

Tools and resources for skin cancer prevention in outdoor workers

1(i) Healthy Ireland Solar UV Protection policies

Name of Resource	Published by	Year	Location
In progress			





(ii) International Solar UV Protection policies

Name of Resource	Published by	Year	Location
Sun safety policy for the outdoor workplace	Care in the Sun NI		https://careinthesun.org/resources/outdoor-workplaces
Policy Checklist	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_policy_checklist.pdf
Solar UV Policy - Large Workplace	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/resource-library
Solar UV Policy - Roles & Responsibilities	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/resource-library
Solar UV Policy - Small Workplace	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/resource-library
Sun Safety Policies Fact Sheet	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_sun_safety_policies_fact_sheet.pdf
Sun Safety Policy - Large Workplace	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/resource-library
Sun Safety Policy - Small Workplace	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/resource-library
Policy example Pg 24-26	Safe Work Australia	2019	https://www.safeworkaustralia.gov.au/system/files/documents/2001/guide-exposure-solar-ultraviolet-radiation_1.pdf
A sample workplace sun protection policy	Cancer Society New Zealand	2012	https://cancernz.org.nz/assets/Sunsmart/Workplaces/Outdoorworker-Policyform-30April2012.pdf
Sample Sun Protection Policy For Workplaces	Sun Safe Workplaces		https://www.sunsafeworkplaces.co.uk/downloads/Sample_Sun_Protection_Policy.pdf



2(i) Healthy Ireland Solar UV Risk Assessment

Name of Resource	Published by	Year	Location
In progress			

(ii) International Solar UV Risk Assessments

Name of Resource	Published by	Year	Location
Personal Risk Assessment UV	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_personal_risk_assessment_sun_and_skin_cancer-june2019.pdf
Risk Assessment Solar UV Operational Review	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_uv_risk_assessment_operational_review.pdf
Risk Assessment Solar UV Technical Guide	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_uv_risk_assessment_technical_guide.pdf
Sample UV risk control worksheet for outdoor work	Australia		https://www.cancercouncil.com.au/wp-content/uploads/2013/05/Outdoor_Work_Resources_WORKSHEET.pdf
UV Exposure Risk Assessment	SunSmart Australia		http://d3n8a8pro7vhmx.cloudfront.net/victorianunions/legacy_url/2298/sunsmartriskassessment.pdf?1565900606
Solar UV Radiation Risk Assessment for Outdoor Workers: technical Assessment	Sun Safety at Work	2016	http://www.occupationalcancer.ca/wp-content/uploads/2016/03/SSAWC-UV-Risk-Assessment-Technical-Guide.pdf



3(i) Healthy Ireland SunSmart Training and Education

Name of Resource	Published by	Year	Location
In progress			

(ii) International Training and Education

Name of Resource	Published by	Year	Location
Presentation for Supervisors on UV	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/resource-library
Presentation for Workers on UV	Sun safety at Work Canada	2020	https://sunsafetyatwork.ca/resource-library
Safety Talk on Solar UV	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/resource-library
Toolbox talk: UV safety and skin cancer	Cancer Council Victoria	2018	https://www.sunsmart.com.au/downloads/resources/info-sheets/toolbox-talk-uv-safety.pdf
BE UV AWARE Toolbox Talk	Deb group		https://www.debgroup.com/sites/default/files/uploads/attachments/uv-tool-box-talk.pdf
Checking your skin	Care in the Sun NI		https://careinthesun.org/skin-cancer/check-your-skin
Toolbox Talk, Solar Radiation	No Time to Lose		https://www.notimetolose.org.uk/wp-content/uploads/2018/03/POL2722-Solar-Toolbox-Talk-WEB.pdf

4(i) Healthy Ireland SunSmart Good Practice Examples/Case Studies

Name of Resource	Published by	Year	Location
In progress			

(ii) International Good Practice Examples/Case Studies

Name of Resource	Published by	Year	Location
Delivering a new sun safety strategy, Royal Mail	No Time to Lose	2015	https://www.notimetolose.org.uk/wp-content/uploads/2018/03/POL2743-RMG-Good-Practice.pdf
Promoting Sun Safety Among US Postal Service Letter Carriers: Impact of a 2-Year Intervention		2009	https://ajph.aphapublications.org/doi/pdf/10.2105/AJPH.2005.083907





5(i) Healthy Ireland Solar UV Protection Planning tools

Name of Resource	Published by	Year	Location
Workplace Skin Cancer Prevention Framework Healthy Ireland 2020			https://www.hse.ie/eng/services/list/5/cancer/patient/prev/
Skin Cancer Prevention Audit and Monitoring Tool Health Ireland 2020			https://www.hse.ie/eng/services/list/5/cancer/patient/prev/
Skin Cancer Prevention Outdoor Worker Survey Sample Health Ireland 2020			https://www.hse.ie/eng/services/list/5/cancer/patient/prev/
Skin Cancer Prevention Internal Working Group Terms of Reference Sample Health Ireland 2020			https://www.hse.ie/eng/services/list/5/cancer/patient/prev/

(ii) International Solar UV Protection Planning tools

Name of Resource	Published by	Year	Location
Sun Safety Program Elements Fact Sheet	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_sun_safety_program_elements_fact_sheet.pdf
Action Plan and Evaluation Template	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/resource-library
Inspection Checklist	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/resource-library
Daily Solar UV Response	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_daily_solar_uv_response_procedure.pdf
Incident Investigation Report Example	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_incident_investigation_report.pdf
Self-Study Baseline Assessment (Audit)	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/resource-library
Small Employer Factsheet	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/fact_sheet_small_employers_0.pdf
Guidelines to Shade – A practical guide for shade development in New South Wales	SunSmart -Cancer Council New South Wales	2011	https://www.cancercouncil.com.au/wp-content/uploads/2011/04/Guidelines_to_shade_WEB2.pdf



6. Legislation

Name of Resource	Published by	Year	Location
Sun Protection for Outdoor Workers	Health and Safety Authority		https://www.hsa.ie/eng/Topics/Sun_Protection/

7. International – Solar UV Protection Control Measures

Name of Resource	Published by	Year	Location
Personal Protective Factsheet	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_fact_sheet_personal_protection.pdf
Reflective Surfaces Factsheet	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_fact_sheet_reflective_surfaces.pdf
Shade Factsheet	Sun safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_fact_sheet_shade.pdf
Solar UV & Outdoor Work Fact Sheet	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_solar_uv_outdoor_fact_sheet.pdf
Solar UV Protection in Vehicles Fact Sheet	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_fact_sheet_protection_from_solar_uvr_within_vehicle_windows.pdf
Sunscreen Factsheet	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_sunscreen_fact_sheet.pdf
Occupational Cancer Risk Series Solar Ultraviolet Radiation (UVR)	Cancer Council Australia	2020	https://www.cancer.org.au/content/Preventing%20cancer/workplace/2017/2017-07-28%20UVR%20update.pdf#_ga=2.193487849.556224549.1594389422-99611451.1573146618
Shade as an Environmental Design Tool for Skin Cancer Prevention	Am. J. Public Health	2018	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6236749/

8(i) Healthy Ireland SunSmart Awareness Campaigns/Materials

Name of Resource	Published by	Year	Location
Press release outdoor workers	HSE	2020	https://www.hse.ie/eng/services/news/media/pressrel/builders-farmers-and-outdoor-workers-urged-to-be-sunsmart-due-to-their-high-risk-of-skin-cancer.html

(ii) International Awareness Campaigns/Materials

Name of Resource	Published by	Year	Location
SunSmart advice for farmers and outdoor workers	Irish Cancer Society		https://www.cancer.ie/cancer-information-and-support/cancer-types/skin-cancer/sunsmart-advice-for-farmers
Off the job sun safety Factsheet	Sun Safety at Work Canada	2020	https://sunsafetyatwork.ca/sites/default/files/ssawc_fact_sheet_off-the-job_sun_safety.pdf
Sun Protection for Outdoor Workers	Deb group		https://www.debgroup.com/uk/UV





9(i) Healthy Ireland SunSmart Research/Guidance

Name of Resource	Published by	Year	Location
Skin Cancer Prevention Plan 2019-2022	Department of Health	2019	https://assets.gov.ie/9007/e35402e8a7c74862a75d65d59137a719.pdf

ii) International Research/Guidance

Name of Resource	Published by	Year	Location
Sun Safety at Work: A Management Systems Approach to Occupational Sun Safety	Tenkate, T., Strahlendorf, P. Sun Safety at Work: A Management Systems Approach to Occupational Sun Safety. Toronto: Ryerson University, 2020. Sun Safety at Work, Canada.	2020	https://sunsafetyatwork.ca/
Guide on exposure to solar ultraviolet radiation (UVR)	Safe Work Australia	2019	https://www.safeworkaustralia.gov.au/system/files/documents/2001/guide-exposure-solar-ultraviolet-radiation_1.pdf
Skin cancer and outdoor work. A work health and safety guide	Cancer Council Australia	2018	https://www.cancercouncil.com.au/wp-content/uploads/2018/12/Skin-cancer-and-outdoor-work-booklet-Oct2018-v2.pdf
Protecting workers from solar UV radiation	Worksafe New Zealand	2018	file:///C:/Users/barbaramcgrodan/Downloads/3232WKS-5-workrelatedhealth-protecting-workers-from-solar-uv-radiation-2%20(1).pdf



10. Useful websites

Name of Resource	Published by
Sun Safety at Work, Canada	https://sunsafetyatwork.ca/resource-library
Care in the Sun, Northern Ireland	https://careinthesun.org/resources/outdoor-workplaces/
Cancer Council Australia	https://www.cancercouncil.com.au/cancer-prevention/sun-protection/local-government-workplace
Work Safe Victoria	https://www.worksafe.vic.gov.au/sun-protection
SunSmart Australia	https://www.sunsmart.com.au/communities/workplaces/outdoor
Centre for Disease Control	https://www.cdc.gov/niosh/topics/sunexposure/default.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fniosh%2Ftopics%2Fuvradiation%2Fdefault.html
Cancer Society New Zealand	https://auckland-northland.cancernz.org.nz/reducing-cancer-risk/what-you-can-do/sunsmart/workplaces/
Go SunSmart at work	https://www.gosunsmart.com/