



Think Lung

You can help. Assure someone their health matters and to talk to their GP about any concerns they may have about symptoms that are not normal for them. Think L.U.N.G.

isten to a person's concerns. Symptoms that they 'play down' as small or unimportant may in fact be symptoms of lung cancer.

nderstand that a person may feel ashamed that they smoke and may be too embarrassed to talk about breathing symptoms.

ote symptoms that are not normal for someone. Have them write these down and contact their GP to discuss.

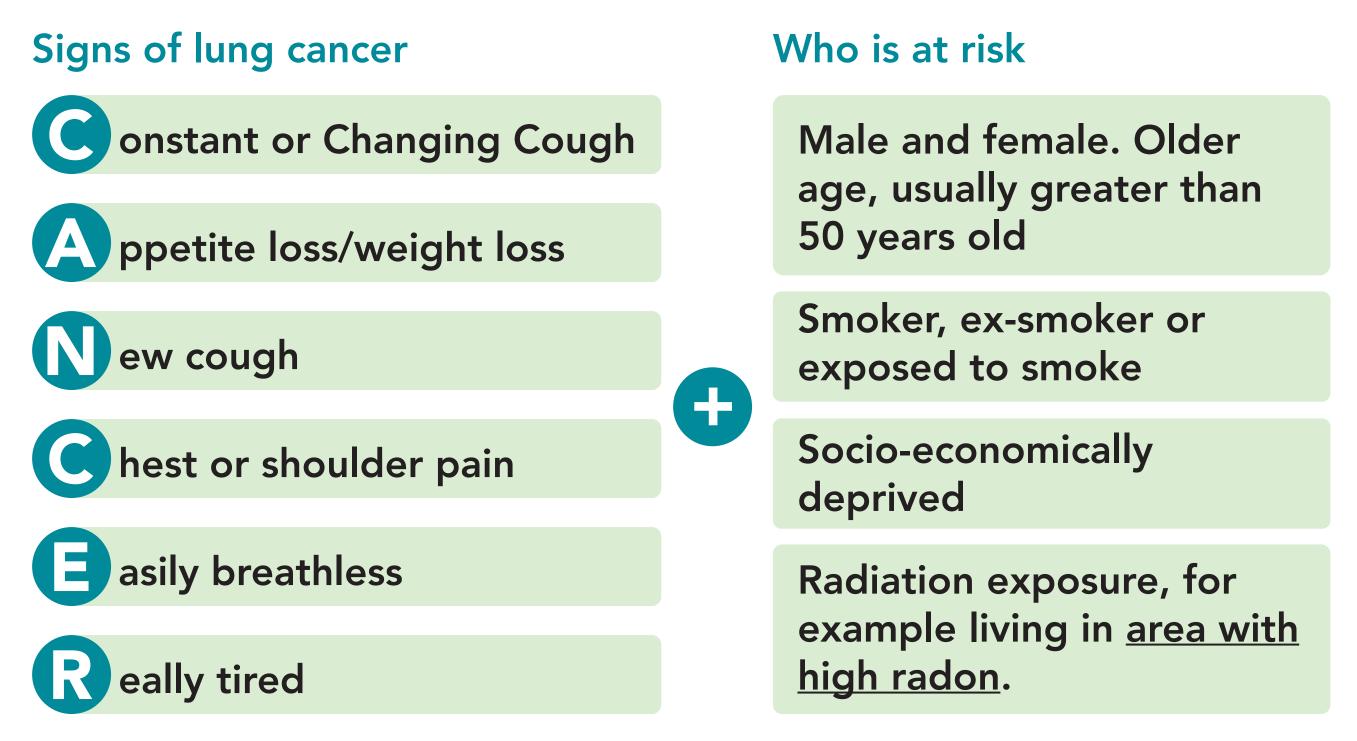
ive a person encouragement to contact their GP, especially if symptoms persist after a first GP visit. It's important to validate health-seeking behaviour, especially in people at increased risk of lung cancer.





Detect Lung Cancer early

While anybody can develop lung cancer some people are more at risk. Signs of lung cancer can be spotted. Watch out for the person who is at increased risk and shows potential early signs.



Encourage someone to ring their GP if they are worried about any symptom which is unusual for them.