



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

**Approved Centre Name:** Woodview, Merlin Park University Hospital

The total number of persons that the centre can accommodate at any one time	15
The total number of persons that were admitted during the reporting period	6

### Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were secluded during the reporting period	0
The total number of seclusion episodes	0
The shortest episode of seclusion	N/A
The longest episode of seclusion	N/A

#### **A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion**

Seclusion is not used in Woodview. There are no seclusion facilities in the Approved (Continuing Care Centre)

#### **A statement about the approved centre's compliance with the rules governing the use of seclusion**

Not applicable.

#### **A statement about the compliance with the approved centre's own reduction policy**

A reduction policy is not required as seclusion is not used in Woodview.



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

### Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

<b>The total number of persons who were physically restrained during the reporting period</b>	0
<b>The total number of episodes of physical restraint</b>	0
<b>The shortest episode of physical restraint</b>	N/A
<b>The longest episode of physical restraint</b>	N/A

#### **A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint**

There were no episodes of physical restraint used or required in Woodview during 2024. The staff of the Approved Centre and members of the Rehabilitation & Recovery Service multidisciplinary team are committed to ensure that the individualised recovery orientated care plans for each resident include supports and interventions to eliminate the need for restrictive practices.

#### **A statement about the approved centre's compliance with the code of practice on the use of physical restraint**

Not applicable

#### **A statement about the compliance with the approved centre's own reduction policy**

The staff of Woodview Approved Centre and the multidisciplinary team are committed to endorsement of the Galway Roscommon Mental Health Services strategy 'Restrictive practices reduction strategy and policy'. This policy is underpinned by the promotion of human rights and trauma informed care. This policy outlines that all restrictive practices should only be used as a last resort in rare and exceptional circumstances. We discussed the area of restrictive practice at a multidisciplinary review and oversight committee for Woodview every quarter throughout 2024.



## Statement on compliance with the rules governing seclusion, restraint & mechanical restraint for 2024

### Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

<b>The total number of persons who were mechanically restrained under Part 3 (Immediate Risk of Harm)</b>	0
<b>The total number of episodes of mechanically restrained under Part 3 (Immediate Risk of Harm)</b>	0
<b>The shortest episode of mechanical restraint under Part 3 (Immediate Risk of Harm)</b>	0
<b>The longest total episode of mechanical restraint Part 3 (Immediate Risk of Harm)</b>	0
<b>The total number of persons who were mechanically restrained (Part 4: enduring risk of harm to self or others)</b>	1

#### **A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint**

The mechanical restraint utilised includes a bed rail on one side of a resident's bed and the intermittent use of lap-belt whilst the resident is seated in a wheelchair and only used when the wheelchair is being propelled and in motion. Both bodily restraints are used for the same resident following a comprehensive multidisciplinary review and risk assessment. The restraints (bed-rail and lap-belt) are reviewed, subjected to risk assessment and prescribed by the Consultant Psychiatrist every month. This is reviewed by the multidisciplinary team every 4 months as part of the individual care-planning process. We have been unable to eliminate these interventions due to the nature of enduring risks of falls that can occur.

We review this element of restrictive practice every 3 months at the restrictive practice multidisciplinary review and oversight committee.

#### **A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint**

We adhere to the rules governing the use of mechanical means of bodily restraint for enduring risk of harm to self and/or others including:

Orders which ensures the least restrictive use of bed rail and lap-belt; periodic risk assessment, monitoring of falls and evaluation of the benefits versus risk and inclusion in the individual care plan in collaboration with the resident and their nominated person. Woodview, as an Approved Centre, is fully compliant will all requirements outlined in Part 4.



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### A statement about the compliance with the approved centre's own reduction policy

The Approved Centre reviews the mechanical means of bodily restraint (bed rail and lap belt) during the quarterly multidisciplinary review and oversight committee as outlined in the policy on restrictive practices reduction strategy policy.

**Signed by Registered Proprietor Nominee:**

A handwritten signature in black ink, appearing to read 'J. Fah', followed by a period. The signature is written on a light blue background.

*\*If you do not have a Digital Signature, typing your name will be accepted as your signature.*