NATIONAL CANCER CONTROL PROGRAMME

Oncology Medication Safety Review

Implementation Resources

Guidance on the Safe Use of

Neurotoxic drugs (including Vinca Alkaloids)

in the Treatment of Cancer
<table>
<thead>
<tr>
<th>Version</th>
<th>Date</th>
<th>Amendment</th>
<th>Approved By</th>
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<tr>
<td>1</td>
<td>Nov 15</td>
<td>Initial Report</td>
<td>NCCP Oncology Medication Safety Review Implementation Steering Committee</td>
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<tr>
<td>2</td>
<td>Feb 16</td>
<td>Following further discussion, the decision was made that the use of minibags for neurotoxic drugs should also be implemented in the paediatric setting where supporting stability exists. Appendix 3 was updated.</td>
<td>NCCP Oncology Medication Safety Review Implementation Steering Committee</td>
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Glossary and Definitions

- **Chemotherapy drugs** - any systemic anti cancer treatment

- **Cytotoxic** - chemicals that are directly toxic to cells preventing their replication or growth

- **Dispensing** - is the activity of preparing the dose and placing in packaging for transport.

- **Intrathecal chemotherapy** - intrathecal chemotherapy or intra-ventricular chemotherapy which is injected into the intrathecal cavity of the spinal cord.

- **Neurotoxin** - A substance that damages, destroys, or impairs the functioning of nerve tissue e.g. vinca alkaloids, proteasome inhibitors.

- **Proteasome inhibitor** – a neurotoxic chemotherapeutic agent which is usually administered intravenously or subcutaneously, depending on the type of drug. Bortezomib is an example of proteasome inhibitor.

- **Vinca alkaloid** – a neurotoxic chemotherapeutic agent which is always administered intravenously. The following drugs are examples in the class of drugs referred to as vinca alkaloids: vincristine, vinblastine, vindesine, vinorelbine and vinflunine.

Abbreviations

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
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<tbody>
<tr>
<td>HSE</td>
<td>Health Service Executive</td>
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<tr>
<td>IMSN</td>
<td>Irish Medication Safety Network</td>
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<td>ITC</td>
<td>Intrathecal Chemotherapy</td>
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<tr>
<td>NCCP</td>
<td>National Cancer Control Programme</td>
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<tr>
<td>Rec.</td>
<td>Recommendation</td>
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1. Introduction

Neurotoxins\(^1\)\(^-\)\(^3\) such as vinca alkaloids\(^1\) or proteasome inhibitors\(^2\) chemotherapy should only be administered intravenously or subcutaneously (in the case of some proteasome inhibitors) and never by any other route. Many patients receiving these drugs also receive other medication via an intrathecal route as part of their treatment protocol. Accidental administration of neurotoxins into the cerebrospinal fluid can result in death (1-4). Since 1968, this error has been reported in a variety of international settings at least 55\(^3\) times (2). There have been repeated warnings over time and extensive labelling requirements and standards have been published (2, 5-9). However, errors related to the accidental administration of vincristine via a spinal route continue to occur (3).

This document should be read in conjunction with the NCCP Oncology Medication Safety Review (10). The ITC Project Board has produced the following documents which should be read in conjunction with this document:

- Guidance on the Safe Use of Intrathecal Chemotherapy in the Treatment of Cancer
- NCCP Guidelines for the assessment of competency for the provision of intrathecal chemotherapy.
- NCCP Criteria for Acting as an Assessor of Competence – Intrathecal Chemotherapy.

2. Development of recommendations

\(^1\) Vincristine, which is an example of a vinca alkaloid, is a widely used chemotherapeutic agents which is neurotoxic and must only be administered intravenously

\(^2\) Proteasome inhibitors are widely used chemotherapeutic agents which are neurotoxic and must only be administered intravenously or subcutaneously, depending on the nature of the agent.

\(^3\) There have been additional reports of this error since this publication was available.


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Contact: oncologydrugs@cancercontrol.ie

Web:hse.ie/nccponcsafetyreview
A Project Board was convened to complete the NCCP action relating to recommendation 71 of the NCCP Oncology Medication and Safety review\(^4\) (10), where the NCCP was to lead on the development of national polices for intrathecal chemotherapy and the preparation of neurotoxins for the treatment of cancer. The terms of reference are provided at Appendix 1 and membership details are provided at Appendix 2. The resulting recommendations have been drawn up to ensure the safe administration of neurotoxins by the intravenous route.

The draft version of this document was made available for consultation for a period of four weeks and the consultation process was notified to key stakeholders. Comments received during the consultation feedback were considered by the Project Board and incorporated, as appropriate, into the final document.

### 3. Implementation of Recommendations

The recommendations are for implementation locally, in conjunction with the general recommendations of the NCCP Oncology Medication Safety review report on chemotherapy (10), to ensure the safety and quality of the chemotherapy services.

The NCCP recommends that hospitals collaborate within the hospital group or cancer network structure, to share good practice pertaining to systemic cancer therapy provision and to develop and implement national policies and practices for oncology medication.

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\(^4\) The NCCP Oncology Medication Safety review was conducted across the 26 hospitals in Ireland involved in the administration of systemic cancer therapy in adults and children. The aim of this review was to assess the oncology medication policies and practices in day units nationally, from a patient safety and quality perspective.
4. NCCP recommendations on neurotoxic drug preparation

The working group identified a number of key recommendations in relation to the safe delivery of neurotoxic drugs used in the treatment of cancer.

<table>
<thead>
<tr>
<th>Recommendations</th>
<th>Details</th>
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<tbody>
<tr>
<td>Neurotoxin Rec. 1</td>
<td>A local protocol(^5) covering all aspects of preparation and labelling of neurotoxic drugs must be in place.</td>
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<tr>
<td>Neurotoxin Rec. 2</td>
<td>Neurotoxic drugs for administration to adults and adolescents should be dispensed in a 50mL minibag, where possible(^6), to be given over 5-15 minutes.</td>
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| Neurotoxin Rec. 3 | Neurotoxic drugs for administration to paediatrics should be supplied in minibags where drug stability allows. Where syringes must be used for the administration then:  
  o The neurotoxic drug must not be prepared or administered on the same day that intrathecal chemotherapy is scheduled for that patient.  
  o The neurotoxic drug must be prepared in a large volume (10-20ml) syringe\(^6\) |

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\(^5\) This protocol must define the drugs to be treated as neurotoxins for the purpose of this policy. These drugs may be as identified by the NCCP (see Appendix 3) or identified through local risk assessment or international best practice.

\(^6\) Stability information will be required. Vinca alkaloids have the required stability. Other neurotoxic drugs may not. Where stability does not allow for the required dilution then the dilution requirement may be omitted but all other recommendations with regard to packaging, labelling, storage and delivery must be followed.
<table>
<thead>
<tr>
<th>Neurotoxin Rec. 4</th>
<th>Negative labelling, i.e. “Not for …………use.”) must NEVER be used.</th>
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<tr>
<td>Neurotoxin Rec. 5</td>
<td>There should be judicious use of colour and design on the label, outer packaging and delivery bags to differentiate syringes/minibags containing Neurotoxic drugs from other preparations.</td>
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<tr>
<td>Neurotoxin Rec. 6</td>
<td>All Neurotoxic drugs dispensed in syringes or minibags are labelled with the following auxiliary label, as appropriate:</td>
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```
WARNING NEUROTOXIC DRUG
PROTEASOME INHIBITOR
CYTOTOXIC
FOR INTRAVENOUS OR SUBCUTANEOUS USE ONLY
```

```
WARNING NEUROTOXIC DRUG
VINCA ALKALOID
CYTOTOXIC
FOR INTRAVENOUS USE ONLY
```

*The auxiliary labels are placed directly on the syringe barrel or minibag so that they are clearly visible to the person administering the drug. This should be done regardless of whether the patient is also scheduled to receive additional medication(s) by the intrathecal route.*
Neurotoxin Rec. 7

All injections of Neurotoxic drugs will be supplied in a sealed ‘neurotoxic drug transport bag’. This bag should be labelled as followed, as appropriate, either in a pre-printed format or as an attached label.

NOTE: The label should reference VINCA ALKALOIDS or NEUROTOXIC DRUG or PROTEASOME INHIBITORS, as appropriate.

Neurotoxin Rec. 8

All neurotoxins dispensed in syringes or minibags are labelled with a pharmacy dispensing label containing the patient and dose details as described in Appendix 10 of the NCCP Oncology Medication Safety review. A copy of this label will also be affixed to the ‘neurotoxic drug transport bag’.

WARNING NEUROTOXIC DRUG
PROTEASOME INHIBITOR
CYTOTOXIC
FOR INTRAVENOUS OR SUBCUTANEOUS USE ONLY

WARNING NEUROTOXIC DRUG
VINCA ALKALOID
CYTOTOXIC
FOR INTRAVENOUS USE ONLY

7 Available: www.hse.ie/nccponcsafetyreview

NCCP Oncology Medication Safety Review Implementation Resources. Rec. 71 Intrathecal Policies.

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Contact: oncologydrugs@cancercontrol.ie

Web:hse.ie/nccponcsafetyreview
Appendix 1. NCCP ITC Project Board Terms of Reference

Membership

1) The composition of the Group will be determined by the NCCP.

2) The Chair/s of the Group will be appointed by and report to the Director of the NCCP.

3) Membership will be for the duration of the project.

4) Additional members may be co-opted to the group from time to time

Objective

1. To develop a national policy to ensure the safe prescribing, dispensing and administration of intrathecal chemotherapy\(^8\) in the treatment of patients with cancer by providing recommendations on:

   - The safe prescribing, dispensing and administration of intrathecal chemotherapy.
   - Labelling and presentation of intrathecal doses of chemotherapy.
   - Labelling and dilution of vinca alkaloids
   - Safe service models for the dispensing and supply of intrathecal chemotherapy
   - Any requirements for further national guidelines and competencies in the area

2. To present the findings and recommendations of the working group to the NCCP Oncology Medication Safety Review steering group

Frequency of meetings

It is envisaged that the Group will meet approximately three times and the work of the group will conclude when the national policy is finalised.

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\(^8\) Predominantly relating to intrathecal treatment (i.e. via spinal injection) but is also relevant to intraventricular chemotherapy (i.e. via injection into the ventricles of the brain).
Secretariat

The Secretariat to the Group will be provided by NCCP.
## Appendix 2. Members of NCCP ITC Project Board

The ITC Project Board was a sub-group of the NCCP Oncology Medication Safety Implementation Steering Group.

<table>
<thead>
<tr>
<th>Chair of ITC Project Board</th>
<th>Dr Patrick Thornton, Consultant Haematologist</th>
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<tbody>
<tr>
<td>NCCP</td>
<td>Dr Maccon Keane, Clinical Lead, Medical Oncology</td>
</tr>
<tr>
<td></td>
<td>Ms Patricia Heckmann, NCCP Chief Pharmacist</td>
</tr>
<tr>
<td></td>
<td>Ms Ciara Mellett, Medical Oncology Programme Manager</td>
</tr>
<tr>
<td>Consultant medical oncologist (ISMO rep.)</td>
<td>Dr. Cliona Grant, Consultant Medical Oncologist, St. James’s Hospital.</td>
</tr>
<tr>
<td>Consultant haematologist – paediatrics</td>
<td>Aengus S. O'Marcaigh, Consultant Paediatric Haematologist, Crumlin.</td>
</tr>
<tr>
<td>Nursing Representatives</td>
<td>Ms. Lorna Cosgrave, CNM2, Beaumont Hospital.</td>
</tr>
<tr>
<td></td>
<td>Ms. Teresa Meeneghan, RANP in Haematology, Galway</td>
</tr>
<tr>
<td></td>
<td>Ms. Lorna Storey, RANP, Paediatric Haematology, Crumlin</td>
</tr>
<tr>
<td></td>
<td>Ms. Frieda Clinton, RANP, Paediatric Haematology Oncology, Crumlin</td>
</tr>
<tr>
<td>Pharmacy Representatives</td>
<td>Ms AnnMarie de Frein – Chief II Pharmacist SVUH</td>
</tr>
<tr>
<td></td>
<td>Ms. Keira McQuaid – Oncology Pharmacist, Beacon Hospital</td>
</tr>
<tr>
<td></td>
<td>Mr. Nuno Silva – Chief II Pharmacist St. Vincent’s Private Hospital</td>
</tr>
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Appendix 3.  List of drugs to be treated as neurotoxic

The list of drugs below should be treated as neurotoxic for the purpose of this policy. Local policies may require additional drugs to be treated as neurotoxic based on local risk assessment, clinical trial requirements or international best practice.

1. Vinca Alkaloids e.g. vincristine, vinblastine, vindesine, vinorelbine and vinflunine

2. Proteasome inhibitors e.g. bortezomib, carfilzomib.

This list may not be exhaustive and will be updated intermittently.
Appendix 4. Sample labels

Label 1: Sample label for neurotoxic drug transport bag labels.

This may be in a pre-printed format or as an attached label. The colour of the transport bag should be selected to differentiate the contents from other minibag infusions.

```
WARNING NEUROTOXIC DRUG
PROTEASOME INHIBITOR
CYTOTOXIC
FOR INTRAVENOUS OR SUBCUTANEOUS USE ONLY
```

```
WARNING NEUROTOXIC DRUG
VINCA ALKALOID
CYTOTOXIC
FOR INTRAVENOUS USE ONLY
```
Bibliography
4. EMA. Recommendations to prevent administration errors with Velcade (bortezomib). 2012.
5. ISMP. Death and neurological devastation from intrathecal vinca alkaloids: Prepared in syringes = 120; Prepared in minibags = 0. 2013.