

## Connecting for Life Sligo Leitrim

### Application for funding 2025

HSE National Office for Suicide Prevention and HSE Sligo/Leitrim Mental Health Service are seeking applications for once off funding of a minimum of €5,000 and a maximum of €10,000 for local community and voluntary groups to support initiatives to reach at risk/vulnerable groups in relation to improving their mental health and wellbeing, and reducing the risk of suicide and self-harm.

#### **Specific at risk groups to be targeted include:**

- (1) Young People;
- (2) People who have been bereaved by suicide;
- (3) Travellers;
- (4) Refugees & Asylum seekers;
- (5) Victims of domestic violence;
- (6) Other group to be determined by local need (this could include people with alcohol, drug, gambling addiction, members of the LGBTI+ community, people with mental health difficulties or chronic physical health conditions etc).

#### **Overview of the type of projects that may be funded:**

- **The project needs to fall within one of the following three categories of the funding application:**
  - Mental Health – Youth Services
  - Mental Health - Suicide Prevention Services
  - Mental Health – General
- Initiatives to support wellbeing and access to supports and services, including early intervention and postvention supports for people/groups at risk of mental health difficulties, including self-harm or risk of suicide;

- Information events, seminars, webinars, group activities, support groups – to reach at risk groups in relation to supporting their mental health, and reducing risks of suicide and self-harm.

**Such events/activities could, for example, address known risk factors such as:**

- Alcohol or drug misuse
- Sense of isolation
- Lack of social support
- Losing a loved one through suicide
- Relational or social losses
- Stressful life events
- Stigma associated with help-seeking behaviour.

**The following conditions apply to applications submitted for consideration:**

- Applications must be for one-off projects that can be completed within the year of application.
- Applications that have major on-going revenue implications cannot be considered.  
(These include the employment of staff, capital funding and running costs)
- Applications for projects which are already covered by HSE funding cannot be considered.
- Projects that already have service level agreements or grant aid agreements with the HSE cannot be considered.
- Projects need to be implemented within the Sligo/Leitrim area.  
By making an application for funding, the organisation is committing to the terms and conditions of the HSE's Grant Aid Agreement.

**Applications need to be submitted on the form provided and will include the following information:**

**1. Details about your organisation**

- The legal name of your organisation;
- Your organisation's address;
- What type of organisation it is (for example, a registered charity or not-for-profit company);
- Details of your contact person (name, address, telephone number, email).

**2. Project details**

- How your project will help your community;
- We want to know about your project costs;
- We also want to know about where your organisation receives its funding;



- We need you to make sure that your application is once-off and that it has no major on-going revenue implications (e.g. capital projects / day to day running costs).

3. Application forms can be downloaded from the Connecting for Life Sligo/Leitrim webpage [here](#)

4. Application form and copies of all the documents requested should be sent to:

Donal Gallagher, HSE Resource Officer for Suicide Prevention to the address below or by email to **donal.gallagher@hse.ie** before the closing date of July 11th at 5.00 pm. (please note applications received after this date/time will not be considered).

Postal address:

Donal Gallagher (Resource Officer for Suicide Prevention)

CH CDLMS HSE Mental Health Services

JFK House, JFK Parade

Sligo Town

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TEL: 087 4416853