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| 17th January 2023 | **Cancer Care West**091 540040 | Morning | Both |
| 25th January 2023 | **Cork ARC**021 4276688 | Morning  | Online |
| 25th January 2023 | **Solas Cancer Support Centre**051 304604 | Evening  | Online  |
| 21st February 2023 | **ARC Cancer Support Dublin**01 2150250 | Morning  | Online |
| 21th February 2023 | **Purple House Cancer Support**01 2866966 |  Afternoon | In person |
| 16th March 2023 | **Gary Kelly Cancer Support Centre**041 9805100 | Morning  | In person |
| 2nd March 2023 | **Beaumont**  | TBC | Online |
| 17th April 2023 | **Dochas Offaly Cancer Support Group**057 93 28268 | Evening | In person |
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