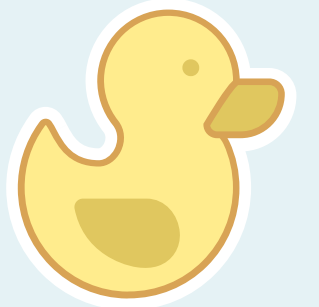
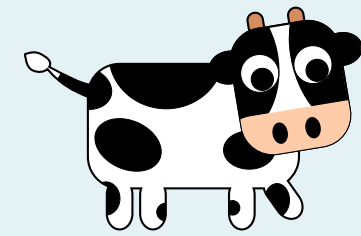
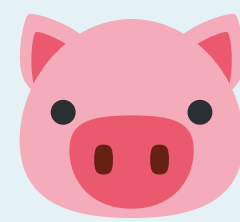
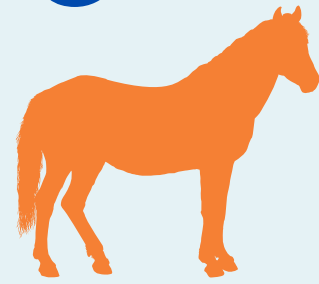


# Giving your child choices Activity ideas



## Toy animals

Give them a choice of who they want to play with 'Do you want the horse or the pig?' 'Do you want the cow or the duck?'

## Playing Doctors



When it's your turn to be the doctor ask your child where the teddy is hurt: 'Does he have a sore finger or toe?'

## During everyday routines



During bath time you can offer your child choices, hold back some of the bath toys and then give your child a choice, e.g. 'duck or frog?', 'hot water or cold water'.

During mealtimes you can give choices of food or drinks: 'water or milk?', 'banana or apple?'



At bedtime you could offer choices between story books, offer your child two books and let them choose the one they want.

