



Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Approved Centre Name: St Ita's Ward

The total number of persons that the centre can accommodate at any one time	10
The total number of persons that were admitted during the reporting period	2

Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were secluded during the reporting period	0
The total number of seclusion episodes	0
The shortest episode of seclusion	n/a
The longest episode of seclusion	n/a

A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion

Seclusion is not used in the approved centre.

A statement about the approved centre's compliance with the rules governing the use of seclusion

Seclusion is not used in the approved centre.

A statement about the compliance with the approved centre's own reduction policy

Seclusion is not used in the approved centre.



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Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

The total number of persons who were physically restrained during the reporting period	0
The total number of episodes of physical restraint	0
The shortest episode of physical restraint	n/a
The longest episode of physical restraint	n/a

A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint

St Ita's Ward is committed to working towards using a no hands first approach and aims to continue the non-use of physical restraint during the management of complex behaviours

A statement about the approved centre's compliance with the code of practice on the use of physical restraint

St Ita's Ward, Louth Meath Mental Health Service (LMMHS) is committed to best professional, legal, ethical and safe practice in the management of residents who pose an imminent risk of severe harm to self and/or others and will only consider the use of physical restraint when all other alternative interventions have been exhausted.

St Ita's Ward is committed to respecting the right of the person to dignity, bodily integrity, privacy and autonomy during the management of physical restraint, whilst taking into consideration the level of resident's clinical risk and safety in conjunction with a trauma informed approach.

A statement about the compliance with the approved centre's own reduction policy

St Ita's Ward is compliant in its implementation of using a no hands first approach during the management of complex behaviours.

As part of St Ita's Ward physical restraint reduction strategy the following initiatives are in place/ to be implemented:

1) Monthly data in relation to incidences, trends of physical restraint

2) A proactive approach to the assessment, identification and understanding of risk behaviours by gathering pertinent data through the use of assessment tools such as:

- Risk Assessments
- Life Story
- Activities Assessment & Activity Plan



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- 3) Communication of learning from post incident reviews and debriefings following incidents of physical restraint through St Ita's Ward Clinical Governance Committee in order to inform practice and identify alternative strategies to physical restraint.
- 4) Mandatory training for all grades of staff and disciplines working in St Ita's in Professional Management of Challenging Behaviour.
- 5) Comprehensive induction for all new staff to St Ita's Ward.
- 6) Implementation of 'Safe Ward' initiative - a proactive active approach to care with the aim of reducing incidences of violence and aggression.

Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The total number of episodes of mechanically restrained under Part 3 (Immediate Risk of Harm)	0
The shortest episode of mechanical restraint under Part 3 (Immediate Risk of Harm)	0
The longest total episode of mechanical restraint Part 3 (Immediate Risk of Harm)	0
The total number of persons who were mechanically restrained (Part 4: enduring risk of harm to self or others)	0

A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint

Mechanical Means of Bodily Restraints are not used in the approved centre.

A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint

Mechanical Means of Bodily Restraints are not used in the approved centre.



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A statement about the compliance with the approved centre's own reduction policy

Mechanical Means of Bodily Restraints are not used in the approved centre.

Signed by Registered Proprietor Nominee: Martha Lennon.

**If you do not have a Digital Signature, typing your name will be accepted as your signature.*