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| Start Date | **Location Details** | **Morning/****Afternoon/ Evening** | **In person/****Online****Delivery** |
| 27th August 2024  | **Éist Cancer Support Centre, Carlow** 085 866 1499 | Morning | In person |
| September 2024 (TBD) | **ARC Cancer Support Dublin**01 2150250 | Morning | **Online** |
| September 2024 (TBD) | **Recovery Haven Kerry Support**066 7192122 | Morning | In person |
| 6th September 2024 | **Midwestern Cancer Foundation, Limerick**061 210979 | Evening | In person |
| 10th September 2024  | **Cuisle Cancer Support, Portlaoise**(057) 868 1492 | Morning | In person |
| 1st October 2024 | **Purple House Cancer Support, Wicklow**(01) 286 6966 | Afternoon | In person |
| 9th October 2024  | **Cancer Care West, Galway**091 540 040 | Morning | In person |
| 14th October 2024 | **Arc Cancer Support Centre - Dublin**01 215 0250 | Morning | In person |
| 24th October 2024 | **Gary Kelly Cancer Support Centre – Louth**041-980 51 00 | Morning | In person |
| October 2024 (TBD) | **Solas Cancer Support, Waterford** 051 304 604 | Evening | In person |
| October 2024 (TBD) | **Beaumont RCSI Cancer Centre, Dublin** 01 852 8478 | Morning | In person |
| 1st November 2024 | **St. Vincent’s Hospital, Dublin**01221 5496janemccarthy@svhg.ie   |  Morning | **Online** |
| 5th November 2024  | **St. Luke’s Rathgar**01-4065064 | Morning | In person |
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**List of Centres Running Cancer Thriving and Surviving Programmes Nationally**

* ARC Cancer Support Dublin – 01 2150250
* Beaumont RCSI Cancer Centre, Dublin - 01 852 8478
* Cancer Care West, Galway – 091 540 040
* Cancer Support Sanctuary LARCC, Westmeath - 044 9371971
* Cork Arc Cancer Support House – 021 427 6688
* Cuan Cancer Support Centre, Cavan - 086 455 6632
* Cuisle Cancer Support, Portlaoise – 057 868 1492
* Éist Cancer Support Centre, Carlow – 085 866 1499
* Gary Kelly Cancer Support Drogheda – 041 980 5100
* Hope Cancer Support Centre, Enniscorthy – 053 923 8555
* Marie Keating Foundation, Dublin – 01 628 3726
* Purple House Cancer Support, Bray - 01 286 6966
* Recovery Haven Kerry Cancer Support - 066 719 2122
* Sláinte an Chláir, Clare – 087 691 2396
* Solas Cancer Support, Waterford – 051 304 604
* St Vincent’s University Hospital Dublin – 01 221 5496
* St. Luke’s Rathgar – 01 406 5064
* University Hospital Limerick – 061 482 542