| **Start Date** | **Cancer Support Centre Name**  **Contact phone number** | **Start Time**  **(Morning/Afternoon/evening)** | **In Person/**  **Online** |
| --- | --- | --- | --- |
| January 11th 2022 | Marie Keating Foundation  01 6283726 | Evening | online |
| January 12th 2022 | Solas Cancer Support Waterford  051 304604 | Evening | online |
| February 3rd 2022 | Circle of friends, Tipperary  062 33550 | Afternoon | In person |
| February 8th 2022 | Purple House, Bray  01 2866966 | Afternoon | In person |
| March 2nd 2022 | Recovery Haven Tralee  066 7192122 | Morning | online |
| March 8th 2022 | Marie Keating Foundation  01 6283726 | Evening | online |

**CANCER THRIVE AND SURVIVE PROGRAMMES JANUARY /FEBURARY/MARCH 2022**