

Cetuximab (7 days) and Irinotecan (14 days) Therapy

INDICATIONS FOR USE:

INDICATION	ICD10	Regimen Code	Reimbursement Status
Second line therapy for metastatic colorectal cancer with non-mutated (wild type) RAS after failure of or contraindication to oxaliplatin based therapy	C18	00330a	Hospital

TREATMENT:

The starting dose of the drugs detailed below may be adjusted downward by the prescribing clinician, using their independent medical judgement, to consider each patients individual clinical circumstances.

Cetuximab is administered once a week and irinotecan is administered once every 14 days until disease progression or unacceptable toxicity.

The initial dose of cetuximab is 400 mg/m².

All subsequent weekly doses are cetuximab 250mg/m²

Facilities to treat anaphylaxis MUST be present when the chemotherapy is administered.

Day	Drug	Dose	Route	Diluent & Rate	Cycle
1	Cetuximab	400mg/m ²	IV infusion Observe post infusion ^a	Over 2 hours ^b	1
8	Cetuximab	250mg/m ²	IV infusion Observe post infusion*	Over 60minutes	1 and repeat every 7 days
1	Irinotecan	180mg/m ²	IV infusion	250ml 0.9% NaCl over 90minutes	Repeat every 14 days

^aObtain vital signs pre-infusion, at 1 hr and post-infusion. 1hr observation period following end of 1st and 2nd cetuximab infusions. If no infusion reactions occur for 2 consecutive doses, then may discontinue observation period and vital signs.

^bThe initial dose should be given slowly and speed of infusion must not exceed 5 mg/min. The recommended infusion period is 120 minutes. For the subsequent weekly doses, the recommended infusion period is 60 minutes. The maximum infusion rate must not exceed 10 mg/min.

May be administered diluted in 0.9% NaCl or undiluted. Flush the line with 0.9% NaCl at the end of the cetuximab infusion.

ELIGIBILITY:

- Indications as above
- Wild type RAS tumours verified by a validated test method
- ECOG 0-2
- Adequate marrow reserve
- Adequate renal and liver function

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EXCLUSIONS:

- Hypersensitivity to cetuximab, irinotecan or to any of the excipients.
- Patients with mutant RAS mCRC or unknown RAS mCRC status
- Bilirubin > 3 x ULN

PRESCRIPTIVE AUTHORITY:

The treatment plan must be initiated by a Consultant Medical Oncologist.

TESTS:

Baseline tests:

- FBC, renal and liver profile
- Complete medical history specifically asking about any previous infusion related reactions (IRR) to another antibody, allergy to red meat or tick bites, or any results of tests for IgE antibodies against cetuximab

Regular tests:

- FBC, renal and liver profile
- Post treatment: monthly electrolytes, magnesium, calcium for 2 months after last cetuximab treatment

Disease monitoring:

Disease monitoring should be in line with the patient's treatment plan and any other test/s as directed by the supervising Consultant.

DOSE MODIFICATIONS:

- Any dose modification should be discussed with a Consultant.

Haematological:

Table 1: Dose modifications for haematological toxicity

ANC (x 10 ⁹ /L)		Platelets (x 10 ⁹ /L)	Cetuximab Dose	Irinotecan Dose
≥ 1.5	and	≥ 75	250mg/m ²	180mg/m ²
1-1.4	or	50 - 74	Delay until ANC ≥ 1.5 and platelets ≥ 75 then resume at the same dose.	
< 1	or	<50	Delay until ANC ≥ 1.5 and platelets ≥ 75 then resume cetuximab at same dose and irinotecan at 150mg/m ² .	
<0.5*	or	<10	Delay until ANC ≥ 1.5 and platelets ≥ 75 then resume cetuximab at same dose and irinotecan at 120mg/m ² .	
*If ANC remains < 0.5 after 2 weeks, discontinue irinotecan. May continue cetuximab at oncologist's discretion, if evidence of non-progression. Fever or other evidence of infection must be assessed promptly and treated aggressively.				

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Renal and Hepatic Impairment:

Table 2: Recommended dose modification of cetuximab and irinotecan in renal and hepatic impairment

Drug	Renal Impairment	Hepatic Impairment
Cetuximab	Clinical decision – unlikely to require a reduction.	Unlikely to require a reduction.
Irinotecan	No dose reduction needed, however use with caution as no information in this setting.	Irinotecan is contraindicated in patients with bilirubin levels >3 x ULN

Management of adverse events:

Diarrhoea:

Table 3: Recommended dose Modification of cetuximab and irinotecan based on Grade diarrhoea experienced

Grade	Cetuximab Dose	Irinotecan Dose
Grade 1-2	250mg/m ²	180mg/m ²
Grade 3	Delay until grade 2 or less within 2 weeks then resume at cetuximab 400 mg/m ² and irinotecan 150mg/m ²	
Grade 4	Delay until grade 2 or less within 2 weeks then resume at cetuximab 300mg/m ² and irinotecan 120mg/m ²	
If diarrhoea remains greater than grade 2 for greater than 2 weeks, discontinue irinotecan.		

Table 4: Dose modification schedule for cetuximab based on adverse events

Adverse reaction	Recommended dose modification
Infusion Reaction	
Grade 1	Continue slow infusion under close supervision.
Grade 2	Continue slow infusion and immediately administer treatment for symptoms.
Grade 3 and 4	Stop infusion immediately, treat symptoms vigorously and contraindicate further use of cetuximab
Interstitial lung disease	Discontinue
Skin reaction	
Grade 1 or 2	No dosage adjustment required. See local skin care policy for the prevention and treatment of EGFR-inhibitor adverse skin reactions.
Severe skin reaction	
≥ grade 3*	
First occurrence	Hold cetuximab treatment for a maximum of 2 weeks. Reinitate therapy only if reaction has resolved to grade 2 at 250mg/m²
Second occurrence	Hold cetuximab treatment for a maximum of 2 weeks. Reinitate therapy only if reaction has resolved to grade 2 at 200mg/m²
Third occurrence	Hold cetuximab treatment for a maximum of 2 weeks. Reinitate therapy only if reaction has resolved to grade 2 at 150mg/m²
Fourth occurrence	Discontinue

* See other supportive care section below

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SUPPORTIVE CARE:

EMETOGENIC POTENTIAL:

Cetuximab Low **(Refer to local policy).**
 Irinotecan Moderate **(Refer to local policy).**

PREMEDICATIONS:

Patients must receive premedication with an antihistamine and a corticosteroid before receiving cetuximab infusion. This premedication is recommended prior to all subsequent infusions. Patient should be educated about the possibility of delayed infusion-related symptoms.

Prophylactic atropine sulphate – see adverse effects below.

Atropine should not be used in patients with glaucoma. **(See Adverse Effects/Regimen specific complications below)**

OTHER SUPPORTIVE CARE:

- Patients should be made aware of the risk of delayed diarrhoea occurring more than 24 hours after the administration of irinotecan and at any time before the next cycle.
 - As soon as the first liquid stool occurs, the patient should start drinking large volumes of beverages containing electrolytes and an appropriate anti-diarrhoeal therapy must be initiated immediately.
 - The currently recommended anti-diarrhoeal treatment consists of high doses of loperamide (4 mg for the first intake and then 2 mg every 2 hours).
 - This therapy should continue for 12 hours after the last liquid stool and should not be modified.
 - In no instance should loperamide be administered for more than 48 consecutive hours at these doses, because of the risk of paralytic ileus, nor for less than 12 hours.
- Patients should be warned about the potential for dizziness or visual disturbances which may occur within 24 hours following the administration of irinotecan, and advised not to drive or operate machinery if these symptoms occur.
- **See local skin care policy for the prevention and treatment of EGFR-inhibitor adverse skin reactions**

ADVERSE EFFECTS / REGIMEN SPECIFIC COMPLICATIONS:

The adverse effects listed are not exhaustive. Please refer to the relevant Summary of Product Characteristics for full details.

Cetuximab

- **Infusion-related reactions:**
 - The first dose of cetuximab should be administered slowly and the speed must not exceed 5 mg/min whilst all vital signs are closely monitored for at least two hours. If during the first infusion, an infusion-related reaction occurs within the first 15 minutes, the infusion should be stopped. A careful benefit/risk assessment should be undertaken including consideration whether the patient may have preformed IgE antibodies before a subsequent infusion is given.
 - If an IRR develops later during the infusion or at a subsequent infusion further management will depend on its severity (Ref Table 4)
 - In cases of mild or moderate infusion-related reaction, the infusion rate may be decreased and

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- maintained at the lower rate in all subsequent infusions.
- Severe infusion-related reactions may occur with symptoms usually occurring during the first infusion and up to 1 hour after the end of the infusion. They may occur several hours after or with subsequent infusions. Patients should be warned of the possibility of such a late onset and instructed to contact their physician if symptoms occur
- Occurrence of a severe infusion-related reaction requires immediate and permanent discontinuation of cetuximab therapy and may necessitate emergency treatment.
- Special attention is recommended for patients with reduced performance status and pre-existing cardio-pulmonary disease.
- **Respiratory disorders:** Interstitial lung disease has been observed with EGFR inhibitors. Treatment should be withheld in the event of onset or worsening respiratory symptoms. If pneumonitis or lung infiltrates are confirmed, treatment should be discontinued.
- **Cardiovascular:** An increased frequency of severe and sometimes fatal cardiovascular events and treatment emergent deaths has been observed. When prescribing cetuximab, the cardiovascular and performance status of the patients and concomitant administration of cardiotoxic compounds such as fluoropyrimidines should be taken into account.
- **Skin reactions:** This is the main adverse reaction of cetuximab. Refer to local policy for skin care regime and to Table 2 under Dose Modifications for management of treatment if patient experiences skin reactions.
- **Electrolyte disturbances:** Hypomagnesaemia, hypokalaemia or hypocalcaemia may occur. Electrolyte repletion is recommended, as appropriate.

Irinotecan

- **Acute cholinergic syndrome:** If acute cholinergic syndrome appears (defined as early diarrhoea and various other symptoms such as sweating, abdominal cramping, lacrimation, myosis and salivation) atropine sulphate (0.25mg subcutaneously) should be administered unless clinically contraindicated. Caution should be exercised in patients with asthma. In patients who experienced an acute and severe cholinergic syndrome, the use of prophylactic atropine sulphate is recommended with subsequent doses of irinotecan. The dose of atropine sulphate may be repeated if required.
- **Diarrhoea** - Irinotecan induced diarrhoea can be life threatening and requires immediate management.
 - Diarrhoea (early onset) - see acute cholinergic syndrome above.
 - Diarrhoea (late onset):
 - Irinotecan induced diarrhoea can be life threatening and requires immediate management.
 - In monotherapy, the median time of onset of the first liquid stool was on day 5 after the infusion of irinotecan.
 - Patients with an increased risk of diarrhoea are those who had previous abdominal/pelvic radiotherapy, those with baseline hyperleucocytosis, those with performance status ≥ 2 and women.
 - In patients who experience severe diarrhoea, a reduction in dose is recommended for subsequent cycles.
 - A prophylactic broad-spectrum antibiotic should be given, when diarrhoea is associated with severe neutropenia (neutrophil count $< 0.5 \times 10^9/L$).
- **Neutropenia:** Fever or other evidence of infection must be assessed promptly and treated appropriately.

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- **Gilbert’s Syndrome:** Increases the risk of irinotecan-induced toxicity. A reduced initial dose should be considered for these patients
- **Respiratory disorders:** Severe pulmonary toxicity has been reported rarely. Patients with risk factors should be monitored for respiratory symptoms before and during irinotecan therapy.
- **Cardiac disorders:** Myocardial ischaemic events have been observed predominantly in patients with underlying cardiac disease, other known risk factors for cardiac disease, or previous cytotoxic chemotherapy.
- **Other:** Since this medicinal product contains sorbitol, it is unsuitable in hereditary fructose intolerance.

DRUG INTERACTIONS:

- CYP enzyme inducers may increase the clearance of irinotecan thus decreasing its efficacy.
- CYP enzyme inhibitors may decrease the clearance of irinotecan.
- Current drug interaction databases should be consulted for more information.

ATC CODE:

Cetuximab L01XC06
Irinotecan L01XX19

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Version	Date	Amendment	Approved By
1	03/06/16		Prof Maccon Keane
2	20/06/2018	Updated with new NCCP regimen template. Standardisation of treatment table and dosing in renal and hepatic impairment	Prof Maccon Keane
3	12/02/2019	Updated dosing in hepatic impairment for irinotecan in combination therapy regimens	Prof Maccon Keane
4	10/06/2020	Regimen reviewed. Update of renal and hepatic dose modifications and emetogenic potential.	Prof Maccon Keane

Comments and feedback welcome at oncologydrugs@cancercontrol.ie.

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