



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

**Approved Centre Name: O Casey Rooms Fairview Community Unit.**

The total number of persons that the centre can accommodate at any one time	19
The total number of persons that were admitted during the reporting period	5

### Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were secluded during the reporting period	N/A
The total number of seclusion episodes	N/A
The shortest episode of seclusion	N/A
The longest episode of seclusion	N/A

#### **A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion**

O Casey rooms Fairview Community Unit does not have a seclusion Room.

#### **A statement about the approved centre's compliance with the rules governing the use of seclusion**

N/A

#### **A statement about the compliance with the approved centre's own reduction policy**

N/A



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

### Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

<b>The total number of persons who were physically restrained during the reporting period</b>	0
<b>The total number of episodes of physical restraint</b>	0
<b>The shortest episode of physical restraint</b>	0
<b>The longest episode of physical restraint</b>	0

#### **A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint**

No physical restraints recorded in 2024.

Delirium screening included in nursing assessment and care plan booklet.

Integrating sensory activities into daily routines – Use of PAL, Sensory Room, mobile sensory trolley And sensory equipment.

We provide opportunity for positive social interactions for patients through providing recreational and therapeutic programme, social events on unit with family attending, live music, and community connection via Legion of Mary, Friends of the Elderly and Forget Me Not Memory Café.

Training- Use of sensory equipment facilitated by OT staff, TMVA- includes breakaway, Positive Behaviour Support, STORM, Decider Skills facilitated within NDMHS techniques

Person centred Individual Care Plan.

Adaptation of environment – Dementia Friendly signage, Clocks for orientation, dementia friendly flooring, small sitting rooms to provide relaxed environment, monitoring of noise levels and lighting to reduce over stimulation, lighting

Quality of life questionnaire included in nursing assessment care plan booklet

PAL completed on each patient by OT and reviewed regularly

#### **A statement about the approved centre's compliance with the code of practice on the use of physical restraint**



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Fully compliant.

Seclusion and Physical Restraint Multidisciplinary Oversight Committee in place which is accountable to the Registered Proprietor Nominee, has been established to analyse in detail every episode of Seclusion and Physical Restraint. O Casey rooms are members of oversight committee.

Policies : Seclusion and Physical Restraint Reduction Policy  
Code of Practice: Use of Physical Restraint in an Approved Centre - O'Casey Rooms.

Clinical risk assessment process in place.

Clinical audit process in place and all physical restraints (if occurred are audited) audited and action plan developed (if required)

### A statement about the compliance with the approved centre's own reduction policy

Seclusion and Physical Restraint Multidisciplinary Oversight Committee in place which is accountable to the Registered Proprietor Nominee, has been established to analyse in detail every episode of Seclusion and Physical Restraint. O Casey rooms are members of oversight committee.

Integrating sensory activities into daily routines – Use of PAL, Sensory Room, mobile sensory trolley And sensory equipment.

We provide recreational and therapeutic activities for patients –weekly activity timetable and individualised programme of activity. Activity programme developed in consultation with service users at service users meetings.

We provide opportunity for positive social interactions for service users through providing recreational and therapeutic programme, chippy nights, social events on unit with family attending, live music, and community connection via Legion of Mary, Friends of the Elderly and Forget Me Not Memory Café.

Training- Use of sensory equipment facilitated by OT staff, TMVA- includes breakaway, Positive Behaviour Support, STORM, Decider Skills facilitated within NDMHS techniques

Person centred Individual Care Plan.

Clinical Risk assessment Process in place Reviewed every 3 months or sooner if required.

Adaptation of environment – Dementia Friendly signage, Clocks for orientation, dementia friendly flooring, small sitting rooms to provide relaxed environment, monitoring of noise levels and lighting to reduce over stimulation, I



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Quality of life included in nursing assessment care plan booklet

PAL completed on each patient by OT, discussed at MDT reviews and reviewed regularly.

Resources in place to meet persons care needs

### Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

<b>The total number of persons who were mechanically restrained under Part 3 (Immediate Risk of Harm)</b>	0
<b>The total number of episodes of mechanically restrained under Part 3 (Immediate Risk of Harm)</b>	0
<b>The shortest episode of mechanical restraint under Part 3 (Immediate Risk of Harm)</b>	0
<b>The longest total episode of mechanical restraint Part 3 (Immediate Risk of Harm)</b>	0
<b>The total number of persons who were mechanically restrained (Part 4: enduring risk of harm to self or others)</b>	1

#### **A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint**

During 2024 no cot sides have been utilised in O Casey Rooms. Actions implemented since commencement of Code of Practice include:

1. Use of Low Low beds
2. Use of Ultra low low beds. System in place for procurement, service and repair
3. Crash Mats.
4. Alarms – Bed and chair alarms. Personal alarms. Contract in place with TASK for procurement, service and repair of equipment. Managed by OT
5. Forever Autumn Falls Reduction Programme in place.
6. Full MDT in place includes medical, nursing, occupational therapy, social work, and psychology.
7. Therapeutic and recreational programme in place.

#### **A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint**



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Fully compliant

Policies:

Use of Mechanical Means of Bodily Restraint for Enduring Risk of Harm to Self or Others

Clinical Audits process in place.

One lap belt utilised for pelvic positioning.

Clinical audit completed- Compliant

### A statement about the compliance with the approved centre's own reduction policy

O Casey room's management team with support from Senior Management Team and funding approval introduced a number of quality initiatives in 2023 to reduce use of cot sides as outlined in previous section.

In 2024 due to implementation of these initiatives O Casey rooms does not utilise cot sides – 100% compliant.

One person had a lap belt insitu for pelvic positioning Clinical audits completed Fully compliant with our reduction policy No alternative to lap belt could be utilised.

**Signed by Registered Proprietor Nominee:**

*\*If you do not have a Digital Signature, typing your name will be accepted as your signature.*