

Know the signs

Find Cancer Early



National Cancer
Control Programme

1 in 2 people in Ireland will develop cancer
in their lifetime.

Treatment options and survival rates are better
than ever – especially when cancer is found early.



Call your GP TODAY if you notice any of the following



A new lump/bump
on your body



A changing lump/bump
on your body



Unexplained
bleeding



Changes on your skin,
e.g. a new or changing mole



Unexplained weight
loss



Feeling very tired all the time,
more than is normal for you



A new cough lasting for
more than 3 weeks



A change in your bowel habit for more
than 6 weeks, such as looser poo,
pooping more often or constipation



Persistent heartburn or
indigestion

Don't be scared Don't delay
Call your GP today

Visit www.hse.ie/cancerearlydetection for more information