



# Sexual Assault Treatment Unit



**A Sexual Assault Treatment Unit (SATU)** is a safe place to go if you have, or think you may have, been raped or sexually assaulted.

It is a free and confidential service. We are here to help, 24 hours a day.

Your healthcare needs are our priority. We care for all genders and gender identities aged 14 years and over.

You will be offered a health check and medication whether you decide to have a forensic exam or not. A forensic exam is a type of medical exam carried out to collect evidence after a rape or sexual assault.

### **Get help as soon as possible.**

We can carry out a forensic exam up to 7 days after a rape or sexual assault. The best time for forensic samples to be collected is within the first 72 hours (3 days) after the assault.

### **If you need urgent help, call the Gardaí on 112 or 999.**

For support at any time, call the Rape Crisis Centre national 24-hour helpline on 1800 77 88 88. If you have a concern about child sexual abuse, LoCall CARI on 1890 92 45 67 or request a call back on [cari.ie](https://cari.ie).

If you have been raped or sexually assaulted, try not to:

- eat or drink
- brush your teeth or use mouthwash
- smoke or vape
- shower or take a bath
- go to the toilet (pee or poo)
- wash your clothes or underwear
- touch or throw away any condoms used

**Don't worry if you can't follow any of these steps. We can still help you.**

### **If you are over 18**

You can report the sexual crime to the Gardaí straight away. Or we can store evidence for up to one year if you need time to think about reporting. You don't have to report anything to the Gardaí if you don't want to.

### **If you are under 18**

If you're under 18, the sexual crime has to be reported to Tusla and the Gardaí. This is to keep you safe and give you support. You must have a parent, guardian or trusted adult with you when you come to a SATU.

For further information, visit [hse.ie/satu](https://hse.ie/satu)

# Sexual Assault Treatment Units

## [hse.ie/satu](http://hse.ie/satu)

### **Cork**

South Infirmary Victoria University Hospital

Phone: 021 492 6297

Phone: 021 492 6100 after 4.30pm and weekends, ask for SATU.

### **Donegal**

Justice Walsh Road, Letterkenny

Phone: 087 068 1964

### **Dublin**

Rotunda Hospital Campus

Phone: 01 817 1736

Phone: 01 817 1700 after 5pm and weekends, ask for SATU.

### **Galway**

Phone: 091 765 751 or 087 633 8118

Phone: 091 757 631 after 4pm and weekends, ask for SATU.

### **Mullingar**

Midland Regional Hospital

Phone: 044 939 4239 or 086 040 9952

Phone: 044 934 0221 after 5pm and weekends, ask for SATU.

### **Waterford**

University Hospital Waterford

Phone: 051 842 157

Phone: 051 848 000 after 5pm and weekends, ask for SATU.

\* This leaflet was developed by SATUs, with input from Rape Crisis Centres, Tusla, and the support of St Vincent's Secondary School, Glasnevin, Dublin, and Cnoc Mhuire Secondary School, Granard, Co. Longford.