recovery College, Roscommon/East Galway	086 1304869	www.recoverycollegewest.ie
Shine	01 8601610	www.shine.ie





Let's Talk About Suicide Support Services



Other	Telephone	Website
Crime Victims Helpline	116 006	
HSE National Information Helpline (HSE Live)	1800 700 700	www.hse.ie
LGBT National Helpline	1800 929 539	www.lgbt.it
MABS Helpline	0818 072000	www.mabs.ie
Men's Aid Ireland	01 5543811	www.mensaid.ie
Nowdoc (North Roscommon out of hours GP)	1850 400 911	
Roscommon Women's Network(RWN)	094 9621690	www.rwn.ie info@rwn.ie
Sexual Health West (formerly Aids West)	091 566266	www.sexualhealthwest.ie
Senior Line (listening service for older people)	1800 804 591	www.thirdageireland.ie/seniorline
ShOUT (LGBT and questioning, ages 14-17 and 18-21 years)	087 659 5534	
St. Vincent de Paul	01 8848200	www.svp.ie ; info@svp.ie
Transgender Equality Network Ireland	01 8733575	www.teni.ie
Westdoc (Roscommon out of hours GP)	0818 360000	www.westdoc.ie

