



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Approved Centre Name: St Aidan's Residential Unit, Waterford

The total number of persons that the centre can accommodate at any one time	20
The total number of persons that were admitted during the reporting period	7

Rules Governing the Use of Seclusion- Not Applicable

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were secluded during the reporting period	
The total number of seclusion episodes	
The shortest episode of seclusion	
The longest episode of seclusion	

A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion

N/A

A statement about the approved centre's compliance with the rules governing the use of seclusion

N/A

A statement about the compliance with the approved centre's own reduction policy

N/A



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Code of Practice on the Use of Physical Restraint Not Applicable

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

The total number of persons who were physically restrained during the reporting period	
The total number of episodes of physical restraint	
The shortest episode of physical restraint	
The longest episode of physical restraint	

A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint

N/A

A statement about the approved centre's compliance with the code of practice on the use of physical restraint

N/A

A statement about the compliance with the approved centre's own reduction policy

N/A



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Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The total number of episodes of mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The shortest episode of mechanical restraint under Part 3 (Immediate Risk of Harm)	0
The longest total episode of mechanical restraint Part 3 (Immediate Risk of Harm)	0
The total number of persons who were mechanically restrained (Part 4: enduring risk of harm to self or others)	10

A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint

WWMHS is committed to the reduction of both the frequency and duration of mechanical means of bodily restraint for ending risk of harm to self or others. The service is committed to adhering to the principle that the use of restrictive practices and interventions should only take place following a risk assessment and where there are no alternative means to support the person's safety.

WWMHS emphasises the importance of strong governance and oversight mechanisms as key to successful reduction and where possible, elimination of restrictive practices.

This is achieved through the implementation of a comprehensive Restrictive Practice Reduction Policy, the continuation of a Restrictive Practice Reduction-Working Group and the analysis of each restrictive practice episode by its multidisciplinary review and oversight committee. The 2024 MHC Annual Inspection found the service to be fully compliant with the Code of Practice for the Use of Mechanical Restraint.

A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint

WWMHS recognise that restrictive practices compromises a person's liberty and that its use must be the safest and least restrictive options of last resort necessary to manage the immediate risk. The restrictive practice must be proportionate to the assessed risk, employed for the shortest possible duration and its use must only occur following reasonable attempts to use alternative means of de-escalation to enable the person to regain self-control (MHC 2022).

Achieving compliance with the Rules Governing the Use of Mechanical Restraint is a key priority for WWMHS. In order to achieve this priority, the services audit team audit all episodes of physical restraint, seclusion and mechanical means of bodily restraint. Audit findings are discussed at the approved centres' monthly Quality Patient Safety Committee

Each Approved Centre should also produce a comprehensive Annual Report



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(QPSC) meetings and at the services' Multidisciplinary Review and Oversight Committee meetings. The 2024 annual inspection by the Mental Health Commission found that the Department of Psychiatry were fully compliant with the Rules Governing the Use of Mechanical Restraint.

A statement about the compliance with the approved centre's own reduction policy

WWMHS has a comprehensive restrictive practice reduction policy, which outlines how the service aims to reduce, or where possible eliminate the use of restrictive practices within WWMHS

The Policy places strong emphasis on leadership of senior clinical and administrative staff, the use of data and post incident reviews in its efforts to reduce the incidents of restrictive practices and to inform practice

The policy outlines specific reduction tools including positive behavioural support approaches and how workforce development and training are key to successful reduction or where possible elimination of restrictive practices

WWMHS are fully compliant with its own reduction policy.

Signed by Registered Proprietor Nominee:

Anne Donoghue

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