

If you use social media, and come across a post, video, picture, article or link to a website that promotes suicide or self-harm, you should report it to the platform directly. This is the best and quickest way of having it reviewed and removed.

> Download or order a helpful information booklet: Reporting Social Media Content that Promotes Suicide or Self-harm on

www.healthpromotion.ie





Seirbhís Sláinte | Building a Níos Fearr á Forbairt

Better Health Service