



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Approved Centre Name: Maryborough Centre, St Fintan's Healthcare Campus

The total number of persons that the centre can accommodate at any one time	16
The total number of persons that were admitted during the reporting period	49

Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were secluded during the reporting period	0
The total number of seclusion episodes	0
The shortest episode of seclusion	0
The longest episode of seclusion	0

A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion

Seclusion is not used in the Maryborough Centre, and there are no seclusion facilities in the approved centre.

A statement about the approved centre's compliance with the rules governing the use of seclusion

Seclusion is not used in the Maryborough Centre, and there are no seclusion facilities in the approved centre.

A statement about the compliance with the approved centre's own reduction policy



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

No reduction measures on Seclusion as it is not practiced in the Maryborough Centre.

Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

The total number of persons who were physically restrained during the reporting period	3
The total number of episodes of physical restraint	4
The shortest episode of physical restraint	1min
The longest episode of physical restraint	5min

A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint

There was a decrease in the number of episodes of Physical Restraint from the same period in 2023. (9 episodes in 2023). The Approved Centre Governance Group and Oversight Committee review all episodes of Physical Restraint. Reduction of all restrictive practices are discussed at weekly staff meetings, quarterly Approved Centre Governance meetings and monthly Catchment Management Meetings. Safewards actions including Soft Words, Calm Down and Positive Words are in practice to assist all residents during times of heightened anxiety and agitation to reduce potential escalation of behaviour and reduce the potential need for use of Physical Restraint.

A statement about the approved centre's compliance with the code of practice on the use of physical restraint

A new Physical Restraint Proforma was developed and implemented in Maryborough to ensure all episodes of Physical Restraint are in compliance with the Mental Health Commission Code of Practice on the Use of Physical Restraint.



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A statement about the compliance with the approved centre's own reduction policy

The Maryborough Centre continues to strive to avoid, reduce and where possible eliminate all Restrictive Practices. There were 4 episodes of Physical Restraint in 2024, showing a reduction from 9 episodes in 2023. Restrictive practices are used as a last resort only, and if required are used for the minimum amount of time necessary. Episodes of Physical Restraint were recorded in May (2) July (1) and Oct (1). The time of Physical Restraint ranged from 1 minute to 5 minutes. All episodes were Audited immediately after each episode. Audit results were discussed at the weekly ward meetings, the monthly Catchment Management Meeting and quarterly Approved Centre Governance and Oversight Committee meetings.

Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The total number of episodes of mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The shortest episode of mechanically restraint under Part 3 (Immediate Risk of Harm)	0
The longest total episode of mechanically restraint Part 3 (Immediate Risk of Harm)	0
The total number of persons who were mechanically restrained (Part 4: enduring risk of harm to self or others)	7

A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint

The Maryborough Centre strives to eliminate the use of all restrictive practices in the approved centre. However, the use of bed rails as a means to reduce falls and provide personal safety to residents continues. There were 7 residents risk assessed and prescribed bed rails in 2024. A proforma on the use of Bed Rails was developed and initiated to ensure compliance with the Mental Health Commission Rules Governing the Use of Mechanical Means of Bodily Restraint Part 4: use of mechanical restraint for enduring risk of harm to self or others. A bed rail safety check was also developed and initiated, this is completed every 3 months when bed rails are initiated and in use. A review of both the prescription and Risk Assessment is carried out every 3 months or sooner if required. Residents Individual Care Plans are reviewed every week and Care Plan evaluations are completed weekly on residents over 6 months on the ward, this includes a full review on the use of bed rails. No Lap belts were used throughout 2024 in the Maryborough Centre.



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint

A proforma on the use of Bed Rails was developed and initiated to ensure compliance with the Mental Health Commission Rules Governing the Use of Mechanical Means of Bodily Restraint Part 4: use of mechanical restraint for enduring risk of harm to self or others. A bed rail safety check was also developed and initiated, this is completed every 3 months when bed rails are prescribed and in use. A review of both the prescription and Risk Assessment is carried out every 3 months or sooner if required. All Individual Care Plan and Care Plan Evaluations are carried out weekly, this included the use of bed rails. No Lap Belts were used throughout 2024 in the Maryborough Centre.

A statement about the compliance with the approved centre's own reduction policy

The Maryborough Centre is an Approved Centre caring for residents over the age of 65 years. Due to the enduring risk of harm to self and others that some residents present with, Bed Rails are required to provide personal safety and reduce the risk of falls following a comprehensive Risk Assessment. However the Maryborough Centre are committed to assessing and reviewing the need for the use of Mechanical Restraint for enduring risk of harm on a weekly basis.

Signed by Registered Proprietor Nominee:

**If you do not have a Digital Signature, typing your name will be accepted as your signature.*