



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

Approved Centre Name: St Stephen's Hospital

The total number of persons that the centre can accommodate at any one time	69
The total number of persons that were admitted during the reporting period	330

### Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were secluded during the reporting period	N/A
The total number of seclusion episodes	
The shortest episode of seclusion	
The longest episode of seclusion	

#### A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion

We do not use seclusion in St Stephen's Hospital.

#### A statement about the approved centre's compliance with the rules governing the use of seclusion

We do not use seclusion in St Stephen's Hospital.

#### A statement about the compliance with the approved centre's own reduction policy

We do not use seclusion in St Stephen's Hospital.



# Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

## Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

<b>The total number of persons who were physically restrained during the reporting period</b>	11
<b>The total number of episodes of physical restraint</b>	24
<b>The shortest episode of physical restraint</b>	00:02
<b>The longest episode of physical restraint</b>	00:08

### **A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint**

St Stephen's Hospital has 69 beds. The acute mental health unit (Unit 4) has 19 beds and the continuing care units (Unit 2, 3 and 8) have 50 beds.

In 2024 there were 330 admissions. 11 patients were restrained with a total of 24 episodes of restraint. The longest restraint episode was 8 minutes.

All of our staff are trained in PMCB. Regular training and audits monitor compliance and identify areas for improvement.

### **A statement about the approved centre's compliance with the code of practice on the use of physical restraint**

Episodes of physical restraint are reviewed by the MDT and the person's individual care plan updated accordingly. All incidents of physical restraint are discussed at the local incident review meetings which are held on a monthly basis. All episodes of restraint are audited. All episodes of physical restraint are reviewed and discussed at the Reduction in Restrictive group meetings.

### **A statement about the compliance with the approved centre's own reduction policy**

Physical restraint policy was reviewed by the Policy & Procedures Group and approved by the North Cork Management Team in April 2024. This policy is due for review in April 2025.

Reduction in Restrictive policy was approved in March 2023. This policy is due for review in March 2026.

We are committed to auditing, monitoring and providing ongoing training to ensure compliance.



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

### Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

<b>The total number of persons who were mechanically restrained under Part 3 (Immediate Risk of Harm)</b>	
<b>The total number of episodes of mechanically restrained under Part 3 (Immediate Risk of Harm)</b>	
<b>The shortest episode of mechanical restraint under Part 3 (Immediate Risk of Harm)</b>	
<b>The longest total episode of mechanical restraint Part 3 (Immediate Risk of Harm)</b>	
<b>The total number of persons who were mechanically restrained (Part 4: enduring risk of harm to self or others)</b>	3

#### **A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint**

St Stephens Hospital is a 69 bed campus, supporting 50 complex patients in continuing care units. MDT collaboration in Unit 2 have approved the prescription of Cot sides for three patients to ensure their safety. Following review of documentation from St Aidan's Unit in Waterford, new Mechanical restraint booklet for part 4 of code of practice for mechanical restraint has been devised and implemented.

#### **A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint**

We have implemented a process that ensures that the prescription of cot sides is discussed at each MDT ICP review and signed off by the clinical lead in charge of the patient's care. A 4-hourly check needs to be completed when cot sides are being used. Low beds were considered as an alternative.

We are committed to continuously reviewing and improving our compliance.

#### **A statement about the compliance with the approved centre's own reduction policy**

Mechanical restraint policy was reviewed by Policy & Procedures group and approved by North Cork Management team in September 2024.

Reduction in Restrictive Practice Group review all Mechanical restraint (part 4) booklet forms. Regular audits and ongoing training are in situ to monitor and improve.



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

**Signed by Registered Proprietor Nominee:**

A handwritten signature in black ink, appearing to be 'J. H.', is written over a horizontal line.

*\*If you do not have a Digital Signature, typing your name will be accepted as your signature.*