Triptorelin 22.5mg Therapy- 24 weeks

INDICATIONS FOR USE:

<table>
<thead>
<tr>
<th>INDICATION</th>
<th>ICD10</th>
<th>Regimen Code</th>
<th>Reimbursement Status</th>
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<tbody>
<tr>
<td>Treatment of locally advanced or metastatic hormone dependent advanced prostate cancer</td>
<td>C61</td>
<td>00488a</td>
<td>CDS</td>
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TREATMENT:
Triptorelin 22.5mg is administered once every 24 weeks until disease progression or unacceptable toxicity develops.

<table>
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<tr>
<th>Day</th>
<th>Drug</th>
<th>Dose</th>
<th>Route</th>
<th>Diluent &amp; Rate</th>
<th>Cycle</th>
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<tbody>
<tr>
<td>1</td>
<td>Triptorelin</td>
<td>22.5mg</td>
<td>IM</td>
<td>n/a</td>
<td>Every 24 weeks</td>
</tr>
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ELIGIBILITY:
- Indications as above

EXCLUSIONS:
- Hypersensitivity to triptorelin or any of the excipients

PRESCRIPTIVE AUTHORITY:
The treatment plan must be initiated by a Consultant with expertise in the treatment of prostate carcinoma.

TESTS:
Baseline tests:
- FBC, renal and liver profile
- Bone profile
- Blood glucose

Regular tests:
- FBC, renal and liver profile as clinically indicated
- Blood glucose and bone profile as clinically indicated

Disease monitoring:
Disease monitoring should be in line with the patient’s treatment plan and any other test/s as directed by the supervising Consultant.

DOSE MODIFICATIONS:
- No recommended dose modifications.
Table 1: Dose modification of triptorelin in renal and hepatic impairment

<table>
<thead>
<tr>
<th>Renal Impairment</th>
<th>Hepatic Impairment</th>
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<tbody>
<tr>
<td>No dose modification necessary</td>
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SUPPORTIVE CARE:

EMETOGENIC POTENTIAL: Minimal (Refer to local policy).

PREMEDICATIONS: None

OTHER SUPPORTIVE CARE: Calcium and vitamin D supplementation (Refer to local policy)

ADVERSE EFFECTS / REGIMEN SPECIFIC COMPLICATIONS:
The adverse effects listed are not exhaustive. Please refer to the relevant Summary of Product Characteristics for full details.

- Transient testosterone flare: Triptorelin, like other GnRH agonists, causes a transient increase in serum concentrations of testosterone, dihydrotestosterone and acid phosphatase during the first week of treatment. Patients may experience worsening of symptoms or onset of new symptoms, including bone pain, neuropathy, haematuria, or ureteral or bladder outlet obstruction. These symptoms usually subside on continuation of therapy. Additional administration of an appropriate antiandrogen should be considered beginning 3 days prior to triptorelin therapy and continuing for the first two to three weeks of treatment. This has been reported to prevent the sequelae of an initial rise in serum testosterone.

- The use of triptorelin in men at particular risk of developing ureteric obstruction or spinal cord compression should be considered carefully and the patients monitored closely during the first month of therapy. If spinal cord compression or renal impairment due to ureteric obstruction are present or develop, specific standard treatment of these complications should be instituted.

- Bone Mineral Density: The use of LHRH agonists may cause reduction in bone mineral density. In men, preliminary data suggest that the use of a bisphosphonate in combination with an LHRH agonist may reduce bone mineral loss. Particular caution is necessary in patients with additional risk factors for osteoporosis (e.g. chronic alcohol abusers, smokers, long-term therapy with anticonvulsants or corticosteroids, family history of osteoporosis).

- Glucose Tolerance: Hyperglycemia and an increased risk of developing diabetes have been reported in men receiving GnRH agonists. Hyperglycemia may represent development of diabetes mellitus or worsening of glycemic control in patients with diabetes. Monitor blood glucose and/or glycosylated hemoglobin (HbA1c) periodically in patients receiving a GnRH agonist and manage with current practice for treatment of hyperglycemia or diabetes. A reduction in glucose tolerance has been observed in males receiving LHRH agonists. This may manifest as diabetes or loss of glycaemic control in those with pre-existing diabetes mellitus. Consideration should therefore be given to monitoring of blood glucose levels in patients receiving a LHRH agonist.

DRUG INTERACTIONS:

- When triptorelin is co-administered with drugs affecting pituitary secretion of gonadotropins, caution should be exercised and it is recommended that the patient’s hormonal status should be supervised.

The information contained in this document is a statement of consensus of NCCP and ISMO or IHS professionals regarding their views of currently accepted approaches to treatment. Any clinician seeking to apply or consult these documents is expected to use independent medical judgement in the context of individual clinical circumstances to determine any patient’s care or treatment. Use of these documents is the responsibility of the prescribing clinician and is subject to HSE’s terms of use available at [http://www.hse.ie/eng/Disclaimer](http://www.hse.ie/eng/Disclaimer). This information is valid only on the day of printing, for any updates please check [www.hse.ie/NCCPchemoregimens](http://www.hse.ie/NCCPchemoregimens).
NCCP Chemotherapy Regimen

- Since androgen deprivation treatment may prolong the QT interval, the concomitant use of triptorelin with medicinal products known to prolong the QT interval or medicinal products able to induce Torsade de pointes should be carefully evaluated
- Current drug interaction databases should be consulted for more information.

**ATC CODE:**
Triptorelin  L02AE04

**REFERENCES:**
1. Triptorelin (DECAPEPTYL®) Summary of Product Characteristics. Last updated: 03/05/2017 Accessed May 2020. Available at [https://www.hpra.ie/img/uploaded/swedocuments/LicenseSPC_PA0869-003-003_03052017153041.pdf](https://www.hpra.ie/img/uploaded/swedocuments/LicenseSPC_PA0869-003-003_03052017153041.pdf)

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<td>Prof Maccon Keane</td>
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Comments and feedback welcome at oncologydrugs@cancercontrol.ie.