

The HSE National Counselling Service welcomes calls from adults who have experienced abuse in childhood. Contact details are as follows:

HSE Area	Freephone Number
HSE Dublin North East (North Dublin & Meath)	1800 234 110
HSE Dublin North East (Navan, Cavan, Louth & Monaghan)	1800 234 117
HSE Dublin Mid-Leinster (South Dublin, East Wicklow)	1800 234 111
HSE Dublin Mid-Leinster (West Dublin, West Wicklow & Kildare)	1800 234 112
HSE Dublin Mid-Leinster (Laois, Offaly, Longford & Westmeath)	1800 234 113
HSE West (Galway, Mayo & Roscommon)	1800 234 114
HSE West (Limerick, Clare & North Tipperary)	1800 234 115
HSE West (Donegal, Leitrim, Sligo)	1800 234 119
HSE South (Waterford, Wexford, Kilkenny, Carlow and South Tipperary)	1800 234 118
HSE South (Cork & Kerry)	1800 234 116