



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Approved Centre Name: Cluain Lir Care Centre, Mullingar, County Westmeath.

The total number of persons that the centre can accommodate at any one time	42
The total number of persons that were admitted during the reporting period	51

Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were secluded during the reporting period	0
The total number of seclusion episodes	0
The shortest episode of seclusion	0
The longest episode of seclusion	0

A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion

Seclusion is not used in Cluain Lir Care Centre and there are no seclusion facilities in the approved centre.

A statement about the approved centre's compliance with the rules governing the use of seclusion

Seclusion is not used in Cluain Lir Care Centre and there are no seclusion facilities in the approved centre.

A statement about the compliance with the approved centre's own reduction policy

There is no policy for reduction of seclusion as it is not practiced in Cluain Lir Care Centre.



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

The total number of persons who were physically restrained during the reporting period	2
The total number of episodes of physical restraint	2
The shortest episode of physical restraint	1 min
The longest episode of physical restraint	9 mins

A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint

On review of episodes of physical restraint there were less than or equal to 2 episodes for the year 2024. This is a significant reduction compared with 2023.

Initiatives that may have contributed towards this reduction are:

1. We continue to enhance our learning by providing extra training in the area of Reducing Restrictive Practices.
2. We added new documentation in the form of our physical restraint care pathway and the Decision Making Tool.
3. We provided audit results to improve clinical practice, these audit results are reviewed and discusses with our restraint oversight committee meeting and at ACG.

A statement about the approved centre's compliance with the code of practice on the use of physical restraint

Compliance for the year 2024 was 100%, which was overseen and reviewed by the Oversight Committee.

The purpose of the Oversight and Review Committee for the Reduction of Physical Restraint & Enduring Mechanical Restraint at St. Bridget's & St. Marie Goretti's Ward, Cluain Lir Care Centre is to monitor and analyse every episode of physical restraint and enduring mechanical restraint in the approved centre and to provide assurance to the Registered Proprietor of the adherence to the Code of Practice on the Use of Physical Restraint and Rules governing Enduring Mechanical Restraint (2022).



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

A statement about the compliance with the approved centre's own reduction policy

There is a review mechanism for each episode of Seclusion and Physical & Enduring Mechanical Restraint in place.

It is the aim of the oversight committee and all staff involved to ensure compliance with the approved centre's reduction policy to promote the ongoing reduction in the incidents of restraint. As referenced above, each episode of Physical Restraint, Seclusion and enduring mechanical restraint is reviewed at the Oversight and Review committee for the Reduction of Physical Restraint, Seclusion and Enduring Mechanical Restraint at St Bridget's and St Marie Goretti's Ward, Cluain Lir. A report is produced after each meeting of the Oversight and Review Committee and this is available to staff who participate, or may participate, in physical restraint and enduring mechanical restraint, to promote ongoing learning and awareness

Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The total number of episodes of mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The shortest episode of mechanically restraint under Part 3 (Immediate Risk of Harm)	0
The longest total episode of mechanically restraint Part 3 (Immediate Risk of Harm)	0
The total number of persons who were mechanically restrained (Part 4: enduring risk of harm to self or others)	15

A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint

Cluain Lire Care Centre Oversight and Review Committee was established for the reduction of Physical and Enduring Mechanical Restraints.

This Review and Oversight Committee have developed:

- Terms of Reference of the Committee,
- A Policy of the Reduction of the use of Seclusion and Physical & Enduring Mechanical Restraint,
- A Review Mechanism for each episode of Seclusion and Physical & Enduring Mechanical Restraint,
- New documentation and tools to assist staff the recording of Seclusions and Restraints,
- Provided Training to assist staff in the avoidance of and reduction in the need for Seclusions and Restraints.
 - The decision to prescribe an Enduring Mechanical Restraint is as a result of and MDT Review and Risk Assessment to ensure patient safety.



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint

Each episode of Enduring Mechanical Restraint was audited and deemed to be 100% compliant with the revised Rules governing the use of Mechanical means of Bodily Restraint (Sept 2022).

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A statement about the compliance with the approved centre's own reduction policy

It is the aim of the oversight committee and all staff to ensure compliance with the approved centre's reduction policy to promote and monitor the ongoing reduction in the incidents of restraint.

A risk assessment of the safety and suitability of the Enduring Mechanical Restraint is undertaken by the MDT and this specifies the monitoring arrangements and frequency to be implemented during its use.

A record of the monitoring arrangements is maintained in the clinical file.

The episodes is prescribed by the treating Consultant Psychiatrist and is in use for the shortest possible timeframe.

In addition, this is in compliance with the Rules as audited monthly by the CNM3.

Each episode of Physical Restraint, Seclusion and enduring mechanical restraint is reviewed at the Oversight and Review committee for the Reduction of Physical Restraint, Seclusion and Enduring Mechanical Restraint at St Bridget's and St Marie Goretti's Ward, Cluain Lir.

A report is produced after each meeting of the Oversight and Review Committee and this is available to staff who participate, or may participate, in physical restraint and enduring mechanical restraint, to promote ongoing learning and awareness

Signed by Registered Proprietor Nominee:

**If you do not have a Digital Signature, typing your name will be accepted as your signature.*