



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Approved Centre Name: An Coillín

The total number of persons that the centre can accommodate at any one time	18
The total number of persons that were admitted during the reporting period	1

Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were secluded during the reporting period	0
The total number of seclusion episodes	0
The shortest episode of seclusion	n/a
The longest episode of seclusion	n/a

A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion

n/a

A statement about the approved centre's compliance with the rules governing the use of seclusion

n/a

A statement about the compliance with the approved centre's own reduction policy



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

The total number of persons who were physically restrained during the reporting period	Less than 5
The total number of episodes of physical restraint	Less than 5
The shortest episode of physical restraint	75 mins
The longest episode of physical restraint	75 mins

A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint

An Coillín adopts a comprehensive approach to minimising physical restraint. This strategy includes fostering a **least-restrictive culture**, creating a **recovery-focused therapeutic environment**, providing ongoing education, engaging service users and ensuring strong governance. Physical restraint is used only as an absolute last resort to ensure safety, for the shortest possible duration, to ensure safety. Each episode of physical restraint is thoroughly reviewed by the **Multidisciplinary Team (MDT)**, with feedback from those involved actively sought and encouraged to inform future improvements. All episodes are discussed during **MDT meetings**, to identify opportunities for improvement and continuous learning. An Coillín continually refines its restrictive practice reduction strategy through regular reviews and updates. Personalised activities and therapeutic interventions are provided to meet individual's specific needs ensuring every effort is made to minimise physical restraint.

A statement about the approved centre's compliance with the code of practice on the use of physical restraint

An Coillín adheres fully to the **Code of Practice on the Use of Physical Restraint**. All physical restraint practices are conducted in line with regulatory guidelines, ensuring restraint is only used as a last resort when all alternative interventions have been exhausted and the individual presents an immediate risk of harm. Each instance of physical restraint is reviewed by the **Multidisciplinary Team (MDT)** within five working days, with compliance consistently monitored through **audits**. Any non-compliance is swiftly identified and addressed, with corrective actions implemented to maintain adherence to the Code of Practice. The Centre ensures transparency and accountability through regular reporting and oversight at the MDT Review and Oversight Committee for Restrictive Practices meetings, reaffirming its commitment to best practices and compliance in the use of physical restraint.



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A statement about the compliance with the approved centre's own reduction policy

An Coillín fully complies with the **Seclusion and Physical Restraint Reduction Policy**. Each instance of physical restraint is reviewed by the **Multidisciplinary Team (MDT)** to ensure compliance with the policy, with any areas for improvement promptly addressed. Ongoing **quarterly audits** and continuous staff training further support adherence to the policy's principles. An Coillín's dedication to reducing and where possible, eliminating physical restraint is evident in its proactive implementation of preventive strategies and alternative interventions. Regular reporting and oversight ensure continued compliance, reinforcing An Coillín's commitment to minimising restrictive practices while preserving the dignity and well-being of service users.

Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The total number of episodes of mechanically restrained under Part 3 (Immediate Risk of Harm)	N/A
The shortest episode of mechanical restraint under Part 3 (Immediate Risk of Harm)	N/A
The longest total episode of mechanical restraint Part 3 (Immediate Risk of Harm)	N/A
The total number of persons who were mechanically restrained (Part 4: enduring risk of harm to self or others)	N/A

A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint

N/A



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A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint

N/A

A statement about the compliance with the approved centre's own reduction policy

N/A

Signed by Registered Proprietor Nominee:

**If you do not have a Digital Signature, typing your name will be accepted as your signature.*