

Support Numbers

AWARE 1890 303 302

CAREDOC 1850 334 999

Childline 1800 66 66 66

C.I.P.C. (Counselling
In Primary Care) 051 359088

Emergency Services 999 or 112

Farm & Rural Stress
Helpline 1800 742 645

GROW 1890 474 474

Mental Health Ireland 01 284 1166

National Counselling Service
(Comhar Adult
Counselling Service) 1800 234 118

Pieta House 24/7
Suicide Helpline 1800 247 247

Samaritans 116 123

Shine Ireland 051 852 528

S.H.I.P. (Self Harm
Intervention Programme) 087 258 6028

- If you or somebody you know is in need of immediate help for physical or psychological stress or anxiety, you can access help at your local Emergency Department (24 hours a day, 365 days a year), through your local GP or through CAREDOC (out of hours: 6pm to 8am).

- For further information on Mental Health Services and Supports, please visit:
www.yourmentalhealth.ie

Design & Print By Modern Printers: 066 7721739



yourmentalhealth.ie

Bereavement Counselling Service
for Traumatic Deaths
Health Service Executive – South
Front Block
St. Patrick's Hospital
Johns Hill
Waterford

Tel: 051 874013
Fax: 051 853037
Reference No.: 01-10-0001

INFORMATION LEAFLET



Bereavement Counselling Service for Traumatic Deaths



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

Bereavement Counselling Service
for Traumatic Deaths
Health Service Executive – South
Front Block, St. Patrick's Hospital
Waterford



Bereavement Counselling Information

The Regional Suicide Resource Office provides bereavement counselling for persons over 16 years of age who have been bereaved through sudden traumatic deaths in the South Eastern area of the HSE.

The HSE contracts Counsellors who are fully accredited and have Garda Clearance, professional indemnity insurance and attend regular supervision of their work.

They also work within the Department of Health's "Children First" Guidelines in relation to the protection of children.

Persons must be bereaved through one of the following circumstances to access the service:

- **Suicide**
- **Homicide**
- **Road Traffic Accident**
- **Industrial/Agricultural/Domestic Accident**
- **Drowning**

Referral must be made in writing to the Co-ordinator, Bereavement Counselling Service at the address overleaf and include the following information:

Name
Address
Phone Number
Date of birth of client
Information around the bereavement /death that may be of benefit to the Counsellor

Persons who may refer to the service are:

- **G.P.**
- **Psychiatrist**
- **Psychologist**
- **Social Worker**
- **EAP**
- **Comhar Adult Counselling Service**
- **S.H.I.P. Service**
- **S.C.A.N. Service**
- **C.I.P.C. Service**

Initially, the client will be offered up to twelve bereavement counselling sessions which will then be reviewed between the Counsellor and the HSE designated officer.

A further block of six sessions may be available depending on the individual client's needs.