



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Approved Centre Name: Cappahard Lodge, Tulla Road Ennis Co Clare

The total number of persons that the centre can accommodate at any one time	32
The total number of persons that were admitted during the reporting period	1

Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were secluded during the reporting period	0
The total number of seclusion episodes	NA
The shortest episode of seclusion	NA
The longest episode of seclusion	NA

A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion

In keeping with our restrictive practice reduction policy, our approved centre at Cappahard Lodge has no seclusion room and has subjected any of residents or patients to any episode of seclusion as per the MHC definition of seclusion. Again this year, none of our residents or patients have been subjected to any episode of seclusion whilst under our care at Cappahard Lodge.

A statement about the approved centre's compliance with the rules governing the use of seclusion

We have a policy on seclusion, which is reviewed annually, and we adhere to the Rule Governing the Use of Seclusion. However, this is non-applicable, as none of our residents or patients have been subjected to any episode of seclusion while under our care at Cappahard Lodge.

A statement about the compliance with the approved centre's own reduction policy

There is a 100% compliance, as no resident or patients has been subjected to any episodes of seclusion whilst under our care at Cappahard Lodge.



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Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

The total number of persons who were physically restrained during the reporting period	1
The total number of episodes of physical restraint	1
The shortest episode of physical restraint	10
The longest episode of physical restraint	10

A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint

While the aim of our restrictive practice reduction policy strategy is to eliminate and reduce physical restraint in our Approved Centre in Cappahard Lodge. Since the last report there has been just one episode where one of our residents were subject to physical restraint. This has been a 33% reduction in physical restraint.

A statement about the approved centre's compliance with the code of practice on the use of physical restraint

Our recent draft 2024 MHC inspection report for Cappahard Lodge revealed non-compliance, low risk rating with physical restraint.

- a) The multi-disciplinary review and oversight committee did not identify the actions, the persons responsible and the timeframes for the completion of any actions
- b) In two episodes of physical restraint inspected, it was not recorded in the clinical file whether the consultant psychiatrist or duty consultant psychiatrist was notified as soon as was practicable, c) In two episodes of physical restraint inspected, the person being restrained was not informed of the reasons for, and the circumstances which would lead to, the discontinuation of physical restraint, 3.8.

A statement about the compliance with the approved centre's own reduction policy

There was compliance with our restrictive practice reduction policy and strategy. All alternatives to physical restraint and any area for improvement were considered. There was an immediate risk to self and/or others. Our approved centre at Cappahard strives to reduce and/or eliminate restraint. We have implemented an open door policy, which the research has shown is some area assisted with reducing violence and aggression and risk to others which we hope will contribute to a reduction in restraint within our approved centre.



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Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The total number of episodes of mechanically restrained under Part 3 (Immediate Risk of Harm)	NA
The shortest episode of mechanical restraint under Part 3 (Immediate Risk of Harm)	NA
The longest total episode of mechanical restraint Part 3 (Immediate Risk of Harm)	NA
The total number of persons who were mechanically restrained (Part 4: enduring risk of harm to self or others)	NA

A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint

In keeping with our restrictive practice reduction policy and strategy, our approved centre, at Cappahard Lodge has not used bed rails, cot sides or lap belts. Again this year, none of our residents or patients have been subjected to any episodes of mechanical restraint at Cappahard Lodge.

A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint

We have a policy on mechanical restraint, which is reviewed annually, and we adhere to the Rules Governing the Use of Mechanical Means of Bodily Restraint. However, this is non-applicable, as none of our residents or patients have been subjected to any episode of mechanical restraint while under our care at Cappahard Lodge.

A statement about the compliance with the approved centre's own reduction policy

There is a 100% compliance as no resident or patients has been subjected to any episodes of mechanical restraint, whilst under our care at Cappahard Lodge.



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Signed by Registered Proprietor Nominee: Ben Alh

**If you do not have a Digital Signature, typing your name will be accepted as your signature.*

General Manager