

Oifig Náisiúnta um Fhéinmharú a Chosc HSE Straitéis agus Pleanáil Phobail Ospidéal Stewart, Baile Phámar, Baile Átha Cliath 20

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# Report to the

# **National Cross Sectoral Steering and Implementation Group**

Q2 2018

HSE National Office for Suicide Prevention (19<sup>th</sup> July 2018)

#### Introduction

This report gives an outline of *Connecting for Life (CfL)* activity during Quarter 2 of 2018. *CfL* action lead agents were requested to provide an update on the activity of their relevant lead actions during the period Q2, 2018. They were also requested to give an outline of activity proposed to take place in Q3. This report highlights key suicide prevention activity conducted for this quarter as well as implementation barriers experienced.

#### Dashboard Templates received and included in this report from:

- HSE Mental Health
- HSE National Office for Suicide Prevention
- HSE Primary Care
- HSE Health & Wellbeing
- Department of Health
- Broadcasting Authority of Ireland
- Department of Agriculture, Food and the Marine
- Department of Employment Affairs & Social Protection
- Department of Justice/An Garda Siochána/IPS
- Department of Education
- Press Council of Ireland
- Department of Transport, Tourism & Sport
- Department of Rural and Community Development
- Department of Communications Climate Action & Environment
- Department of Defence
- Health and Safety Authority/ Department of Jobs, Enterprise and Innovation
- Higher Education Authority

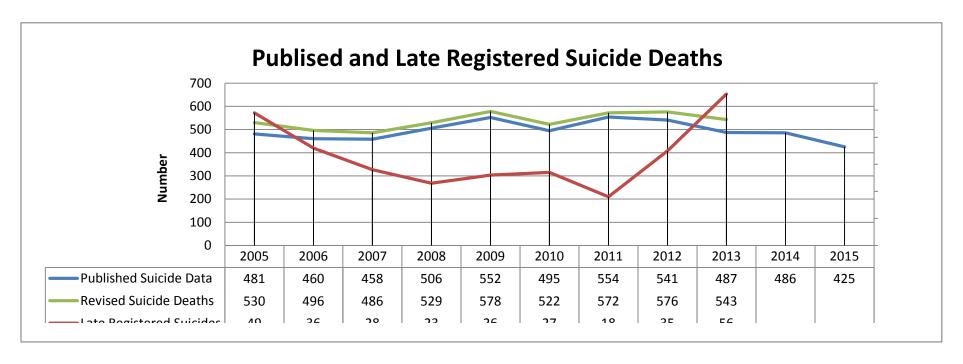
#### <u>Dashboard Templates not received from the following:</u>

<u>Government</u>	Actions	Comment (if required)		
<b>Department/State Agency</b>				
Department of Children	3.1.1, 5.2.2, 5.4.2, 7.2.1	No update on progress on actions received since		
and Youth Affairs/TUSLA		Q3, 2017 – Email sent from Fergal Conlon, DCYA,		
		on 19/06/2018 to John Meehan advising of		
		change of role within Dept and advised he would		
		get a former colleague to contact NOSP with		
		update, but to date no update received.		
Local Authorities	5.4.2, 6.2.1	Email sent to NOSP (03/07/2018) advising that		
		Dashboard is being completed (not received to		
		date).		
HSE Acute Hospitals	3.1.2	Engagement with HSE Acute Hospitals ongoing.		
		Jim Ryan (HSE Mental Health) to email Liam		
		Woods (HSE Acute Hospitals).		

### **Update on Suicide Statistics**

On 30 May 2018, the CSO published *year of registration* suicide data for 2017. It shows that there were 392 deaths by suicide (312 Male and 80 Female) registered in 2017. The *year of registration* figure for 2016 is 399 (318 Male and 81 Female). *Year of registration* data will be subject to change. Currently, 2015 is the most recent year in which *year of occurrence* data is available for. To view the updated NOSP briefing, which incorporates the latest *year of registration* data, click here.

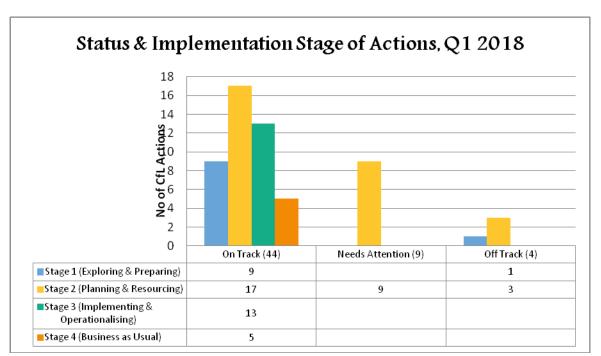
The graph below outlines the trend in suicide numbers over the time period 2005 to 2015. This graph also includes late registered suicide deaths, deaths in years for which the CSO have already published *year of occurrence* data for. This graph shows the variance between the published *year of occurrence* data and the revised suicide data, which incorporates late registered suicide deaths. Of note, late registered deaths by suicide made up over 10% of the revised suicide figure for 2013. The number of late registered suicide deaths for the years 2014 and 2015 is currently not available.



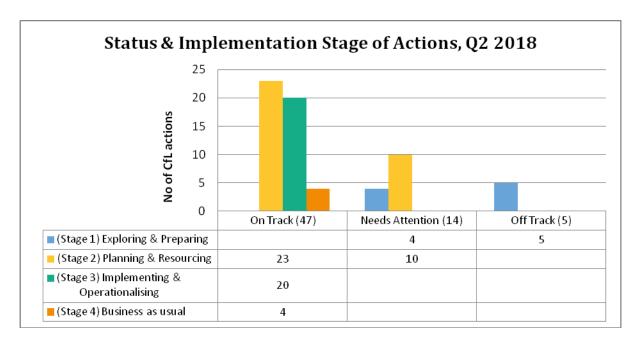
## Outline of CfL Implementation Progress (Q1 and Q2, 2018)

The graphs below give an overview of the status (i.e. On Track, Needs Attention, Off Track) and implementation stage (based on the Centre for Effective Services stages of implementation) of *CfL* actions as of Q1, 2018 and Q2, 2018. It is important to note that the status and implementation stage of actions is self-reported by *CfL* Lead Agents and not linear.

As part of the Q1, 2018 reporting period, out of 69 actions within *CfL*, an update on progress was received for 57 actions.



As part of the Q2, 2018 reporting period, out of 69 actions within *CfL*, an update on progress was received for 66 actions.

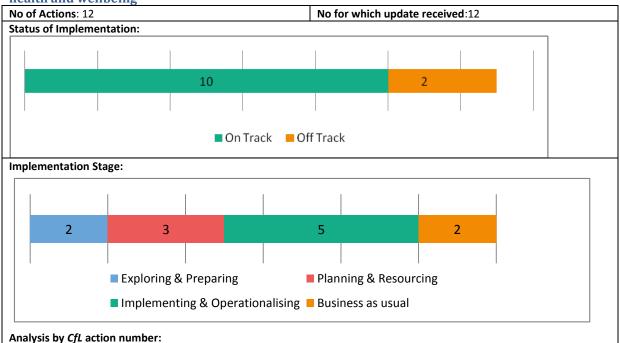


Based on CfL activity reported for Q2, the majority of actions (n=33) are in 'Stage 2' implementation.

### Overview of Progress by CfL Goal as of Q2, 2018

The tables to follow outline implementation progress by Goal, based on the dashboard templates received as part of this reporting period. It outlines the total number of actions per Goal, number of actions which an update has been received for, the status of implementation and implementation stage. A comment box is also completed where there are areas of concern. Key 'Progress Achieved' is also outlined. Where activity is planned for Q3, 2018 it is stated as Yes (Y)/No (N).

Goal 1: To improve the nation's understanding of, and attitudes to, suicidal behaviour, mental health and wellbeing



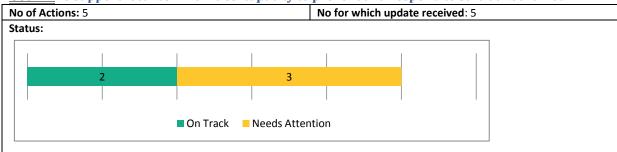
Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q3, 2018 (Y/N)
1.1.1	NOSP	Off Track	1	Health Ireland Survey Advisory Group refused NOSP's proposal regarding inclusion of suicide specific questions as part of the next wave of the survey. This has a significant impact in terms of the implementation of this action by 2020.	Y
1.1.2	HSE H&W, DOH HI	Off Track	1	Delay in formation of steering group for National Mental Health & Wellbeing Promotion Plan.	Y
1.1.3	HSE MH	On Track	3		Υ
1.1.4	HSE PC	On Track	2		Y
1.1.5	DOH HI, DTTAS	On Track	3		Υ
1.2.1	HSE MH	On Track	3		Y
1.2.2	HSE MH	On Track	3		Y
1.3.1	NOSP	On Track	3		Y
1.4.1	DCCAE	On Track	2		Υ
1.4.2	DCCAE/BAI	On Track	4		Υ
1.4.3	PCol	On Track	4		Υ
1.4.4	NOSP	On Track	2		Υ

#### **Key Progress Achieved**

Campaigns & Communications – evidence of progress

- Green Ribbon campaign completed in May. This year also saw a targeted healthcare anti-stigma activity completed on a pilot basis (ACTION 1.3.1)
- CAHMS FAQ videos went live on ymh.ie -Collectively, the four videos have been viewed 345 times as of 10/07/2018) (ACTION 1.2.2)

Goal 2: To support local communities' capacity to prevent and respond to suicidal behaviour



#### **Implementation Stage:**



#### Analysis by CfL action number:

Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q3, 2018 (Y/N)
2.1.1	HSE MH	On Track	3		Y
2.2.1	NOSP	Needs	1	Action links with the working group	Υ
		Attention		established under Action 3.1.2	
2.3.1	NOSP	Needs	2	Significant delays in recruitment process	Υ
		Attention		impacting on development of training	
2.3.2	NOSP	Needs	2	plan – NOSP Training Officer now in	Υ
		Attention		post	
2.3.3	HSE H&W	On Track	3		Υ

#### **Key Progress Achieved**

#### CfL local area planning process- evidence of progress

- Kilkenny and CHO 9 CfL plans launched. To date, 16/17 plans have been published (ACTION 2.1.1)
- NOSP conducted work with the PMO in relation to monitoring the implementation of local area CfL plans (ACTION 2.1.1)

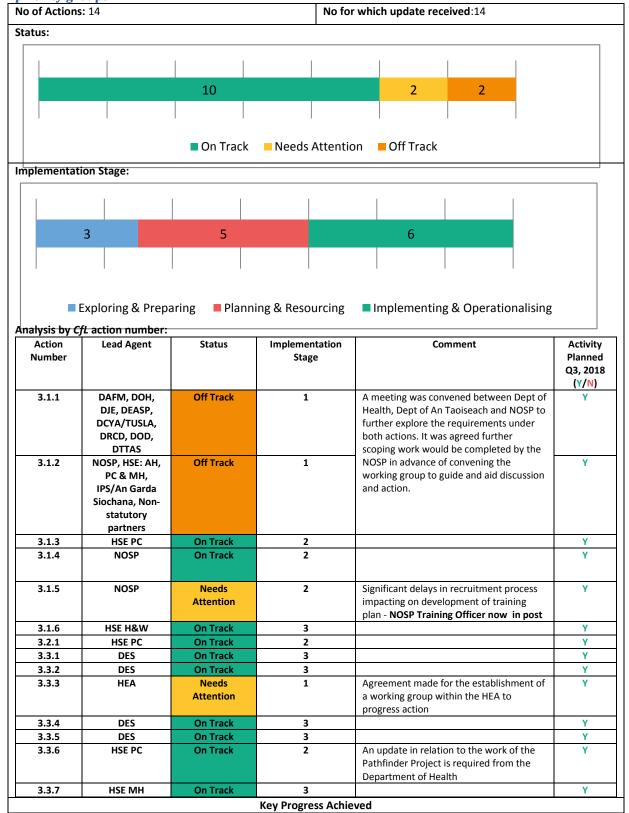
#### Improved service delivery- evidence of progress

 First meeting of Garda/HSE First Responders referral pathway group held and programme of activity agreed (ACTION 2.2.1)

#### Capacity Building- evidence of progress

- NOSP Training Officer in post since 1 June 2018
- Area-level CfL suicide prevention training Q2 included safeTALK (n=2127), ASIST (n=783), Understanding Self-Harm (n=258), STORM (n=32) (ACTION 2.3.2)
- A number of trainings took place under (ACTION 2.3.3), including:
  - o MindOut training delivered to 75 staff from out of school sector & 21 teachers within post primary school.
  - o 18 trainers recruited and trained to deliver Minding Your Wellbeing Training
  - The Men's Development Network coordinated the Engage Training and supports for new Engage facilitators
  - Training delivered on health and wellbeing to out of school settings in collaboration with the National Youth Council of Ireland

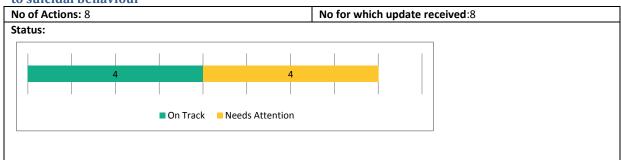
<u>Goal 3:</u> To target approaches to reduce suicidal behaviour and improve mental health among priority groups



#### Capacity Building- evidence of progress

- 396 people trained in SAOR in Q1 (ACTION 3.2.1)
- In relation to the review and development of CAMHS teams, CHO 2 pilot site has received initial training in CAPA (Choice and Partnership Approach) (ACTION 3.3.7)

<u>Goal 4:</u> To enhance accessibility, consistency and care pathways of services for people vulnerable to suicidal behaviour



#### Implementation Stage:



Analysis by CfL action number:

Action Number	Lead Agent	Status	Implementation Stage	Comment	Activity Planned Q3, 2018 (Y/N)
4.1.1	HSE MH	Needs Attention	2	On-going HSE recruitment issues which is impacting in particular on CNS posts.	Υ
4.1.2	HSE MH	Needs Attention	2	Delay in Model of Care (MOC) in relation to uniformed pathways of care for co-morbid addiction and mental health difficulties – first draft of MOC to be reviewed by National Working Group in July 2018.	Υ
4.1.3	DJE	Needs Attention	1	Staffing issues regarding appointment of Consultant Forensic Psychiatrist to Castlerea Prison (difficulty in recruiting suitably qualified and interested candidates).	Y
4.1.4	HSE MH	Needs Attention	2	A high level steering group from across the health services is yet to be appointed	
4.1.5	HSE MH	On Track	3		Υ
4.2.1	HSE: MH, PC	On Track	2	In relation to the evaluation of Jigsaw (commissioned by HSE MH) the recruitment of young people to inform the evaluation has been a challenge and there has been no input to date	Y
4.3.1	HSE MH	On Track	2		Υ
4.3.2	HSE MH	On Track	2		Υ

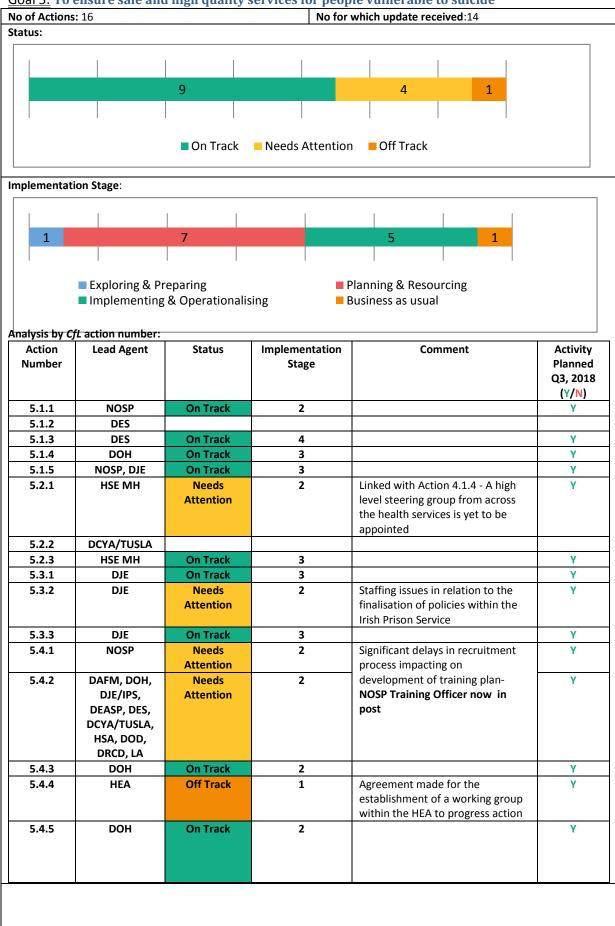
**Key Progress Achieved** 

Capacity Building- evidence of progress

7 Clinical Nurse Specialist posts funded (4 for general adult and 3 for CAMHS) (ACTION 4.1.5)
 Improved service delivery- evidence of progress

A national service improvement project has entered the HSE Mental Health Change Board portfolio, which will
involve the development of a Model of Care for adults (18 - 65) accessing talking therapies as part of attending
specialist mental health services in the community (ACTION 4.2.1)

Goal 5: To ensure safe and high quality services for people vulnerable to suicide

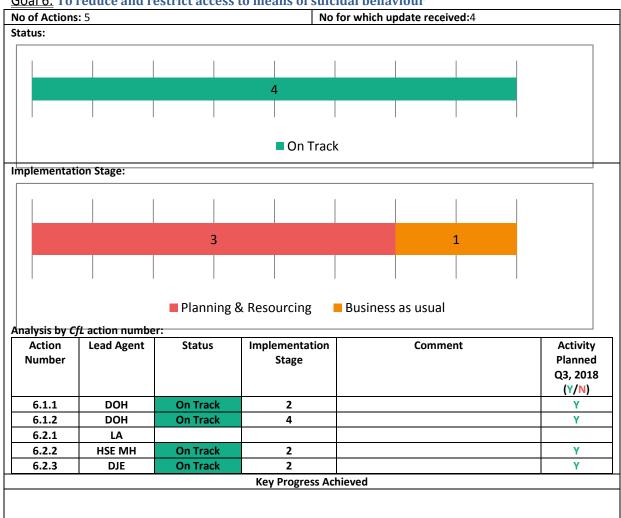


#### **Key Progress Achieved (Next Page)**

#### Capacity Building- evidence of progress

- Self-assessment training provided to five learning sites as part of the testing of draft guidance themes for NGOs (ACTION 5.1.1)
- Training has been conducted in all CHO Areas to relevant staff as part of the implementation of the HSE Incident Management Policy Framework (ACTION 5.2.3)
- As part of the delivery of ACTION 5.4.2:
  - Delivery of suicide prevention training within larnrod Eireann to Driver Managers and Station Managers to support staff who witness tragic incidents.
  - 73 staff received safeTALK training within the Department of Employment & Social Affairs
  - 4 Trainers trained in STORM Suicide Prevention Training within the Probation Service, with roll out of the training to all Probation staff to commence in Q3/Q4
  - 200 staff within Department of Justice trained in safeTALK

#### Goal 6: To reduce and restrict access to means of suicidal behaviour



<u>Goal 7:</u> To improve surveillance, evaluation and high quality research relating to suicidal behaviour



#### **Key Progress Achieved**

#### Improved access to data- evidence of progress

 An 'Incident Review' screen has been developed for the NIMS database so that reviews of incidents, including suicide deaths, are uploaded to the NIMS database (ACTION 7.2.2)

# Overview of Progress by CfL Action Lead Agent

The table below gives an outline of the self-reported implementation progress by HSE Area for Q2, as well as outlining as to whether or not activity is planned to take place in Q3.

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Name of Government Department /State Agency	Lead Actions assigned	for which update received Q1 2018	Status	Implementation Stage	which activity planned Q2, 2018
HSE Mental Health (MH)	17	17	12=On Track 5= Need Attention	1 = Exploring & Preparing 9 = Planning & Resourcing 7 = Implementing & Operationalising	17
HSE National Office for Suicide Prevention (NOSP)	17	17	10=On Track 5=Need Attention 2=Off Track	3 = Exploring &Preparing 12=Planning & Resourcing 2=Implementing & Operationalising	17
HSE Primary Care (PC)	6	6	5=On Track 1=Needs Attention	1=Exploring & Preparing 5=Planning & Resourcing	6
HSE Health & Wellbeing (H&W)	3	3	2=On Track 1=Off Track	1=Exploring & Preparing 1=Planning & Resourcing 1=Implementing & Operationalising	3
HSE Acute Hospitals (AH)	1	0			
Department of Education and Skills (DES)	7	6	6=On Track	5=Implementing & Operationalising 1=Business as usual	6
Department of Transport, Tourism and Sport (DTTAS)	3	3	2=On Track 1=Needs Attention	2=Planning & Resourcing 1=Implementing & Operationalising	3
Department of Defence (DoD)	2				
Department of Agriculture, Food & the Marine (DAFM)	2	2	2=On Track	1=Planning & Resourcing 1=Implementing & Operationalising	2
Department of Employment Affairs & Social Protection (DEASP)	2	2	1=On Track 1=Needs Attention	1=Planning & Resourcing 1=Implementing & Operationalising	2
Department of Rural and Community Development (DRCD)	2	2	1=On Track 1=Needs Attention	1=Exploring & Preparing 1=Planning & Resourcing	2
Department of Communications Climate Action & Environment (DCCAE)	1	1	1=On Track	1=Planning & Resourcing	1
Broadcasting Authority of Ireland (BAI)	1	1	1=On Track	1=Business as usual	1
Press Council of Ireland (PCoI)	1	1	1=On Track	1=Business as usual	1
Department of Health (DoH)	9	9	9=On Track	4=Planning & Resourcing 3=Implementing & Operationalising 2=Business as usual	9
Health & Safety Authority (HSA)	1	1	1=On Track	1=Planning & Resourcing	1
Department of Justice/An Garda Siochana/IPS	10	10	7=On Track 3=Needs Attention	1 = Exploring & Preparing 4 = Planning & Resourcing 5 = Implementing & Operationalising	10
Higher Education Authority (HEA)	3	3	2=Needs Attention 1=Off Track	3=Planning & Resourcing	3
Department of Defence (DoD)	2	2	2=On Track	2=Implementing & Operationalising	2

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