Dear colleagues,

Welcome to the third edition of DBT NEWS from the National DBT Project Office. We were delighted to host Dr Melanie Harned and Dr Annie McCall in Cork for the DBT-Prolonged Exposure training in June 2018. Feedback from attendees was very positive and I hope that this training will prove useful in your work with individuals with trauma in the future. You will see an overview of the DBT-PE model and some of the research findings to date later in the newsletter.

We were delighted to receive confirmation of funding from the National Office for Suicide Prevention to provide a DBT Foundational Training later this year. Training will take place in Cork on October 1st-5th 2018. The Society for DBT (SfDBT) Conference takes place in Cork this year! You will see information below about Dr Shelley McMain who is the keynote speaker and who is also delivering a pre-conference workshop on DBT for substance misuse. We hope to see many of you there.

Finally, since the last newsletter in December 2017, the project team has been extremely busy! A number of papers have now been published on the National DBT Project evaluation and are listed in the ‘Publications’ section of this newsletter. A comprehensive report which documents the work of the National DBT Project from 2013-2018 will also be published later this year. We will update all teams when the report is published and available for access.

Enjoy the summer!

Daniel Flynn (National DBT Project, Clinical Lead)
We are delighted to inform you that a number of papers/reports/chapters have now been published and are available online. A full list of publications and links for online access (where available) can be found on our website www.dbt.ie


The study protocol for the National DBT Project evaluation was also published in March 2018 in BMC Psychiatry. Flynn, D., Kells, M., Joyce, M., Suarez, C., & Gillespie, C. (2018). Dialectical behaviour therapy for treating adults and adolescents with emotional and behavioural dysregulation: study protocol of a coordinated implementation in a publicly funded health service. BMC Psychiatry, 18(1), 51.


**PUBLICATIONS ON RESULTS FROM NATIONAL DBT PROJECT - ALLIED PROJECTS**


**ARTICLES CURRENTLY IN PRESS - Due to be published online in August 2018.**


In our last newsletter, we reminded you that the National DBT Project will refund the cost of accreditation upon approval for any DBT therapist who would like to apply for accreditation.

Achieving status as an accredited DBT therapist highlights our commitment to providing quality service to individuals attending Mental Health Services in Ireland. It also communicates to our colleagues and service managers that our DBT training and experience in an evidence-based intervention model is recognised by experts.