

CARBOplatin (AUC 2) Weekly with Radiotherapy (RT)

INDICATIONS FOR USE:

INDICATION	ICD10	Regimen Code	Reimbursement status
Chemoradiation treatment for stage III and IV locally advanced nasopharyngeal carcinoma in patients where CISplatin is contraindicated or not tolerated ⁱ	C11	00419a	Hospital

TREATMENT:

The starting dose of the drugs detailed below may be adjusted downward by the prescribing clinician, using their independent medical judgement, to consider each patients individual clinical circumstances.

CARBOplatin is administered once every **7 days** concomitantly with radiotherapy for 6 cycles. This treatment is followed by adjuvant chemotherapy consisting of CARBOplatin at AUC 5 intravenously and 5-FU infusion at 1000 mg/m²/day by 96h infusion every 4 weeks for a total of three cycles, beginning 4 weeks after the end of radiation therapy.

CARBOplatin is only to be administered concurrently with radiotherapy. Treatment with CARBOplatin should be discontinued if radiotherapy is truncated.

Drug	Dose	Route	Diluent and Rate	Cycle
CARBOplatin	AUC 2	IV infusion	250ml glucose 5% over 60 min	1-6

CARBOplatin dose:

The dose in mg of CARBOplatin to be administered is calculated as follows:

$$\text{Dose (mg)} = \text{target AUC (mg/ml x min)} \times (\text{GFR ml/min} + 25)$$

- **Measured GFR** (e.g. nuclear renogram) is preferred whenever feasible
- **Estimation of GFR (eGFR)** can be done by using the Wright formula or using the Cockcroft and Gault formula to measure creatinine clearance.
- The GFR used to calculate the AUC dosing should not exceed 125ml/min.
- For obese and anorexic patients the formulae may not give accurate results and measured GFR is recommended. Where obesity or overweight is likely to lead to an overestimate of GFR and isotope GFR is not available the use of the adjusted ideal body weight for Cockcroft and Gault may be considered.(2)

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WRIGHT FORMULA

There are two versions of the formula depending on how serum creatinine values are obtained, by the kinetic Jaffe method or the enzymatic method. The formula can be further adapted if covariant creatine kinase (CK) values are available (not shown).

1. *SCr measured using enzymatic assay.*

$$\text{GFR (ml/min)} = \frac{(6230 - 32.8 \times \text{Age}) \times \text{BSA} \times (1 - 0.23 \times \text{Sex})}{\text{SCr } (\mu\text{mol/min})}$$

2. *SCr measured using Jaffe assay*

$$\text{GFR (ml/min)} = \frac{(6580 - 38.8 \times \text{Age}) \times \text{BSA} \times (1 - 0.168 \times \text{Sex})}{\text{SCr } (\mu\text{mol/min})}$$

Key: Sex = 1 if female, 0 if male; Age in years; BSA= DuBois BSA

COCKCROFT-GAULT FORMULA

$$\text{GFR (ml/min)} = \frac{S \times (140 - \text{age in years}) \times \text{wt (kg)}}{\text{serum creatinine (micromol/L)}}$$

S= 1.04 for females and 1.23 for males

ELIGIBILITY:

- Indications as above
- ECOG status 0-2

EXCLUSIONS:

- Hypersensitivity to CARBOplatin or any of the excipients
- Lactation

PRESCRIPTIVE AUTHORITY:

The treatment plan must be initiated by a Consultant Medical Oncologist.

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TESTS:

Baseline tests:

- FBC
- Renal and liver profile
- Audiology if clinically indicated

Regular tests:

- FBC, renal and liver profile before each cycle.

Disease monitoring:

Disease monitoring should be in line with the patient's treatment plan and any other test/s as directed by the supervising Consultant.

DOSE MODIFICATIONS:

- Any dose modification should be discussed with a Consultant

Haematological:

Table 1: Dose modification of CARBOplatin in haematological toxicity

ANC (x 10 ⁹ /L) (on day of chemotherapy)		Platelets (x 10 ⁹ /L) (at any stage during cycle)	Dose Modification
≥1	and	≥100	100% Dose
0.5 -0.99	or	50-99	Delay treatment until recovery
<0.5	or	<50	Delay treatment until recovery and consider reducing CARBOplatin by 25% for subsequent cycles
Febrile neutropenia			

Renal and Hepatic Impairment:

Table 2: Dose modification of CARBOplatin in renal and hepatic impairment

Drug	Renal Impairment	Hepatic Impairment
CARBOplatin	See note below*	No dose modification required

- Patients with creatinine clearance values of <60ml/min are at greater risk to develop myelosuppression.
- In case of GFR ≤ 20ml/min CARBOplatin should not be administered at all.
- If Cockcroft & Gault or Wright formula are used, the dose should be adjusted per cycle based on a serum creatinine obtained within 48 hrs of drug administration.
- If isotope GFR is used, the dose should remain the same provided the serum creatinine is ≤110% of its value at the time of the isotope measurement. If the serum creatinine is higher than this, consideration should be given to remeasuring the GFR or to recalculating using Cockcroft &Gault or Wright formulae taking care this does result in a dose reduction.

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SUPPORTIVE CARE:

EMETOGENIC POTENTIAL: Moderate (Refer to local policy).

PREMEDICATIONS: None usually required

OTHER SUPPORTIVE CARE: No specific recommendations.

ADVERSE EFFECTS / REGIMEN SPECIFIC COMPLICATIONS

The adverse effects listed are not exhaustive. Please refer to the relevant Summary of Product Characteristics for full details.

- **Hypersensitivity:** Reactions to CARBOplatin may develop in patients who have been previously exposed to platinum therapy. However allergic reactions have been observed upon initial exposure to CARBOplatin.
- **Neurotoxicity and ototoxicity:** Neurological evaluation and an assessment of hearing should be performed on a regular basis, especially in patients receiving high dose CARBOplatin. Neurotoxicity, such as parasthesia, decreased deep tendon reflexes, and ototoxicity are more likely seen in patients previously treated with CISplatin, other platinum treatments and other ototoxic agents. Frequency of neurologic toxicity is also increased in patients older

DRUG INTERACTIONS:

- Avoid concurrent use of CARBOplatin with nephrotoxic drugs (e.g. aminoglycosides, furosemide, NSAIDS) due to additive nephrotoxicity. If necessary monitor renal function closely.
- Avoid concurrent use with ototoxic drugs (e.g. aminoglycosides, furosemide, NSAIDS). If necessary perform regular audiometric testing.
- Current drug interaction databases should be consulted for more information.

ATC CODE:

CARBOplatin - L01XA02

REFERENCES:

1. Chitapanarux I, Lorvidhaya , Kamnerdsupaphon P. et al. Chemoradiation comparing cisplatin versus carboplatin in locally advanced nasopharyngeal cancer: randomised, non-inferiority, open trial. Eur J Cancer 2007;43(9):1399-1406.
2. Ekhart C, Rodenhuis S et al. Carboplatin dosing in overweight and obese patients with normal renal function, does weight matter? Cancer Chemother Pharmacol 2009;64:115-122
<https://link.springer.com/article/10.1007%2Fs00280-008-0856-x>
3. Appropriate chemotherapy dosing for obese adult patients with cancer: American Society of Clinical Oncology Clinical Practice Guideline. J Clin Oncol 2012; 30 (13) 1553-1561.
4. Carboplatin Summary of Product Characteristics HPRA – Last updated 05Apr19. Accessed 13May19 Available at: https://www.hpra.ie/img/uploaded/swedocuments/Licence_PA2059-032-001_05042019122803.pdf

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Version	Date	Amendment	Approved By
1	08/05/2017		Prof Maccon Keane
2	15/05/2019	Inclusion of unlicensed status. Standardisation of treatment table. Update of drug interactions	Prof Maccon Keane

Comments and feedback welcome at oncologydrugs@cancercontrol.ie.

ⁱ This regimen is outside its licensed indication in Ireland. Patients should be informed of the unlicensed nature of this indication and consented to treatment in line with the hospital's policy on the use of unlicensed medication and unlicensed or "off label" indications. Prescribers should be aware of their responsibility in communicating any relevant information to the patient and also in ensuring that the unlicensed or "off label" indication has been acknowledged by the hospital's Drugs and Therapeutics Committee, or equivalent, in line with hospital policy.

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