

## Professionals recommended reading list.

- American Psychiatric Association (APA; 2001). **Practice Guideline for the Treatment of Patients with Borderline Personality Disorder**. Washington, DC.
- American Psychiatric Association (APA; 2000) **Diagnostic and Statistical Manual of Mental Disorders (4<sup>th</sup> Edition)**, Washington, DC.
- Brassington, J. & Krawitz, R. (2006) **Australasian Dialectical Behaviour Therapy Pilot Outcome Study: Effectiveness, Utility and Feasibility**. *Australian Psychiatry*, 14 (3), 313- 319.
- Lynch T.R & Cheavens, J.S. (2008) **Dialectical Behaviour Therapy for Comorbid Personality Disorders**, *Journal of Clinical Psychology In Session*, Vol. 64 (2) 154- 167.
- Dimeff, L.A, & Linehan, M.M.(2001) **Dialectical Behaviour Therapy in a Nutshell**, *The California Psychologist*, 34, 10-12
- Dimeff L.A & Koerner, K. (2007) **Dialectical Behaviour Therapy in Clinical Practice**, Guilford Press, New York and London
- Department of Health and Children (2006). **A Vision for Change: Report of the Expert Group on Mental Health Policy**. The Stationery Office, Dublin.
- Feigenbaum, J. (2007) **Dialectical Behaviour Therapy: An Increasing Evidence Base**. *Journal of Mental Health*, 16(1), 51-68.
- Koerner, K. (2012) **Doing Dialectical Behaviour Therapy- a Practical Guide**, Guilford Press, New York and London.
- Linehan, M. M. (1993a). **Cognitive-Behavioural Treatment of Borderline Personality Disorder** Guildford Press New York and London.
- Linehan, M. M. (1993b). **Skills Training Manual for Treating Borderline Personality Disorder**. Guildford Press, New York and London.
- Lynch, T.R. & Cheavens, J.S. (2008) **Dialectical Behaviour Therapy for Comorbid Personality Disorders**. *Journal of Clinical Psychology: In session*, 64 (2), 154-167.
- NHS National Institute for Health and Clinical Excellence (2009). **Quick reference Guide: Borderline Personality Disorder Treatment and Management**. National Collaborating Centre for Mental Health, London.
- Swales, M. A. (2010a). **Implementing DBT: selecting, training and supervising a team**. *The Cognitive Behaviour Therapist*, 3, 71-79.
- Swales, M. A. (2010b). **Implementing Dialectical Behaviour Therapy: organizational pre-treatment**. *The Cognitive Behaviour Therapist*, 1-13.
- Swales, M. A. & Heard, H. L. (2010). **Dialectical Behaviour Therapy: The CBT Distinctive Features Series**. Routledge Press, New York.