

# St. Ita's, St. Brigid's Hospital, Restrictive Practice Annual Report 2024

## Use of Physical Restraint

No. of residents accommodated within the approved centre	9
No of residents admitted in 2024	2
Total Number of residents who were physically restraint	Less than or equal to five
Total Number of episodes of physical restraint	N/A
Shortest period of physical restraint	N/A
Longest period of physical restraint	N/A

The approved centre was inspected by the Mental Health Commission in May 2024 and as there were nil episodes of physical restraint in the approved centre, this rule was not applicable.

## Use of Seclusion

The approved centre was inspected by the Mental Health Commission in May 2024 and as there are no seclusion facilities within the approved centre, this rule was not applicable.

## Use of Mechanical Means of Bodily Restraint

St Ita's does not use mechanical means of bodily restraint for immediate threat of serious harm to self or others. The approved centre was inspected by the Mental Health Commission in May 2024 and as the approved centre did not use mechanical means of bodily restraint, this rule was not applicable.

Ongoing initiatives including staff training continue to ensure restrictive practices are not utilised within St. Ita's.

Signed by: *Martina Lennon*

Martina Lennon

Registered Proprietor Nominee