Getting ready to go to the Test Centre.

There is a new type of flu called the Coronavirus. It's like a cold.

The Test Centre is where people are being tested for Coronavirus.

I can bring my favourite book, teddy or toy with me.

My mam or dad or my carer will bring me there and stay with me the whole time.

If I'm feeling sick the Doctor might ask my Mam or Dad or my carer to bring me to the Test Centre.
The people we see at the Test Centre will be wearing eye glasses or googles and masks over their mouths.

We will have masks to wear too. We look very funny.

We will wait in the waiting room until it is our turn.

A person will wave hello and bring us into the room. They look funny too.

They are wearing a big white sheet. We are all wearing these funny things to keep us safe.

First my Mam or Dad or my carer will talk to them.
They will ask me to blow my nose into a tissue.

Last they will wipe the inside of my mouth and nose with a soft stick called a swab.

This might feel a bit weird, but it doesn’t hurt.

I will open my mouth wide and put my head back to make this easier.

Then it’s time to leave and we will all go home together.

For more information please go to HSE.ie
For information on pregnancy, baby and toddler health at mychild.ie