



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Approved Centre Name: CAMHS Inpatient Unit Merlin Park Hospital \_\_\_\_\_

The total number of persons that the centre can accommodate at any one time	12
The total number of persons that were admitted during the reporting period	59

### Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were secluded during the reporting period	0
The total number of seclusion episodes	0
The shortest episode of seclusion	0
The longest episode of seclusion	0

#### A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion

Since the implementation of the updates of the Codes of Practice on the Rules Governing the Use of Seclusion We have had zero Episodes of Seclusion, In preparation for the implementation of these updated rules there was a working Group established in November 2022 This working group went through all our current practices, and what the change would mean for us. Each committee member were delegated roles. All current documentation with regard to seclusion and restraint were modified. Restrictive practice clinical practices forms for seclusion and restraint specific to CAMHS were established and rolled out. From January 2023 all requirements were put in place . All staff encouraged to attend a presentation by a CNM1 highlighting all the changed specific to Restrictive Practices. Training – All staff advised to complete HSEland training - Module 1: Changes to the Rules and Code of Practice on Restrictive Practices (20 minutes to complete) There are three shorter 10 minute modules that are also recommended and address the specific changes to the rules of seclusion and mechanical restraint for enduring risk of harm and the specific changes to the code of physical restraint . → Changes to the Rules on Mechanical Restraint for enduring risk of harm → Changes to the Code of Practice on Physical Restraint What has been implemented as a component of Reduction in Restrictive Practices? Safewards – 10 interventions – workshops provided by Ciaran Cuddihy Trauma Informed Care- workshops and training day Paul Mc Loughlin and Liam Mc Gabhann, Sensory Room renovated De-escalation log book Environmental Changes- Reception area – Corridor in therapy block Therapeutic Management of Violence (TMV) training amended to incorporate the requirements of restrictive practices The service is of the belief that the buy in from staff to attend all the training, as well as change their attitudes ie utilising the safeguard interventions, has positively impacted on the fact that there has been zero episodes of seclusion. There was further trauma informed care training provided by Liam Mac Gabhan in July and Nov 2024, guided by feedback from focus groups from the previous training as to where we started and where we are now with regard to TIC.

#### A statement about the approved centre's compliance with the rules governing the use of seclusion

Each Approved Centre should also produce a comprehensive Annual Report



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

To date the approved centre has been compliant with the new requirements in the updated codes of practice. Staff have completed the training as mentioned above on HSEland to ensure awareness of these changes as well as attended presentations to better their knowledge. They have read and signed the updated seclusion policy, and the Restrictive Practices reduction strategy and Policy

### A statement about the compliance with the approved centre's own reduction policy

A Policy titled Restrictive Practices reduction strategy and Policy was Established through Policies and Procedures Committee and Implemented in April 2023. All staff were notified via email and at handover meetings of this policy and all staff have read and signed same. Staff are aware of their specific roles within restrictive practices.

## Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

<b>The total number of persons who were physically restrained during the reporting period</b>	1
<b>The total number of episodes of physical restraint</b>	2
<b>The shortest episode of physical restraint</b>	2 MINUTES
<b>The longest episode of physical restraint</b>	6 MINUTES

### A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint

Since the implementation of the updates of the Codes of Practice on the Rules Governing the Use of Restraining on the 1st of January 2024 to 31<sup>st</sup> of December 2024 We have had 2 episodes of Physical Restraint, both of these restraints were on the same person, and occurred directly after admission to the unit. Patients very settled thereafter, once became familiar with the unit and unit rules. From Jan to Dec 2023 the total number of restraints were 15. This is a reduction of 13 restraints from 2023.

In preparation for the implementation of these updated rules there was a working Group established in November 2022 This working group went through all our current practices, and what the change would mean for us. Each committee member were delegated roles. All current



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### A statement about the approved centre's compliance with the code of practice on the use of physical restraint

To date the approved centre has been compliant with the new requirements in the updated codes of practice. Staff have completed the training as mentioned above on HSEland to ensure awareness of these changes as well as attended presentations to better their knowledge. They have read and signed the updated seclusion policy, and the Restrictive Practices reduction strategy and Policy

### A statement about the compliance with the approved centre's own reduction policy





## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

A Policy titled Restrictive Practices reduction strategy and Policy was Established through Policies and Procedures Committee and Implemented in April 2023. All staff were notified via email and at handover meetings of this policy and all staff have read and signed same. Staff are aware of their specific roles within restrictive practices.

### Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The total number of episodes of mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The shortest episode of mechanically restraint under Part 3 (Immediate Risk of Harm)	0
The longest total episode of mechanically restraint Part 3 (Immediate Risk of Harm)	0
The total number of persons who were mechanically restrained (Part 4: enduring risk of harm to self or others)	0

#### **A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint**

There is no mechanical restraint in CAMHS

#### **A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint**

There is no mechanical restraint in CAMHS



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

### A statement about the compliance with the approved centre's own reduction policy

There is no mechanical restraint in CAMHS

Signed by Registered Proprietor Nominee: \_\_\_\_\_

  
Rachel O' Shaughnessy CNM3

*\*If you do not have a Digital Signature, typing your name will be accepted as your signature.*

S. JACKSON  
GM.  
NRP  
9/5/25

