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| Start Date | **Location Details** | **Morning/****Afternoon/ Evening** | **In person/****Online****Delivery** |
| 30th January 2025 | **Beaumont RCSI Cancer Centre, Dublin**01 809 3000 | Morning | In person |
| 21st March 2025 | Hope Cancer Support CentrePhone: (053) 923 8555Email: info@hopesupportcentre.ie  | Morning | In person |
| 5th March 2025 | Cois Nore Cancer Support CentreKilkenny Education CentreCallan road, KilkennyPhone: (056) 775 2222Email: info@coisnore.ie | Morning 10am-1pm | In person  |
| Friday Feb 28th | St. Vincent’s University Hospital Elm ParkDublin 4Phone: 01221 5496Email:janemccarthy@svhg.ie  | Friday mornings 10-12.30 | In person |
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