



Connecting for Life Donegal

APPLICATION FOR FUNDING 2023

HSE National Office for Suicide Prevention and HSE Donegal Mental Health Service are seeking applications for once off funding of a minimum of €5,000 and a maximum of €20,000 for local community and voluntary groups. This funding is aimed at initiatives to reach at risk/vulnerable groups in relation to improving their mental health and wellbeing, and reducing the risk of self-harm and suicide.

Specific at risk groups to be targeted include:

- (1) Young People (particularly young men);
- (2) People who have been bereaved by suicide;
- (3) Travellers;
- (4) Refugees & Asylum seekers;
- (5) Victims of domestic violence;
- (6) Other group to be determined by local need (this could include people with alcohol, drug, gambling addiction, members of the LGBTI+ community, people with mental health difficulties or chronic physical health conditions etc).

Overview of the type of projects that may be funded:

- Initiatives to support wellbeing and access to supports and services, including early intervention and postvention supports for people/groups at risk of mental health difficulties, including self-harm or risk of suicide;
- Information events, seminars, webinars, group activities, support groups – to reach at risk groups in relation to supporting their mental health, and reducing risks of suicide and self-harm. Such events/activities could, for example, address known risk factors such as:
 - Alcohol or drug misuse
 - Sense of isolation
 - Lack of social support
 - Losing a loved one through suicide
 - Relational or social losses
 - Stressful life events
 - Stigma associated with help-seeking behaviour.

The following conditions apply to applications submitted for consideration:

- Applications must be for one-off projects that can be completed within the year of application.
- Applications that have major on-going revenue implications cannot be considered. These include the employment of staff, capital funding and running costs.
- Applications for projects which are already covered by HSE funding cannot be considered.
- Projects that are already part of a service level agreement or grant aid agreement with the HSE cannot be considered.
- Projects need to be implemented within the Donegal area.
- By making an application for funding, the organisation is committing to the terms and conditions of the HSE's Grant Aid Agreement.

Applications need to be submitted on the form provided and will include the following information:

1. Details about your organisation
 - The legal name of your organisation;
 - Your organisation's address;
 - What type of organisation it is (for example, a registered charity or not-for-profit company);
 - Details of your contact person (name, address, telephone number, email).
2. Project details
 - How your project will help your community;
 - We want to know about your project costs;
 - We also want to know about where your organisation receives its funding;
 - We need you to make sure that your application is once off and that it has no major on-going revenue implications (e.g. capital projects / day-to-day running costs).
3. The Application form can be downloaded from www.connectingforlifedonegal.ie.
4. Application form and copies of all the documents requested should be sent to Ciara Wray, HSE Resource Officer for Suicide Prevention to the address below or by email to ciara.wray@hse.ie before the **closing date of Friday 17th March** (please note applications received after this date will not be considered).

Postal address: Resource Officer for Suicide Prevention, Donegal Mental Health Service, St Conals Campus, Letterkenny, Co Donegal, F92 AE81