

## Dose Dense Doxorubicin, Cyclophosphamide (AC 60/600) 14 day followed by PACLitaxel (175) 14 day and Trastuzumab Therapy (DD AC-TH)

**Note: There is an option for Dose Dense DOXOrubicin, cyclophosphamide followed by weekly PACLitaxel and Trastuzumab (AC-TH) therapy described in regimen NCCP 00433.**

### INDICATIONS FOR USE:

INDICATION	ICD10	Regimen Code	Reimbursement Status
Adjuvant Treatment of High Risk Node Negative or Node Positive Breast Cancer.	C50	00316a	Hospital
Neoadjuvant Treatment of High Risk Node Negative or Node Positive Breast Cancer.	C50	00316b	Hospital

### TREATMENT:

The starting dose of the drugs detailed below may be adjusted downward by the prescribing clinician, using their independent medical judgement, to consider each patients individual clinical circumstances.

DOXOrubicin and cyclophosphamide are administered once every 14 days for four cycles (one cycle = 14 days) followed by PACLitaxel once every 14 days for 4 cycles (8weeks) to start **14 days after** final cycle of DOXOrubicin and cyclophosphamide. Trastuzumab treatment is administered once every 7 days for 8 weeks unless unacceptable toxicity or disease progression develops. Following completion of the 8 weeks, trastuzumab 6mg/kg (ref [NCCP regimen 00200](#) Trastuzumab monotherapy-21days) every 21 days to complete one year of trastuzumab therapy may be given.

G-CSF support (using standard or pegylated form) is required with all cycles.

Facilities to treat anaphylaxis MUST be present when the chemotherapy is administered.

#### Cycle 1-4:

Admin. Order	Day	Drug	Dose	Route	Diluent & Rate	Cycle
1	1	DOXOrubicin	60mg/ m <sup>2</sup>	IV push	Slow IV push over 15 minutes	Every 14 days for 4 cycles
2	1	Cyclophosphamide	600mg/m <sup>2</sup>	IV infusion*	250ml 0.9% sodium chloride over 30min	Every 14 days for 4 cycles

\* Cyclophosphamide may also be administered as an IV bolus over 5-10mins

Lifetime cumulative dose of DOXOrubicin is 450mg/m<sup>2</sup>

**In establishing the maximal cumulative dose of an anthracycline, consideration should be given to the risk factors outlined below<sup>1</sup> and to the age of the patient.**

NCCP Regimen: Dose Dense DOXOrubicin Cyclophosphamide followed by PACLitaxel (14 days) and Trastuzumab Therapy	Published: 20/06/2016 Review: 22/04/2025	Version number: 4
Tumour Group: Breast NCCP Regimen Code: 00316	ISMO Contributor: Prof Maccon Keane	Page 1 of 7
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### Cycle 5-8:

Day	Drug	Dose	Route	Diluent & Rate	Cycle
1	<sup>a,b</sup> PACLitaxel	175mg/m <sup>2</sup>	IV infusion	500ml 0.9% sodium chloride over 3hr	5
1	<sup>c,d</sup> Trastuzumab	4mg/kg	IV infusion Observe post infusion	250ml 0.9% sodium chloride over 90min	5
8	<sup>c,d</sup> Trastuzumab	2mg/kg	IV infusion Observe post infusion	If no adverse reactions use 250ml 0.9% sodium chloride over 30min	5
1	<sup>a,b</sup> PACLitaxel	175mg/m <sup>2</sup>	IV infusion	500ml NaCl 0.9% over 3 hours	Every 14 days for cycle 6-8
1, 8	<sup>c,d</sup> Trastuzumab	2mg/kg	IV infusion Observe post infusion	If no adverse reactions use 250ml 0.9% sodium chloride over 30min	Every 14 days for cycle 6-8
<sup>a</sup> PACLitaxel must be supplied in non-PVC containers and administered using non-PVC giving sets and through an in-line 0.22 µm filter with a microporous membrane.					
<sup>b</sup> PACLitaxel should be diluted to a concentration of 0.3-1.2mg/ml.					
<sup>c</sup> Recommended Observation period: Patients should be observed for at least six hours after the start of the first infusion and for two hours after the start of the subsequent infusions for symptoms like fever and chills or other infusion-related symptoms . Any deviation should be noted in local policies					
<sup>d</sup> Trastuzumab is incompatible with glucose solution					

Following completion of the 8 weeks of PACLitaxel/trastuzumab treatment, trastuzumab 6mg/kg (Reference [NCCP regimen 00200](#) Trastuzumab monotherapy-21 days) every 21 days to complete one year of trastuzumab therapy should be given.

### ELIGIBILITY:

- Indications as above.
- HER2 overexpression or HER2 gene amplification as determined by an accurate and validated assay.
- ECOG status 0-2.

### EXCLUSIONS:

- Hypersensitivity to DOXOrubicin, cyclophosphamide, PACLitaxel or any of the excipients.
- Congestive heart failure (LVEF < 50%) or other significant heart disease.
- Baseline neutrophil count < 1.5 x 10<sup>9</sup>/L
- Severe hepatic impairment
- Breast feeding

### PRESCRIPTIVE AUTHORITY:

The treatment plan must be initiated by a Consultant Medical Oncologist.

NCCP Regimen: Dose Dense DOXOrubicin Cyclophosphamide followed by PACLitaxel (14 days) and Trastuzumab Therapy	Published: 20/06/2016 Review: 22/04/2025	Version number: 4
Tumour Group: Breast NCCP Regimen Code: 00316	ISMO Contributor: Prof Maccon Keane	Page 2 of 7
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## TESTS:

### Baseline tests:

- FBC, renal and liver profile
- ECG
- MUGA or ECHO (LVEF > 50% to administer DOXOrubicin) if >65 years or if clinically indicated

### Regular tests:

- FBC, renal and liver profile prior to each cycle
- Cardiac function (MUGA or ECHO) every 12 weeks. Where there are signs of cardiac impairment four to eight weekly checks may be more appropriate

### Disease monitoring:

Disease monitoring should be in line with the patient's treatment plan and any other test/s as directed by the supervising Consultant.

## DOSE MODIFICATIONS:

- Any dose modification should be discussed with a Consultant
- If the patient misses a dose of trastuzumab by one week or less, then the usual maintenance dose of 2 mg/kg should be given as soon as possible. Do not wait until the next planned cycle. Subsequent maintenance doses should then be given according to the previous schedule.
- If the patient misses a dose of trastuzumab by more than one week, a re-loading dose of trastuzumab (4 mg/kg) should be given over approximately 90 minutes, at the discretion of the clinician. Subsequent trastuzumab maintenance doses (2 mg/kg) should then be given weekly from that point

## Haematological:

**Table 1: Dose modifications for haematological toxicity**

ANC (x10 <sup>9</sup> /L)		Platelets (x10 <sup>9</sup> /L)	Dose (All Drugs)
≥ 1	and	> 100	100%
<1	and	≥100	Delay for 1 week (or longer if needed), then give 100% dose if ANC > 1 and platelets ≥ 100.
≥ 1	and	< 100	Delay for 1 week (or longer if needed), then give 100% dose if ANC > 1.0 and platelets ≥ 100. Dose reduce to 75% after a second delay.
Febrile Neutropenia: 75% of dose for current and subsequent cycles.			

NCCP Regimen: Dose Dense DOXOrubicin Cyclophosphamide followed by PACLitaxel (14 days) and Trastuzumab Therapy	Published: 20/06/2016 Review: 22/04/2025	Version number: 4
Tumour Group: Breast NCCP Regimen Code: 00316	ISMO Contributor: Prof Maccon Keane	Page 3 of 7
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## Renal and Hepatic Impairment:

**Table 2: Dose modification of DOXOrubicin, cyclophosphamide and PACLitaxel in Renal and hepatic impairment**

Drug	Renal Impairment		Hepatic Impairment	
	CrCl (mL/min)	Dose	Serum Bilirubin (micromol/L)	Dose
DOXOrubicin	No dose reduction required. Clinical decision in severe impairment		20-51	50%
			51-85	25%
			>85	Omit
			If AST 2-3 x normal give 75% If AST > 3 x ULN give 50%	
Cyclophosphamide	>20	100%	Severe impairment: Clinical Decision	
	10-20	75%		
	<10	50%		
PACLitaxel	No dose reductions necessary		See Table 3 below	
Trastuzumab	Probably no dose reduction necessary		Probably no dose reduction necessary	

**Table 3: Dose modification of PACLitaxel in hepatic impairment**

ALT		Total bilirubin	Dose of PACLitaxel
< 10xULN	and	≤ 1.25xULN	175mg/m <sup>2</sup>
< 10xULN	and	1.26-2xULN	135mg/m <sup>2</sup>
< 10xULN	and	2.01-5xULN	90mg/m <sup>2</sup>
≥10xULN	and/or	>5xULN	Not recommended

## Non-Haematological Toxicity:

**Table 4: Dose modification schedule for PACLitaxel based on adverse events**

Adverse reactions	Recommended dose modification
Grade 2 motor or sensory neuropathy	Dose reduction or delay in treatment may be required.
≥ Grade 3 reaction	Discontinue

NCCP Regimen: Dose Dense DOXOrubicin Cyclophosphamide followed by PACLitaxel (14 days) and Trastuzumab Therapy	Published: 20/06/2016 Review: 22/04/2025	Version number: 4
Tumour Group: Breast NCCP Regimen Code: 00316	ISMO Contributor: Prof Maccon Keane	Page 4 of 7
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**Table 5: Trastuzumab dose modification schedule based on adverse events**

Adverse reactions	Recommended dose modification
LVEF drops 10 ejection fraction points from baseline and to below 50%	Withhold treatment. Repeat LVEF after 3 weeks. No improvement or further decline, consider discontinuation. Discuss with consultant and refer to cardiologist.
Symptomatic heart failure	Consider discontinuation – refer to cardiology for review. Clinical decision.
NCI-CTCAE Grade 4 hypersensitivity reactions	Discontinue
Haematological	Treatment may continue during periods of reversible, chemotherapy-induced myelosuppression. Monitor carefully for any complications of neutropenia.

## SUPPORTIVE CARE:

### EMETOGENIC POTENTIAL:

DOXOrubicin cyclophosphamide cycles: High (**Refer to local policy**).

PACLitaxel: Low (**Refer to local policy**)

Trastuzumab: Minimal (**Refer to local policy**)

### PREMEDICATIONS:

DOXOrubicin cyclophosphamide cycles: None usually required

PACLitaxel cycles: All patients must be premedicated with corticosteroids, antihistamines, and H<sub>2</sub> antagonists prior to PACLitaxel treatment. Table 6 outlines suggested premedications prior to treatment with PACLitaxel.

**Table 6: Suggested pre-medications prior to treatment with PACLitaxel**

Drug	Dose	Administration prior to PACLitaxel
Dexamethasone	20mg oral or IV <sup>a</sup>	For oral administration: approximately 6 and 12 hours or for IV administration: 30 minutes
Chlorphenamine	10mg IV	30 minutes
RaNITidine <sup>b</sup>	50mg IV	30 minutes
<sup>a</sup> Dose of dexamethasone may be reduced or omitted in the absence of hypersensitivity reaction according to consultant guidance.		
<sup>b</sup> or equivalent e.g cimetidine		

### OTHER SUPPORTIVE CARE:

G-CSF (Refer to local policy)

Patients should have an increased fluid intake of 2-3 litres on day 1 to prevent haemorrhagic cystitis associated with cyclophosphamide.

Myalgias and arthralgias may occur with PACLitaxel. Analgesic cover should be considered.

NCCP Regimen: Dose Dense DOXOrubicin Cyclophosphamide followed by PACLitaxel (14 days) and Trastuzumab Therapy	Published: 20/06/2016 Review: 22/04/2025	Version number: 4
Tumour Group: Breast NCCP Regimen Code: 00316	ISMO Contributor: Prof Maccon Keane	Page 5 of 7
<p>The information contained in this document is a statement of consensus of NCCP and ISMO or IHS professionals regarding their views of currently accepted approaches to treatment. Any clinician seeking to apply or consult these documents is expected to use independent medical judgement in the context of individual clinical circumstances to determine any patient's care or treatment. Use of these documents is the responsibility of the prescribing clinician and is subject to HSE's terms of use available at <a href="http://www.hse.ie/eng/Disclaimer">http://www.hse.ie/eng/Disclaimer</a></p> <p><i>This information is valid only on the day of printing, for any updates please check <a href="http://www.hse.ie/NCCPchemoprotocols">www.hse.ie/NCCPchemoprotocols</a></i></p>		

## ADVERSE EFFECTS / REGIMEN SPECIFIC COMPLICATIONS

The adverse effects listed are not exhaustive. Please refer to the relevant Summary of Product Characteristics for full details.

Please refer to NCCP regimen 00252 for detailed information on the adverse effects associated with DOXOrubicin cyclophosphamide therapy and NCCP regimen 00226 for information relating to weekly PACLitaxel therapy NCCP regimen 00201 for information relating to trastuzumab therapy.

## DRUG INTERACTIONS:

- CYP3A inhibitors decrease the conversion of cyclophosphamide to both its active and inactive metabolites. Patients should also be counselled with regard to consumption of grapefruit juice.
- CYP3A inducers may also increase the conversion of cyclophosphamide to both its active and inactive metabolites.
- Concurrent administration of calcium channel blockers with DOXOrubicin should be avoided as they may decrease the clearance of DOXOrubicin.
- Risk of drug interactions causing increased concentrations of PACLitaxel with CYP3A inhibitors. Patients should also be counselled with regard to consumption of grapefruit juice.
- Risk of drug interactions causing decreased concentrations of PACLitaxel with CYP3A inducers.
- Current drug interaction databases should be consulted for more information.

## ATC CODE:

DOXOrubicin	L01DB01
Cyclophosphamide	L01AA01
PACLitaxel	L01CD01
Trastuzumab	L01XC03

## REFERENCES:

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NCCP Regimen: Dose Dense DOXOrubicin Cyclophosphamide followed by PACLitaxel (14 days) and Trastuzumab Therapy	Published: 20/06/2016 Review: 22/04/2025	Version number: 4
Tumour Group: Breast NCCP Regimen Code: 00316	ISMO Contributor: Prof Maccon Keane	Page 6 of 7
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7. Herceptin<sup>®</sup> Summary of Product Characteristics Accessed April 2020. Available at: [https://www.ema.europa.eu/en/documents/product-information/herceptin-epar-product-information\\_en.pdf](https://www.ema.europa.eu/en/documents/product-information/herceptin-epar-product-information_en.pdf)

Version	Date	Amendment	Approved By
1	15/11/2015		Dr Maccon Keane
2	07/02/2017	Updated title, clarified administration order, dosing in renal and hepatic impairment, premedication and applied new NCCP regimen template	Prof Maccon Keane
3	16/03/2018	Treatment table updated for standardisation	Prof Maccon Keane
4	22/04/2020	Standardisation of cyclophosphamide infusion volume and recommendations in hepatic impairment. Updated recommendations for trastuzumab in renal and hepatic impairment. Updated recommended pre-medications pre PACLitaxel administration Update of recommended dose modifications for symptomatic heart failure.	Prof Maccon Keane

Comments and feedback welcome at [oncologydrugs@cancercontrol.ie](mailto:oncologydrugs@cancercontrol.ie).

<sup>ii</sup>Cardiotoxicity is a risk associated with anthracycline therapy that may be manifested by early (acute) or late (delayed) effects.

Risk factors for developing anthracycline-induced cardiotoxicity include:

- high cumulative dose, previous therapy with other anthracyclines or anthracenediones
- prior or concomitant radiotherapy to the mediastinal/pericardial area
- pre-existing heart disease
- concomitant use of other potentially cardiotoxic drugs

In establishing the maximal cumulative dose of an anthracycline, consideration should be given to the risk factors above and to the age of the patient

NCCP Regimen: Dose Dense DOXOrubicin Cyclophosphamide followed by PACLitaxel (14 days) and Trastuzumab Therapy	Published: 20/06/2016 Review: 22/04/2025	Version number: 4
Tumour Group: Breast NCCP Regimen Code: 00316	ISMO Contributor: Prof Maccon Keane	Page 7 of 7
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