



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Approved Centre Name: Department of Psychiatry Roscommon

The total number of persons that the centre can accommodate at any one time	24
The total number of persons that were admitted during the reporting period	251

Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were secluded during the reporting period	2
The total number of seclusion episodes	4
The shortest episode of seclusion	3 hrs 40mins
The longest episode of seclusion	68hrs 20mins

A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion

The total number of seclusions within the DOP Roscommon for the year 2024 was 4 episodes. Of the four episodes there are 2 individual service users secluded. One service user accounted for 2 episodes (50% of the overall seclusions for the year 2024) of the seclusion out of 4 for the year 2024.

A statement about the approved centre's compliance with the rules governing the use of seclusion

A multidisciplinary review and oversight committee reviews all seclusion episodes within the DOP Roscommon on a quarterly basis. Each episode of seclusion is reviewed in accordance with the relevant MHC documents, and each episode is subject to a debrief process. This process promotes learning for all concerned and provides an opportunity for reflection. This learning informs practice and helps to identify antecedents which will assist in preventing further restrictive practices into the future. The service user is encouraged to participate in this process.

A statement about the compliance with the approved centre's own reduction policy

This multidisciplinary review and oversight committee seeks ways to improve practice and further reduce restrictive practices through Safewards promotion. Safewards is the model of care promoted by the DOP Roscommon as a prime driver in the reduction of restrictive practices. A local multidisciplinary implementation group oversees the implementation and monitors its effectiveness through regular meetings.

The review of Seclusion within the DOP Roscommon covering the 52 weeks of the year 2024 showed that within the 52 weeks there were a total of 4 episodes of Seclusion. This also showed an average of 0.0769 Seclusion episodes per week for the year 2024 within the DOP Roscommon and the one individual patient accounted for 50% (2 episodes) of the total seclusions for the year 2024.



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

The total number of persons who were physically restrained during the reporting period	4
The total number of episodes of physical restraint	7
The shortest episode of physical restraint	1 min
The longest episode of physical restraint	1 min

A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint

Over the course of 2024 a total of 4 individual patients were physically restrained within the DOP Roscommon. Of the 4 patients physically restrained 1 individual patient accounted for 57% of the physical restraint episodes.

A statement about the approved centre's compliance with the code of practice on the use of physical restraint

A multidisciplinary review and oversight committee reviews all physical restraint episodes within the DOP Roscommon on a quarterly basis. Each episode of physical restraint is reviewed in accordance with the relevant MHC documents, and each episode is subject of a debrief process. This process promotes learning for all concerned and provides an opportunity for reflection. This learning informs practice and helps to identify antecedents which will assist in preventing further restrictive practices into the future. The service user is encouraged to participate in this process.

A statement about the compliance with the approved centre's own reduction policy

This multidisciplinary review and oversight committee seeks ways to improve practice and further reduce restrictive practices through Safewards promotion. Safewards is the model of care promoted by the DOP Roscommon as a prime driver in the reduction of restrictive practices. A local multidisciplinary implementation group oversees the implementation and monitors its effectiveness through regular meetings.

The review of Physical Restraint within the DOP Roscommon for the year 2024 covered the 52 weeks of the year 2024. Within this 52-week period there were a total of 7 episodes of Physical Restraint. The review of physical restraint showed an average of 0.1346 Physical Restraint episodes per week for the year 2024 within the DOP Roscommon.



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024 Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The total number of episodes of mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The shortest episode of mechanical restraint under Part 3 (Immediate Risk of Harm)	0
The longest total episode of mechanical restraint Part 3 (Immediate Risk of Harm)	0
The total number of persons who were mechanically restrained (Part 4: enduring risk of harm to self or others)	0

A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint

The DOP Roscommon does not use mechanical means of bodily restraint.

A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint

N/A

A statement about the compliance with the approved centre's own reduction policy

N/A

Signed by Registered Proprietor Nominee: Paddy Lavin, ADON DOP Roscommon.

**If you do not have a Digital Signature, typing your name will be accepted as your signature.*

Each Approved Centre should also produce a comprehensive Annual Report