



## **Connecting for Life Cavan Monaghan**

### **APPLICATION FOR FUNDING 2023**

HSE National Office for Suicide Prevention and HSE Cavan Monaghan Mental Health Service are seeking applications for once off funding of a minimum of €4,000 and a maximum of €8,000 from local community and voluntary groups. This funding is aimed at initiatives to reach at risk/vulnerable groups in relation to improving their mental health and wellbeing, and reducing the risk of self-harm and suicide.

#### **Specific at risk groups to be targeted include:**

- (1) Young People (particularly young men);
- (2) People who have been bereaved by suicide;
- (3) Travellers;
- (4) Refugees & Asylum seekers;
- (5) Victims of domestic violence;
- (6) Other group to be determined by local need (this could include people with alcohol, drug, gambling addiction, members of the LGBTI+ community, people with mental health difficulties or chronic physical health conditions etc).

#### **Overview of the type of projects that may be funded:**

- Initiatives to support wellbeing and access to supports and services, including early intervention and postvention supports for people/groups at risk of mental health difficulties, including self-harm or risk of suicide;
- Information events, seminars, webinars, group activities, support groups – to reach at risk groups in relation to supporting their mental health, and reducing risks of suicide and self-harm. Such events/activities could, for example, address known risk factors such as:
  - Alcohol or drug misuse
  - Sense of isolation
  - Lack of social support
  - Losing a loved one through suicide
  - Relational or social losses
  - Stressful life events
  - Stigma associated with help-seeking behaviour.

**The following conditions apply to applications submitted for consideration:**

- Applications must be for once-off projects that can be completed within the year of application.
- Applications that have major on-going revenue implications cannot be considered. These include the employment of staff, capital funding and running costs.
- Applications for projects which are already covered by HSE funding cannot be considered.
- Projects that are already part of a service level agreement or grant aid agreement with the HSE cannot be considered.
- Projects need to be implemented within the Cavan Monaghan area.
- By making an application for funding, the organisation is committing to the terms and conditions of the HSE's Grant Aid Agreement.

**Applications need to be submitted on the form provided and will include the following information:**

1. Details about your organisation
  - The legal name of your organisation;
  - Your organisation's address;
  - What type of organisation it is (for example, a registered charity or not-for-profit company);
  - Details of your contact person (name, address, telephone number, email).
2. Project details
  - How your project will help your community;
  - We want to know about your project costs;
  - We also want to know about where your organisation receives its funding;
  - We need you to make sure that your application is once-off and that it has no major on-going revenue implications (e.g. capital projects / day to day running costs).
3. The Application form can be downloaded from the CfL Cavan Monaghan webpage [here](#)
4. Application form and copies of all the documents requested should be sent to Emer Mulligan, HSE Resource Officer for Suicide Prevention to the address below or by email to [emer.mulligan@hse.ie](mailto:emer.mulligan@hse.ie) before the **closing date of Friday 21<sup>st</sup> April** (please note applications received after this date will not be considered).

Postal address: HSE Cavan Monaghan Mental Health Services, Carrickmacross Primary Care Centre, Donaghmoyn Road, Carrickmacross, Co Monaghan, A81 D450.