



Covid19 Testing Visual Guide

If the doctor thinks that I might have Covid 19, I may have to have a test to check if I do.

I might not feel sick or unwell, but the doctor may still decide I need to have a test.

This is to keep me safe and others around me safe.



If the doctor decides I need a test there are three ways this might happen;

1

If I live in a rural area or far from a hospital, someone may come in an ambulance to test me at my house.



2

An appointment might be made for me to visit a Testing Centre close to me. I can leave after the test is finished.



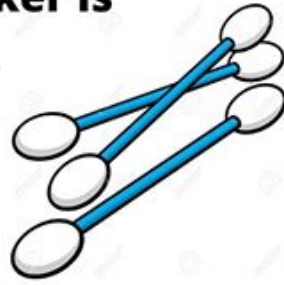
3

If I am unwell and staying in hospital, the doctor in the hospital will test me there.



When the doctor or medical worker is testing me, they will use a swab.

A swab is a small thin stick with cotton wool at the end.



They will;

Put the swab in my mouth and rub the inside of my throat



Put the swab up my nose and rub the inside of my nose



I might not like the feeling of this, and that is ok. It will be over very quickly, and the doctor or medical worker needs to do this to check if I am unwell.



When the test is finished, the doctor will send the results to a laboratory to be checked.

It may take a few days to get the results. During this time, I should still be careful to wash my hands and self isolate.



If the test shows I have Covid 19, the doctor will call, I do not need to panic. The doctor will tell me how to stay healthy. I will need to stay indoors until I am better.

If the test shows I do not have Covid 19, I still must be very careful with washing my hands, keeping my distance from people outside of my house and only going outside when I have to.

